

**NEW ZEALAND RULES AND REGULATIONS FOR
FIGURE SKATING, ICE DANCING, SYNCHRONIZED SKATING,
KIWI SKATE AND ADULT SKATING¹**

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NEW ZEALAND RULES AND REGULATIONS FOR FIGURE SKATING, ICE DANCING, SYNCHRONIZED SKATING, KIWI SKATE AND ADULT SKATING

100 SECTION - GENERAL

101 DEFINITIONS

- 101.1 Association means any group of affiliated clubs formed to organise and/or run regional affairs and competitions and shall include Sub-Associations.
- 101.2 Sub-Association means any group of associations or clubs recognised by the NZISA as a member Sub-Association.
- 101.3 Affiliated club means a member club of the NZISA.
- 101.4 National Council means the elected National Council of the NZISA for the time being.
- 101.5 Constitution shall mean the Constitution of the NZISA.
- 101.6 ISU means the International Skating Union.

102 GENERAL

These regulations cover all eligible persons in Figure Skating, Ice Dancing and Synchronized Skating in New Zealand and are binding on the Association, all Sub-Associations and Clubs affiliated to the NZISA. However, a Club, Sub-Association or the NZISA Council may at its discretion grant a dispensation at a Club, Sub-Association or NZISA event respectively by waiving or modifying these regulations as individual needs dictate, as long as this dispensation is seen to be in the general skating interest and one or more of the following situations apply:

- i) the Club, Sub-Association or NZISA Council believe the rules to be in error, and have or are writing to the Area or National Technical Committee to ask for the rule to be changed.
- ii) The Club, Sub-Association or NZISA Council believe the rules did not take into consideration the particular circumstance, and have or are writing to the Technical Committee to ask for the rule to be changed.
- iii) Unnecessary hardship or unfairness would result by the strict application of the rules. When a dispensation is granted, a letter granting the dispensation shall set out the rationale for the dispensation and a copy shall be sent to the National Technical Committee secretary.

In any matter not provided for in these regulations, the Association shall decide the matter having regard to the Regulations of the ISU.

103 ELIGIBILITY AND SANCTIONING

- 103.1 ISU Rule 102 applies.
- 103.2 An eligible person is one who is eligible under ISU rules. A person can only be made ineligible through actions taken by the ISU.
- 103.3 Restricted Eligibility: in addition to ISU restrictions on eligibility, a remunerated coach may not be a Referee, Assistant Referee, Technical Controller, or Judge in competitions held under NZISA rules.
- 103.4 All competitions held by affiliated clubs and sub-associations under NZISA rules shall be considered to be sanctioned by the NZISA. However, a copy of the

competition announcement must be forwarded to the National Technical Committee Secretary for verification.

- 103.5 All other competitions held by affiliated clubs and sub-associations, which do not involve participation of skaters or officials from another ISU Member country, shall be considered to be sanctioned by the NZISA. All competitions for Kiwi Skate students held by any organisation or persons involved in the Kiwi Skate programme shall be considered to be sanctioned by the NZISA.
- 103.6 All ice shows, demonstrations and other events not involving competition or judging and organised by affiliated clubs, sub-associations shall be considered to be sanctioned by the NZISA.
- 103.7 Eligible persons only have the permission of the NZISA to participate in NZISA sanctioned events.
- 103.8 All officials participating in sanctioned events shall be considered to be on NZISA approved list of officials for the duration of the competition.
- 103.9 Participation in an unsanctioned event may result in the participant becoming ineligible.

104 REINSTATEMENT OF AN ELIGIBLE PERSON

ISU Rule 103 applies

105 AWARDS

105.1 ADMINISTRATOR OF THE YEAR AWARD

Nominations from Clubs and/or individuals must be in the hands of the Secretary of the Association no later than 31 August each year. The President plus the two Vice Presidents of the Association will be the selectors for this award. The announcement of the recipient will be made at the NZ National Championships or at the social function afterwards.

105.2 SPORTSPERSON OF THE YEAR AWARD

Nominations from Clubs and/or individuals must be in the hands of the Secretary of the Association no later than 31 August each year. One South Island Council member and one North Island Council member plus the Association Secretary will be the selectors for this award. The announcement of the recipient will be made at the NZ National Championships or at the social function afterwards.

Nominations for the above awards should contain a brief resume on the nominated person.

106 TRADEMARKS, LOGOS AND ADVERTISING

ISU rule 102, part 6(a) shall apply, but only to competitors, at New Zealand National Championships and Sub-Association Championships. All persons are permitted to wear trademarks without restriction while in other off-ice areas. Violations may incur a warning. Disciplinary action may be taken for repeated violations.

Alcohol or tobacco advertising may not appear in any competition programme, announcement or advertising, nor may alcohol or tobacco companies sponsor a competition held under the auspices of the NZISA.

107 ANTI-DOPING

107.1 Anti-Doping Rules

The following documents make up the Anti-Doping Rules:

- a) the current Drug Free Sport New Zealand Anti-Doping Rules (also known as the NZISA Anti-Doping Rules).

- b) the current ISU Anti-Doping Rules, and
- c) the New Zealand Olympic Committee and International Olympic Committee Anti-Doping Rules.

107.1 Application

The Anti-Doping Rules shall apply to:

- a) all athletes who are within the jurisdiction of NZISA or NZISA affiliated organisations;
- b) all athlete support personnel within the jurisdiction of NZISA or NZISA affiliated organisations; and
- c) all other persons who have acknowledged in writing that they are bound to NZISA rules or who are bound through membership in the NZISA or who are otherwise bound.

107.2 NZISA Anti-Doping Tribunal

Where another authority does not have express powers to decide on a matter involving anti-doping or provides for the NZISA Anti-Doping Tribunal to decide on a matter involving anti-doping, the matter shall be decided under the provisions of the NZISA Disciplinary and Anti-Doping Policy if such policy exists, otherwise the matter shall be decided by the authority indicated under the Drug Free Sport New Zealand Anti-Doping Rules.

NOTE: Former NZISA Rules 105 – 107 concerning Appointment and Promotion of Judges (Rule 105) and Officials (Rule 106) and Seminars (Rule 107) are now included in the policy document – Officials Training, Appointment and Promotion Policy. Former NZISA Anti-Doping Policy is the DFS Anti-Doping Rules and Anti-Doping Rule 107 is to fit in with DFSNZ, ISU and WADA requirements.

200 SECTION - COMPETITIONS

201 CLASSES OF COMPETITION

Competitions of the Association are classed as:

- 201.1 New Zealand National Championships.
- 201.2 New Zealand Adult Skating National Championships
- 201.3 Competitions in Figure Skating, Ice Dancing and Synchronized Skating.
- 201.4 Exhibitions in Figure Skating, Ice Dancing and Synchronized Skating.

202 PARTICIPATION IN SKATING EVENTS NOT ORGANISED BY AN AFFILIATED ORGANISATION

- 202.1 Eligible persons may participate in ice shows, exhibitions and demonstrations organised by non-affiliated groups or persons as long as they do not involve competition or judging of any kind. Such events shall be considered to be sanctioned by the NZISA and participants have the permission of the NZISA to participate.
- 202.2 For competitions and other events involving judging, organised by a non-affiliated organisation, permission must be sought from the NZISA. The NZISA may, at its discretion, sanction the event and permit participation but only where all participants, officials and judges are from New Zealand.
- 202.3 In the case of an event organised by a non-affiliated organisation involving both competition and participants from outside New Zealand, the event must be sanctioned by the ISU prior to permission being granted by the NZISA for skaters and officials to participate.
- 202.4 Failure to comply with any part of this rule may result in the participant becoming ineligible.

203 PARTICIPATION IN COMPETITIONS

- 203.1 Competitions as set out in Rule 201 are open only to skaters who belong to a Club affiliated to the Association or to non-resident guests.
- 203.2 Association Championship trophies can be held only by competitors who qualify for residential status as per Rule 216.
- 203.3 A skater or synchronized skating team may only represent one club per season in NZISA and/or Sub Association exhibitions, competitions and championships. Dance couples and pair skaters may represent two different clubs. If transferred to another region then the skater may apply for transfer to a new Home Club by making application through their Club Secretary to the National Technical Secretary.
- 203.4 A declaration of a skater's Home Club each season is determined by the skater's selection on the Test and Competition Registration application to the Association.
- 203.5 Any skater or team selected for, or wishing to compete in any overseas competition shall be governed by the following:
 - a) Only skaters selected to represent New Zealand under Rule 301 shall be eligible to enter Junior or Senior International Competitions, ISU Championships, or the National competition of another ISU Member.
 - b) Eligible skaters wishing to participate in Inter-Club Australian and International competitions held under ISU rules by clubs affiliated to ISU Members do not need permission from the NZISA to participate, but should inform the NZISA before they make arrangements.
 - c) Skaters wishing to enter other overseas competitions must first receive written permission from the NZISA before submitting any entry. Full details of the

competition and grade to which the entry is being made must be given. The NZISA shall not give permission where the event is not sanctioned by an ISU Member.

- d) Failure to comply with any part of this rule may result in the skater becoming ineligible.

203.6 All New Zealand resident skaters entering a New Zealand National or Regional Sub-Association Championship shall hold a current NZISA Test and Competition registration. Skaters entering grades at other competitions, where the competition requirements specify an NZISA test attainment, shall hold a current NZISA Test and Competition registration.

204 ENTRIES, FEES AND CLOSING DATES FOR ENTRIES FOR NEW ZEALAND NATIONAL CHAMPIONSHIPS

204.1 The Council shall set the entry fees and closing dates. The entry forms and announcements for the NZ National Championships to be distributed to affiliated Clubs by 30 April.

204.2 The entry form must state:

- a) The event the competitor wishes to enter.
b) Name, address, registration number and name of Home Club

204.3 All skaters must hold the required tests for the grade entered at the closing date of the entry.

205 QUALIFICATION FOR ENTRY TO NZ NATIONAL CHAMPIONSHIPS

205.1 All single skaters, pairs, dance couples and synchronized teams must have competed at their local Club competition or a Regional Sub-Association Championship during the year in order to qualify for Nationals. The Council may give dispensation to skaters who miss these competitions through illness or injury.

205.2 NZ Residents, or citizens training or competing overseas as New Zealand representatives at the time of their respective Club or a Regional Sub-Association Championship are exempted from Rule 205.1.

205.3 Additional skaters may be accepted from other ISU members as guest entries as provided for in the announcement, at the discretion of Council.

205.4 Skaters with a NZ Residency of less than 1 year will be accepted as guest entries.

206 WITHDRAWAL

Withdrawal of an entry is permitted before the closing of entries. After the closing of entries any skater withdrawing will not be entitled to a reimbursement of entry fees, except if the withdrawal is on medical grounds. Such withdrawal is permitted up to, but not including, the first day of official practices for competition, subject to the provision of a medical certificate from a registered medical practitioner.

207 POSTPONEMENT OF DATE OF CHAMPIONSHIP

207.1 Postponement of the date of a championship necessitates an extension of the date for the closing of entries for a corresponding period.

207.2 When possible Clubs entering competitors must be notified at once of the postponement so as to permit the withdrawal of entries before the new date for the closing of entries.

207.3 If a championship or competition is cancelled the entry fees shall be returned to the competitors.

208 NO RESPONSIBILITY FOR ACCIDENT OR INJURIES

The organisers do not accept any liability for damages or injuries sustained by skaters or officials.

209 Deleted in 2006

210 PRIZES

Cash prizes may be awarded.

211 COMPETITION OFFICIALS

211.1 Judges, Referees, Technical Controllers, Technical Specialists, Assistant Technical Specialists and Computer Operators appointed for Club, Sub-Association and Association Championships, held under NZISA rules, must be on the NZISA approved list of officials.

- Officials for Sub-Association Championships must be appointed by the regional Technical Committee.
- Officials for National Championships must be appointed by the National Technical Committee.

211.2 A Judge, Referee, Technical Controller, Technical Specialist, Assistant Technical Specialist or Computer Operator shall not officiate in an event of a competition, nor shall a Judge or Referee officiate at a test where any of the following circumstances prevail:

- a) When they are closely related (defined as husband, wife, defacto partner, mother, father, son, daughter, sister and brother) to the candidate.
- a) When they have been a skating partner of the candidate during the past 24 months in a competition or test.
- c) When they are closely related to either:
 - i) a coach of the candidate or
 - ii) any person who has been a coach of the candidate during the preceding twelve months.
- d) Except in extenuating circumstances, members of the same family or close relatives shall not be permitted to serve as Referees or Judges in the same panel of any event at any championship, competition or test, even if they represent different clubs.

211.3 When due to extenuating circumstances, an Official is required to officiate contrary to Rule 211.2, the National Technical Committee members present must assume the responsibility to verify the procedures employed and/or the calculated results for the event where conflict exists.

212 NEW ZEALAND NATIONAL CHAMPIONSHIPS

212.1 The date and venue for the New Zealand National Championships shall be set by the Council and announced at the previous year's New Zealand National Championships. Provision shall be made for alternative dates and venues if conditions prove to be unsuitable. If felt necessary the authority to consider arrangements for alternative dates and venues can be granted to other bodies within the Association.

- 212.2 The date and venue for the Adult Skating National Championships shall be set by Council and will be held annually in conjunction with the New Zealand National Championships.
- 212.3 The Association shall have the power to enter into agreement with the Club or organisation at the rink the championships are to be held; the agreement to include finance, officials (other than skating officials), competitors' changing rooms and a Secretary's room.
- 212.4 New Zealand National Championships must be conducted under the Rules and Regulations as defined in the Constitution. The Council may empower a Club, Sub-Association or adhoc committee to conduct the New Zealand National Championships in association with the National Technical Committee.
- 212.5 The National Technical Committee shall, by the 30th day of April, hand to the Secretary of the Association the Announcement and schedules of the events to be skated at the New Zealand National Championships. These schedules, which shall set out in detail the full requirements for all grades, are to be mailed promptly to member Clubs of the NZISA and will also include any other relevant information.
- 212.6 The National Championships shall be held at a suitable indoor rink that has a minimum ice surface of 26m by 56m.

213 CHAMPIONSHIP ANNOUNCEMENT

After the closing of entries the organising committee shall publish the names of competitors, starting times and programme of events not less than two weeks prior to the start of the event. This information is subject to change if necessary after publication.

214 NATIONAL TITLES

Note: For all Singles grades, separate titles for Men and Ladies will be competed for.

The following titles shall be competed for at national level:

Discipline/Grade	Singles	Pair Skating	Ice Dancing	Synchronized Skating	Solo Dance
Senior	✓	✓	✓	✓	
Junior	✓	✓	✓	✓	
Novice	✓	✓	✓	✓	
Intermediate	✓			Open	Open
Primary	✓	✓	✓		✓
Pre Primary	✓	✓	✓		✓
Juvenile	✓	✓	✓	✓	

The following Adult Skating titles shall be competed for at national level:

Discipline/Grade	Singles	Pair Skating	Ice Dancing	Synchronized Skating
Sapphire	✓	✓	✓	✓
Topaz	✓	✓	✓	
Platinum	✓	✓	✓	

Diamond	✓	✓	✓	✓
Silver	✓	✓	✓	
Golden	✓	✓	✓	
Interpretive	✓			

215 CHALLENGE TROPHIES OF THE ASSOCIATION

- 215.1 The winner or winners of any championship to which a Challenge Trophy is attached shall be entitled to hold possession of the trophy until one month prior to the next championship when it shall be returned to the Secretary of the Association in good order and condition.
- 215.2 The cost of repairing trophies damaged while in the care of the titleholder will be a charge against the titleholder, unless covered by insurance.
- 215.3 The engraving of National trophies will be the responsibility of the Association.
- 215.4 No Challenge Trophies may be won outright or taken from New Zealand.

216 RESIDENTIAL STATUS

- 216.1 New Zealand titles and New Zealand Adult Skating titles can only be held by New Zealand citizens and residents.
- 216.2 Persons who have resided in New Zealand for twelve months continuously for the twelve months preceding the championship shall qualify under Rule 216.1. Continuously shall mean not having left New Zealand for a period in excess of twenty-one days.
- 216.3 Visitors to New Zealand may participate in competitions or championships only if they can furnish written permission from their own National Association.

217 NEW ZEALAND NATIONAL CHAMPIONSHIP OFFICIALS

- 217.1 The Technical Committee shall appoint the following officials for the New Zealand National Championships:

For ISU Judging System (all events except Special Olympics):

- a) Referees
 - b) Judges
 - c) Technical Controllers
 - d) Technical Specialists
 - e) Assistant Technical Specialists (optional)
 - f) Data Entry Operators
 - g) Video Cutter/Replay
 - h) Computer operators
 - i) One timekeeper for the programmes
- NB. a), b) and c) must be eligible persons

For 6.0 system (Special Olympics events):

- a) Referees and Assistant Referees
- b) Judges (an odd number) and Substitute Judge
- c) At least two secretaries for recording marks
- d) At least two timekeepers for the programmes
- e) Tabulators/data entry operators

- f) If necessary, supplementary officials to guarantee the orderly conduct of the competition in other respects.
- NB. a) and b) must be eligible persons

Note: All other officials shall be appointed by the Championship Organising Committee.

- 217.2 The official announcement of the entries and of the panel of Judges is made by the Referee of each event at the time of the first starting order draw of that event. Preliminary unofficial announcements of entries and Judges may be made by the organisers at any time after the closing of the entries.
- 217.3 For the National Championships and for North and South Island Championships, the ISU Judging System shall be used. At Club and other Sub-Association championships, the 6.0 system may be used until 1 January 2009. The use of the ISU Judging System is strongly encouraged for all Club and Sub-Association championship events.

218 MARKING

- 218.1 Under the IJS, results are determined by segment scores for Short Program and Free Skate and overall by total points.
- 218.2 Recording of marks and determination of results shall be as per ISU Rules 369 to 372 inclusive.
- 218.3 For events in which guest (overseas) skaters are competing, the determination of the results shall be carried out by removing guest skaters from the overall placing and promoting New Zealand competitors to fill these places keeping the order of the New Zealand competitors unchanged.

219 ANNOUNCEMENT OF FINAL RESULT

- 219.1 The results shall be displayed as soon as possible after the completion of each event.
- 219.2 Results of New Zealand National Championships shall be published for all concerned as soon as possible following the competition.

220 SCRUTINY OF PROTOCOLS

- 220.1 If a mistaken result is announced for any Club, Regional or New Zealand National Championship event, the true result shall be publicly communicated as soon as possible and records amended accordingly.

221 ALLCHURCH SHIELD

Allocation of points for this shield are as follows:

Category/Programme	Allocated Points		
	First Place (3 or more competitors)	Second Place (3 or more competitors)	Third Place (3 or more competitors)
		First Place (2 competitors)	Second Place (2 competitors)
			First Place (1 competitor)
SINGLES			
Short Programme	3 points	2 points	1 point
Freeskating	3 points	2 points	1 point
Championship (overall)	3 points	2 points	1 point
PAIRS			
Short Programme	3 points	2 points	1 point
Freeskating	3 points	2 points	1 point
Championship (overall)	3 points	2 points	1 point
DANCE			
C1 and C2 [Note 1]	3 points	2 points	1 point
OD and FD [Note 2]	3 points	2 points	1 point
Championship (overall)	3 points	2 points	1 point
N Z WALTZING TROPHY	3 points	2 points	1 point
NORMAN WRIGHT TROPHY	3 points	2 points	1 point
SYNCHRONIZED (except Adult)			
Short Programme	3 points	2 points	1 point
Freeskating	3 points	2 points	1 point
Championship (overall)	3 points	2 points	1 point
ADULT SYNCHRONIZED			
Championship (overall)	3 points	2 points	1 point
ADULT SINGLES & INTERPRETIVE			
Championship (overall)	3 points	2 points	1 point
ADULT PAIRS			
Championship (overall)	3 points	2 points	1 point
ADULT DANCE (Sapphire, Platinum and Silver)			
Championship (overall)	3 points	2 points	1 point
ADULT DANCE (Topaz, Diamond and Golden)			
C1 and C2 [Note 1]	3 points	2 points	1 point
FD	3 points	2 points	1 point
Championship (overall)	3 points	2 points	1 point
SOLO DANCE			
<u>Pre Primary</u>	<u>3 points</u>	<u>2 points</u>	<u>1 point</u>
<u>Primary</u>	<u>3 points</u>	<u>2 points</u>	<u>1 point</u>
<u>Open</u>	<u>3 points</u>	<u>2 points</u>	<u>1 point</u>

Notes:

1. Points for the two compulsory dances are averaged, (C1 + C2)/ 2.
2. For Primary and Juvenile dance, points are allocated for Original Dance. For Novice, Junior and Senior dance, points for Original Dance and Free Dance are averaged, (OD + FD)/ 2.

222 PROTESTS

The following rules regarding protests apply to Club, Sub-Association and National Championships.

222.1 Protests regarding eligibility of competitors must be lodged with the Referee, Technical Controller or Technical Committee Secretary before the draw takes place. The list of competitors must be published before the draw.

222.2 **Persons Entitled to File a Protest**

Protests may be lodged only:

- a) By a competitor(s) (team captain in Synchronized Skating) entered for the competition concerned or a Team Leader accredited for the competition concerned;
- b) With the approval of such competitor(s) or Team Leader, by members of the committee organising the competition, or by official representatives of those Associations or Clubs which have entered competitors.

222.3 Protests concerning the participation of a competitor must be lodged verbally with the Event Referee or nominated representative before the competition starts.

222.4 If an immediate decision cannot be reached, the competitor is permitted to start, but the displaying of the result and the distribution of the prizes shall be deferred until a decision has been reached.

222.5 Any other protests must be made to the Event Referee, Technical Controller or Technical Committee Secretary no more than 48 hours after the results have been published.

222.6 No later protests will be considered.

222.7 The Referee decides upon all protests.

222.8 **Protest Restrictions**

- i) No protests against the evaluations by Judges and the Technical Panel (Technical Controller, Technical Specialists, Data Operator, Replay Operator) of skaters' performances are allowed;
- ii) Protests against the result are permitted only in the case of incorrect mathematical calculation or incorrect application of ISU and/or NZISA rules resulting in the incorrect number of points being awarded to a skater, couple or team for an element or deducted in the case of a fall. A wrong identification of an element or of a level of difficulty, although it results in a lower or higher score, is a human error and not an incorrect mathematical calculation;
- iii) However, if the Referee learns:
 - a) prior to the beginning of award ceremony or prior to the official announcement of results if there is no award ceremony, that a human error relating to wrong data input by the Data Operator occurred or the ISU and/or NZISA Rules were incorrectly applied to the crediting of elements or the deduction of falls performed by a competitor, the Referee or Technical Controller may correct the error provided that the Referee or Technical Controller, both Technical Specialists and the Data Operator (in the case of an input error) all agree that there was an error;
 - b) within 48 hours after the award ceremony or results being published (whichever occurs later) that an incorrect mathematical calculation or incorrect application of the ISU or NZISA rules occurred, the Referee or Technical Controller may correct the calculation even without protest provided that the Referee or Technical Controller, both Technical Specialists and the Data Operator (in the case of an input error) all agree that there was an incorrect calculation or error in the way points were credited in the case of an element or deducted in the case of a fall.

If such correction requires corrections of the final placements of the competitors, the corresponding medals and/or awards shall be changed accordingly.

222.9 Protests Regarding Composition of Officials Panels

Protests concerning the composition of the Judges and Technical Panels for National Championships must be lodged with the National Technical Committee Secretary within one hour of its announcement.

223 APPEALS – Deleted in 2007

224 CONDUCT OF COMPETITORS AND COACHES TOWARDS OFFICIALS

224.1 Competitors and coaches must obey implicitly the instructions of the officials in charge of the competition.

224.2 A competitor or coach who, either directly or through a third party, openly expresses themselves in an improper manner regarding the officials or their decisions, or regarding the markings of the Judges may be excluded by the Council of the Association for a definite period from Association Championships and International Competitions.

224.3 Any official or Judge of an Association championship who learns of improper or irregular conduct or proposals concerning Judges or judging of an event must immediately report the details to the Referee of that event and to the President of the Association.

224.4 The Council may exclude from participation in medal tests, New Zealand National Championships, International Competitions and exhibitions for a definite period or forever, any person (whether skater, official or other member of an Association or Club affiliated to the Association) who can be proved to have acted against the Regulations, or otherwise improperly. Before exclusion the person concerned must be informed about the nature of the alleged offence, all facts related to the case, and all evidence available, in order to enable them to defend themselves. If the person concerned does not avail themselves of this opportunity within two months, their right to do so is forfeited. The relevant information must be forwarded to the member Association or Club to which the person belongs.

225 CONDUCT OF OFFICIALS

225.1 Officials acting on behalf of the Association at championships and medal tests shall conduct themselves in a dignified manner at all times.

225.2 Officials shall not criticise the result of a competition whilst in the hearing of the general public or the competitors.

225.3 No official of a championship shall disclose any decision or marks before these are made public.

226 REIMBURSEMENT OF EXPENSES TO SKATERS AND OFFICIALS – Deleted in 2008 - Refer to Travel and Reimbursement Policy

227 ELIGIBILITY FOR NEW ZEALAND NATIONAL, SUB ASSOCIATION AND CLUB CHAMPIONSHIPS

For all disciplines at Sub Association and Club (referred to below as “local”) championships, open events or additional grades below Juvenile may be added at the discretion of the Sub Association or Club.

227.1 SINGLES

- a) **JUVENILE** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 1 (Preliminary) Freeskating and a minimum of Test 1 (Preliminary) Stroking;
 - ii. not reached the age of twelve years before the 1st July immediately preceding the championship;

For Club and Sub Association championships a second Juvenile section for skaters twelve years of age and over may be added.
- b) **PRE-PRIMARY** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 2 (Inter Bronze) Freeskating and a minimum of Test 2 (Inter Bronze) Stroking;
- c) **PRIMARY** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 3 (Bronze) Freeskating and a minimum of Test 3 (Bronze) Stroking;
 - ii. not reached the age of fourteen years before the 1st July immediately preceding the championship;
- d) **INTERMEDIATE** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 3 (Bronze) Freeskating and a minimum of Test 3 (Bronze) Stroking;
- e) **NOVICE** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 4 (Inter Silver) Freeskating and a minimum of Test 4 (Inter Silver) Stroking.
- f) **JUNIOR** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 5 (Silver) Freeskating and a minimum of Test 5 (Silver) Stroking;
- g) **SENIOR** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 6 (Inter Gold) Freeskating and a minimum of Test 6 (Inter Gold) Stroking.
- h) For all New Zealand National and Sub-Association championships, skaters must not have competed in a higher grade, either locally, nationally or internationally. The exception to this is the Junior grade if the skater is eligible under Rule 228.1.

227.2 ADULT SKATING SINGLES

- a) **SAPPHIRE** Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 25 years before the 1st of July preceding the championship and who have not previously competed in the Intermediate grade or above in the competitive stream. Must have passed a minimum Adult Preliminary Free Skate or the competitive equivalent.
- b) **TOPAZ** Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 25 years before the 1st of July preceding the championship and who have previously competed in the Intermediate grade or above in the competitive stream.
- c) **PLATINUM** Championship for Singles is open to skaters who have reached the age of 25 years or more before the 1st July preceding the championship and who have passed a minimum of Adult Preliminary Freeskating Test and a maximum of Adult Bronze Freeskating Test.

- d) **DIAMOND** Championship for Singles is open to skaters who have reached the age of 25 years or more before the 1st July preceding the championships and who have passed a minimum of Adult Silver Freeskating Test.
- e) **SILVER** Championship for Singles is open to skaters who have reached the age of 40 years or more before the 1st July preceding the championship and who have passed a minimum of Adult Preliminary Freeskating Test and a maximum of Adult Bronze Freeskating Test.
- f) **GOLDEN** Championship for Singles is open to skaters who have reached the age of 40 years or more before the 1st July preceding the championship and who have passed a minimum of Adult Silver Freeskating Test.
- g) **ADULT INTERPRETIVE EVENT** for Singles is open to skaters who have reached the age of 25 years or more as at the 1st of July preceding the championship and who have passed a minimum of Adult Preliminary Free Skating.

NOTE: Men and Ladies will be judged separately.

227.3 **DANCING**

- a) **JUVENILE** Championship for Dancing - Both skaters must have a minimum of Test 1 (Preliminary) Dance and may hold higher. Bronze original dance medal may be held. There are no age restrictions.
- b) **PRE PRIMARY** Championship for Dancing – Both skaters must hold a minimum of Test 2 Inter Bronze Compulsory Dance medal and may hold higher. Bronze original dance medal may be held. There are no age restrictions.
- c) **PRIMARY** Championship for Dancing - Both skaters must have a minimum of Test 3 (Bronze) Dance and may hold higher; and at least one partner must hold Bronze Original Dance medal and both may hold higher. There are no age restrictions.
- d) **NOVICE** Championship for Dancing - Both skaters must hold a minimum of Test 3 (Bronze) Dance and one skater must have a minimum of Test 4 (Inter Silver) Dance and both skaters must hold Test 1 (Bronze) Original Dance and at least one skater must hold Test 1 Bronze Free Dance and both may hold higher original and free dance tests. There are no age restrictions.
- e) **JUNIOR** Championship for Dance - Both skaters must hold a minimum of Test 4 (Inter Silver) Dance and one skater must have a minimum of Test 5 (Silver) Dance and both skaters must hold a minimum of Test 2 (Silver) Original Dance and Test 1 (Bronze) Free Dance, and may hold higher. There are no age restrictions.
- f) **SENIOR** Championship for Dancing – Both skaters must have a minimum of Test 5 (Silver) Dance and one skater must have a minimum of Test 6 (Inter Gold) Dance and both skaters must have a minimum of Test 3 (Gold) Original Dance and Test 2 (Silver) Free Dance and may hold higher. There are no age restrictions.
- g) For all New Zealand National and Sub Association championships, the partnership must not have competed in a grade higher than the one being entered. The exception to this is the Junior grade if the couple is eligible under Rule 228.1.
- h) The Norman Wright Waltzing Trophy is open to all grades, but couples must be husband and wife, father and daughter, mother and son or brother and sister.
- i) The New Zealand Waltzing Trophy is open to all grades.

227.4 **ADULT DANCE**

- a) **SAPPHIRE** Championship for Dancing is open to skaters who have reached the age of 18 years but not the age of 25 years before the 1st of July preceding the championship and at least one skater must not have previously competed in the Novice grade or above in the competitive stream. Must have passed a minimum Adult Preliminary Dance or the competitive equivalent.
- b) **TOPAZ** Championship for Dancing is open to skaters who have reached the age of 18 years but not the age of 25 years before the 1st of July preceding the championship and who have previously competed in the Novice grade or above in the competitive stream.
- c) **PLATINUM** Championship for Dancing is open to skaters who have both reached the age of 25 years or more before the 1st July preceding the championship. Both

skaters must have passed Adult Preliminary Dance Test and one partner may have passed Adult Bronze Dance Test.

- d) **DIAMOND** Championship for Dance is open to skaters who have both reached the age of 25 years or more before the 1st July preceding the championship. Both skaters must have passed Adult Bronze Dance Test and Adult Bronze Free Dance Test.
- e) **SILVER** Championship for Dance is open to skaters who have both reached the age of 40 years or more before the 1st July preceding the championship. Both skaters must have passed Adult Preliminary Dance Test and one partner may have passed Adult Bronze Dance Test, but neither partner may have passed Adult Silver Dance Test.
- f) **GOLDEN** Championship for Dance is open to skaters who have both reached the age of 40 years or more before the 1st July preceding the championship. Both skaters must have passed Adult Bronze Dance Test and Adult Bronze Free Dance Test.

227.5 PAIR SKATING

- a) **JUVENILE** Championship for Pair Skating is open to couples who have passed a minimum of Test 1 (Preliminary) Pair Skating Test and Test 1 (Preliminary) Stroking Test. There are no age restrictions.
- b) **PRE PRIMARY** Championship for Pair Skating is open to couples who have passed a minimum of Test 2 (Inter Bronze) Pair Skating Test and Test 2 (Inter Bronze) Stroking Test. There are no age restrictions.
- c) **PRIMARY** Championship for Pair Skating is open to couples who have passed a minimum of Test 3 (Bronze) Pair Skating Test and Test 3 (Bronze) Stroking Test. There are no age restrictions.
- d) **NOVICE** Championship for Pair Skating is open to couples who have passed a minimum of Test 4 (Inter Silver) Pair Skating Test and Test 4 (Inter Silver) Stroking Test. There are no age restrictions.
- e) **JUNIOR** Championship for Pair Skating is open to couples who have passed a minimum of the Test 5 (Silver) Pair Skating Test and Test 5 (Silver) Stroking Test. There are no age restrictions.
- f) **SENIOR** Championship for Pair Skating is open to couples who have passed a minimum of the Test 6 (Inter Gold) Pair Skating Test and at least the Test 5 (Silver) Stroking Test. There are no age restrictions
- g) For all New Zealand National and Sub Association championships, only one partner may have competed in a grade higher than the one being entered. The exception to this is the Junior grade if the couple is eligible under Rule 228.1.

227.6 ADULT PAIRS

- a) **SAPPHIRE** Championship for Pair Skating is open to skaters who have reached the age of 18 years but not the age of 25 years before the 1st of July preceding the championship and at least one skater may not have previously competed in the Novice grade or above in the competitive stream. Must have passed a minimum Adult Preliminary Free Skate or the competitive equivalent.
- b) **TOPAZ** Championship for Pair Skating is open to skaters who have reached the age of 18 years but not the age of 25 years before the 1st of July preceding the championship and who have previously competed in the Novice grade or above in the competitive stream.
- c) **PLATINUM** Championship for Pair Skating is open to skaters who have both reached the age of 25 years or more before the 1st July preceding the championship. Both skaters must have passed Adult Preliminary Pair Skating Test and at least one partner must have passed Adult Bronze Pair Skating Test, but neither partner may have passed Adult Silver Pair Skating Test.
- d) **DIAMOND** Championship for Pair Skating is open to skaters who have both reached the age of 25 years or more before the 1st July preceding the championship. Both skaters must have passed Adult Bronze Pair Skating and at least one partner must have passed Adult Silver Pair Skating Test.
- e) **SILVER** Championship for Pair Skating is open to skaters who have both reached the age of 40 years or more before the 1st July preceding the championship. Both

skaters must have passed Adult Preliminary Pair Skating Test and at least one partner must have passed Adult Bronze Pair Skating Test, but neither partner may have passed Adult Silver Pair Skating Test.

- f) **GOLDEN** Championship for Pair Skating is open to skaters who have both reached the age of 40 years or more before the 1st July preceding the championship. Both skaters must have passed Adult Bronze Pair Skating Test and at least one partner must have passed Adult Silver Pair Skating Test.

227.7 **SYNCHRONISED SKATING**

- a) **JUVENILE** - A team of 9 to 16 skaters. At least 75% of the skaters must be aged 12 or under before the 1st of July immediately preceding the date of any competitions they enter.
- b) **OPEN** - A team of 9 to 16 skaters. There are no age limits.
- c) **NOVICE** – A team of 12 to 16 skaters. At least 75% of the skaters must be aged 15 or under before the 1st of July immediately preceding the date of any competitions they enter.
- d) **JUNIOR** - A team of 12 to 16 skaters. At least 75% of the skaters must have reached the age of 12 but not have reached the age of 19 before the 1st of July immediately preceding the date of any competitions they enter.
- e) **SENIOR** - A team of 12 to 16 skaters. At least 75% of the skaters must have reached the age of 14 before the 1st of July immediately preceding the date of any competitions they enter.
- f) **ADULT** - A team of 9 to 16 skaters. Skaters must be 25 years of age or older before the 1st of July immediately preceding the date of any competitions they enter. 25% of the skaters may be less than 25 years but must be 18 years of age or older before the 1st of July immediately preceding the date of any competitions they enter.
- g) Each team may have a maximum of four (4) alternates on the team roster and they must be listed as such.

228 **MULTIPLE ENTRIES/STANDARDS**

228.1 A skater may compete in only one grade in Singles, Pairs or Ice Dance per championship, except in the case of a skater/couple who qualifies for entry to Junior grade in International Competitions who may wish to skate Junior and Senior. Please see Rule 603.3 for teams competing in Synchronized Skating. In any one discipline a skater may compete in either a regular competition or an Adult Skating competition, but not both, in any one calendar year.

228.2 The New Zealand Waltzing Trophy and the Norman Wright Waltzing Trophy are open events. Entry into these events does not affect entry to other grades.

229 **SINGLES SHORT AND FREE SKATE PROGRAMMES**

The ISU Regulations and current Communications shall apply to all grades with the guidelines for Novice and Pre Novice (Primary) applying for those grades and below, except where these rules differ or specify otherwise.

229.1 **SHORT PROGRAMME REQUIREMENTS**

SENIOR, JUNIOR, NOVICE, INTERMEDIATE, PRIMARY and PRE PRIMARY
Short Programmes must not exceed two minutes 50 seconds but may be less provided that all the elements have been included, the time to be taken from the moment the competitor begins to move or skate. Deductions as per ISU Rule 353, paragraph 1)ii will apply. The jumps in the jump combination must be different from the solo jumps for all grades except the Juvenile and Pre-Primary grades. There must be at least three spiral positions with at least one change of foot. Each spiral position must be held for three seconds to count as a position.

NOTE: In order to encourage Novice, Junior and Senior skaters to include the double axel and triple jumps in their Short Programme, and Pre Primary skaters to include double jumps in

their Short Programmes, skaters who attempt these jumps and fall on the landing, will not be penalised by the Technical Panel for the fall (i.e. will not receive a 1.00 deduction from total segment score) but will still have the jump downgraded if more than 1/4 turn under-rotated. Application of Grades of Execution (GOEs) will remain as per ISU guidelines.

The Short Programme shall consist of only the following elements:

SENIOR LADIES AND MEN As per current ISU Regulations

JUNIOR LADIES AND MEN As per current ISU Regulations

NOTE: ISU Communications that outline new or amended regulations for Junior and Senior will be effective immediately from the date issued by ISU.

NOVICE

- a) Double Axel Paulsen
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two double jumps or one double and one triple jump. Jumps must be different from b).
- d) Flying camel or sit spin (minimum eight revolutions)
- e) LADIES Layback or sideways leaning spin (minimum eight revolutions)
MEN Sit spin or camel spin (Free choice) (minimum eight revolutions)
- f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

NOTE: Please note that the programme length for Novice at international competitions is 2 minutes 30 seconds. If skating in Novice internationally, please consult the latest ISU Communication on Guidelines for Novice Competitions and the Competition announcement for required elements.

INTERMEDIATE

- a) Axel Paulsen or Double Axel Paulsen (optional)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of a single followed by a double jump or two double jumps. Jumps must be different from jump in b).
- d) Flying sit or camel spin (minimum eight revolutions)
- e) Layback, sideways leaning, sit or camel spin (Free choice) (minimum eight revolutions)
- f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

PRIMARY

- a) Axel Paulsen or Double Axel (optional)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements

- c) One jump combination consisting of two double jumps or one single jump followed by one double jump (order specified). Jumps must be different from jump in b).
- d) Flying camel spin (minimum eight revolutions)
- e) Sit spin or camel spin on alternate years (Sit spin in odd years and camel spin in even years) (Minimum eight revolutions)
- f) Spin with minimum of one change of position (sit, camel, upright or any variation thereof), and a compulsory change of foot (minimum six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

PRE-PRIMARY

- a) Axel Paulsen
- b) Single Flip or single Lutz or double jump (free choice) immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of any single jump followed by any single or double jump.
- d) Flying spin - choice of upright, sit or camel (minimum six revolutions).
- e) Sit spin or camel spin – free choice (minimum six revolutions)
- f) Spin with minimum of one change of position, and an optional change of foot (sit, camel, upright or any variation thereof) (minimum six revolutions or five revolutions on each foot if a change of foot is executed)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN Step sequence (straight line, circular or serpentine)

JUVENILE Short Programmes must not exceed two minutes 15 seconds but may be less provided all the elements have been included; the time to be taken from the moment the competitor begins to move or skate. Deductions as per ISU Rule 353, paragraph 1)ii will apply. The jumps in the jump combination need not be different from the solo jumps. There must be at least three spiral positions with at least one change of foot. Each spiral position must be held for three seconds to count as a position.

NOTE: Application of Grades of Execution (GOEs) will be as per ISU guidelines.

NOTE: In order to encourage Juvenile skaters to include double jumps in their Short Programmes, skaters who attempt these jumps and fall on the landing, will not be penalised by the Technical Panel for the fall (i.e. will not receive a 0.50 deduction from total segment score) but will still have the jump downgraded if more than 1/4 turn under-rotated. Application of Grades of Execution (GOEs) will remain as per ISU guidelines.

JUVENILE

- a) Single Loop jump
- b) Single Flip or single Lutz (free choice) immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two single jumps or one double and one single jump (choice of order)
- d) Upright spin (minimum six revolutions)
- e) Sit spin or camel spin (minimum six revolutions)
- f) Spin with minimum of one change of position, and an optional change of foot (sit, camel, upright or any variation thereof) (minimum six revolutions or five revolutions on each foot if a change of foot is executed)
- g) LADIES Spiral sequence consisting of three spirals
MEN Step sequence (straight line, circular or serpentine)

NOTE: Elements not performed as prescribed will be judged in accordance with the ISU Guidelines for Judges in establishing Grades of Execution (GOEs).

229.2 FREE SKATE PROGRAMME REQUIREMENTS

SENIOR	LADIES	4 minutes
	MEN	4 minutes 30 seconds
JUNIOR	LADIES	3 minutes 30 seconds
	MEN	4 minutes

(refer current ISU Rules for a well-balanced Junior or Senior program)

NOVICE	LADIES	3 minutes
	MEN	3 minutes 30 seconds
INTERMEDIATE		3 minutes
PRIMARY		2 minutes 30 seconds
PRE-PRIMARY		<u>2 minutes 30 seconds</u>
JUVENILE		2 minutes

NOVICE

For the IJS or 6.0 System, a well-balanced Novice programme must contain a **maximum of 12 elements**:

- A **maximum of 7 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.
- A **maximum of three different spins**, including one combination spin and one flying spin. In the combination a change of foot is compulsory and the number of different positions is free. Spin combination – at least 10 revolutions in total. All other spins at least six revolutions in total including changes of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- Ladies: **One sequence of spirals** (two or more) and/or free skating movements such as turns, arabesques and spread eagles, fully utilising the ice surface, and;
One other step sequence (straight line, serpentine, circular).
- Men: **One step sequence** (straight line, serpentine, circular) fully utilising the ice surface, and;
A second step sequence of a different nature (straight line, serpentine, circular) fully utilising the ice surface.

INTERMEDIATE

For the IJS or 6.0 System, a well-balanced Intermediate programme must contain a **maximum of 11 elements**:

- A **maximum of 7 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.
- A **maximum of three different spins**, including one combination spin and one flying spin. In the combination a change of foot is compulsory and the number of different positions is free. Spin combination – at least 10 revolutions in total. All other spins at least six revolutions in total including changes of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- Ladies: **One sequence of spirals** (two or more) and/or free skating movements such as turns, arabesques and spread eagles, fully utilising the ice surface.
- Men: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.

PRIMARY

For the IJS or 6.0 System, a well-balanced Primary programme must contain a **maximum of 10 elements**:

- A **maximum of 6 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.
- A **maximum of three different spins**, including one combination spin and one flying spin. In the combination a change of foot is compulsory and the number of different positions is free. Spin combination – at least 10 revolutions in total. All other spins at least six revolutions in total including changes of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- Ladies: **One sequence of spirals** (two or more) and/or free skating movements such as turns, arabesques and spread eagles, fully utilising the ice surface.
- Men: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.

PRE PRIMARY

For the IJS or 6.0 System, a well-balanced Pre Primary programme must contain a **maximum of 10 elements**:

- A **maximum of 6 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.
- A **maximum of three different spins**, including one combination spin and one flying spin. In the combination a change of foot is compulsory and the number of different positions is free. Spin combination – at least 10 revolutions in total. All other spins at least six revolutions in total including changes of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- Ladies: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.
- Men: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.

JUVENILE

For the IJS or 6.0 System, a well-balanced Juvenile programme must contain a **maximum of 9 elements**:

- A **maximum of 5 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.
- A **maximum of three different spins**, including one combination spin and one flying spin. In the combination a change of foot is compulsory and the number of different positions is free. Spin combination – at least 10 revolutions in total. All other spins at least six revolutions in total including changes of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- Ladies: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.
- Men: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.

NOTE: For those skaters who perform a waltz jump as their 'Axel-type jump', the jump will be called an Axel – no value. In order to encourage Juvenile skaters to include single Axels in their Free Skate program, skaters who attempt an Axel and fall on the landing will not be penalised by the Technical Panel for the fall (i.e. will not receive a 0.50 deduction from total segment score) but will still have the jump downgraded to Axel – no value if more than 1/4

turn under-rotated. Application of Grades of Execution (GOEs) will remain as per ISU guidelines.

NOTE: Falls in Juvenile grade to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

Repetition of Jumps: This rule applies to grades from Pre-Elementary to Novice. For Junior and Senior see ISU Rule 520, part 2, Repetitions.

Of all the jumps only three (3) can be repeated and these repetitions must be in either a jump-combination or in a jump sequence. Jumps with a different number of rotations but with the same name will be considered as two different jumps. A repeated jump, not included into a jump combination or jump sequence, will be considered as a part of a not successfully executed jump sequence and counted as a jump sequence with only one jump executed. If three (3) jump combinations or jump sequences (in total) have already been executed, the repeated solo jump will be treated as an additional element and therefore not considered (but this element will occupy a jump element box if there still is any left). No jump can be attempted more than twice. If a fourth repeated jump is executed in a combination or sequence, the entire combination or sequence will be treated as an additional element and therefore not considered (but this element will occupy a jump element box if there still is any left).

229.3 PRE-ELEMENTARY AND ELEMENTARY GRADES – GUIDELINES FOR CLUB AND SUB-ASSOCIATION CHAMPIONSHIPS/COMPETITIONS

Requirements for Pre Elementary Grade (Programme length – up to 2 minutes 15 seconds)

- a) Optional jump (selected from loop, flip or lutz)
- b) Salchow
- c) Toe loop
- d) One foot spin (min 3 revs)
- e) 1 Spiral on a bold curve
- f) Simple Step Sequence (one half the length of the rink)

Requirements for Elementary Grade (Programme length – up to 2 minutes 15 seconds)

- a) Salchow
 - b) Toe loop
 - c) One foot spin – choice of Upright/sit/camel (min 4 revs)
 - d) Spiral sequence (consisting of two or more spirals) or step sequence (must utilise the full ice surface)
 - e) Optional element 1, jump different from those above
 - f) Optional element 2, jump different from those above
 - g) Optional element 3, spin different from those above
- One of the optional jump elements can be a jump combination.

Note: A Waltz jump is a non-classified jump (less than one revolution) and therefore does not have a scale of value.

NOTE: Falls in Pre Elementary and Elementary grades to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

Eligibility for Pre Elementary Grade –may not hold any NZISA Free Skating medals and may hold Elementary but no higher Stroking test.

Eligibility for Elementary Grade is that the skater must hold a minimum of Elementary Free Skating and Elementary Stroking.

229.4 ADULT SINGLES FREE SKATING

In the Adult Section competitions for Singles each grade will skate a free skate programme only. The emphasis of the programme is to be on Presentation rather than Technical Merit, although this will be taken into consideration. Vocal music and props are permitted.

Requirements for Adult Singles Free Skating:

SAPPHIRE

Programme length – must not exceed 2 minutes 30 seconds.

For the IJS or 6.0 System, a well-balanced Sapphire programme must contain a **maximum of 7 elements:**

- A maximum of 4 jumps elements to include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each.
- A maximum of two different spins, one of which must be a combination spin. All spins must have a minimum of four revolutions, including the combination spin. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- One straight line, circular or serpentine step sequence fully utilising the ice surface (may include spirals, free skate movements, steps and turns).

TOPAZ

Programme length – must not exceed 3 minutes.

For the IJS or 6.0 System, a well-balanced Topaz programme must contain a **maximum of 8 elements:**

- A maximum of 5 jumps elements (one of which must be an axel-type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each.
- A maximum of two different spins, one of which must be a combination spin. A change of foot is optional and the number of different positions is free. All spins must have a minimum of six revolutions, including the combination spin with a change of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- One straight line, circular or serpentine step sequence fully utilising the ice surface (may include spirals, free skate movements, steps and turns).

PLATINUM

Programme length – must not exceed 2 minutes.

For the IJS or 6.0 System, a well-balanced Platinum programme must contain a **maximum of 6 elements:**

- A maximum of 3 jumps elements to include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each.
- A maximum of two different spins. All spins must have a minimum of three revolutions. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- One straight line, circular or serpentine step sequence fully utilising the ice surface (may include spirals, free skate movements, steps and turns).

DIAMOND

Programme length – must not exceed 3 minutes.

For the IJS or 6.0 System, a well-balanced Diamond programme must contain a **maximum of 7 elements:**

- A maximum of 4 jumps elements to include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each.
- A maximum of two different spins, one of which must be a combination spin. A change of foot is optional and the number of different positions is free. All spins must have a minimum of six revolutions, including the change of foot is executed. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- One straight line, circular or serpentine step sequence fully utilising the ice surface (may include spirals, free skate movements, steps and turns).

SILVER

Programme length – must not exceed 2 minutes.

For the IJS or 6.0 System, a well-balanced Silver programme must contain a **maximum of 5 elements:**

- A maximum of two jumps elements to include at least one jump combination or sequence of jumps, but not more than two in total. One jump combination could consist of up to three jumps; the other combination must only consist of two jumps.
- A maximum of two spins, one of which could be a combination spin. The spins must have a minimum of three revolutions, including the combination spin. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- One straight line, circular or serpentine step sequence fully utilising the ice surface (may include spirals, free skate movements, steps and turns).

GOLDEN

Programme length – must not exceed 2minutes 30 seconds.

For the IJS or 6.0 System, a well-balanced Golden programme must contain a **maximum of 6 elements:**

- A maximum of 3 jumps elements to include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each.
- A maximum of two different spins, one of which must be a combination spin. All spins must have a minimum of four revolutions, including the combination spin. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- One straight line, circular or serpentine step sequence fully utilising the ice surface (may include spirals, free skate movements, steps and turns).

229.5 ADULT INTERPRETIVE PROGRAMME

Programme length – not exceeding 2 minutes with the emphasis on interpretation of the music and performance of the programme.

- No requirements are stipulated and no technical element scores will be given. Marks are derived from the five Component marks awarded.
- Costumes may be more theatrical in nature.
- Vocal music and hand props are allowed.

230 ICE DANCING PROGRAMMES

The ISU Regulations and current Communications shall apply to all grades with the guidelines for Novice and Pre Novice (Primary) applying for those grades and below, except where these rules differ or specify otherwise.

NOTE: ISU Communications that outline new or amended regulations for Junior and Senior will be effective immediately from the date issued by ISU. This is for all competitions in New Zealand that use ISU Regulations for Junior and Senior events. All other events will use the rules as per NZISA Rules and Regulations current for that year and as per the Nationals announcement.

NOTE: Deductions for Compulsory Dances, Original Dance and Free Dance will be in accordance with current ISU Rules.

230.1 Dance groupings and Compulsory Dances for NZISA Championships:

SENIOR	As per ISU Draw for Senior Dance
JUNIOR	As per ISU Draw for Junior Dance
NOVICE	Group 1: American Waltz, Rocker Foxtrot, Quickstep Group 2: Blues, Paso Doble, Starlight Waltz Group 3: Tango, Kilian, Westminster Waltz <i>For each year, 2 dances to be drawn from group.</i>
PRIMARY	Group 1: European Waltz, Silver Samba, Blues Group 2: Foxtrot, Cha Cha Congelado, Tango Group 3: Fourteenstep, Rocker Foxtrot, Starlight Waltz <i>For each year, 2 dances to be drawn from group.</i>
PRE PRIMARY	Group 1: Willow Waltz, Blues Group 2: Ten Fox, European Waltz Group 3: Fourteenstep, Foxtrot
JUVENILE	Group 1: Canasta Tango, Willow Waltz Group 2: Fiesta Tango, Ten Fox Group 3: Swing Dance, Baby Blues
Compulsory dances:	
	Group 1: 2009, 2012, 2015
	Group 2: 2007, 2010, 2013
	Group 3: 2008, 2011, 2014

230.2 Programme lengths for Original Dance and Free Dance for NZISA Championships

ORIGINAL DANCE	
Senior & Junior	as per ISU requirements Tempo - as per ISU requirements
NOVICE	
Group 1:	Latin American (25-60 measures/minute, 100-140 beats/minute)
Group 2:	Polka (45-62 measures/minute, 90-124 beats/minute)
Group 3:	Waltz (30-66 measures/minute, 90-198 beats/minute).
JUVENILE, PRE PRIMARY and PRIMARY	
Group 1:	Foxtrot (28-32 measures/minute, 112-118 beats/minute)

- Group 2: March (52-62 measures/minute, 112-124 beats/minute)
 Group 3: Tango (24-35 measures/minute, 96-140 beats/minute)

Original dance:

- Group 1: 2009, 2012, 2015
 Group 2: 2007, 2010, 2013
 Group 3: 2008, 2011, 2014

Remarks

- a) Vocal music is permitted. Only music with a rhythmic beat may be used. Couples must skate to the underlying beat and not only to the melody. The musical introduction may be without beat or melody for a maximum of ten seconds. The dance shall be one and a half minutes plus or minus ten seconds in duration.
- b) All steps, turns, rotations and changes of position are permitted if they are appropriate to the rhythm and the music chosen. Footwork is required for both skaters and a programme that relies heavily on the use of chasses and progressives is considered less difficult than one containing changes of edge, turns, Mohawks, Choctaws and other such steps. Repetition of any step or sequence is permitted. Toe steps and a few small hops (without rotation) for one or both partners may be included if they are appropriate to the rhythms and the music chosen. One skate of each partner must remain on the ice at all times except during the small hops. Skating on two feet (resulting from the inability to skate or maintain balance) by one or both partners shall be penalised.
- c) Kneeling or sliding on both knees during the programme is not permitted. Skating or posing with a hand (or hands) on the ice is not permitted at any time including the introduction and conclusion. Partners must not separate except to change dance hold or to perform brief movements in character with rhythm and music chosen or to perform a required element (if specified). There are no restrictions on dance holds, arm movements, handclaps and the like that are interpretive of the music. Brief hand-in-hand positions to express the character of the rhythm are permitted except during the required step sequence.
- d) Two elements must be included:
- i. One Diagonal, Midline or Circular Step Sequence, extending from barrier to barrier as far as practicable. The step sequence must incorporate footwork for both partners and the partners must maintain Closed/Tango and/or Open position only throughout. Except during the required footwork sequence, the pattern of the dance must proceed in a generally constant direction (either clockwise or anti-clockwise) and must not cross the long axis of the ice surface except at each end of the rink (within no more than 20 metres from the end barriers). Loops in either direction are permitted provided they do not cross the long axis;
 - ii. One dance spin, with a minimum of two revolutions on one foot for each partner. The position is optional. Pulling or pushing the partner by the boot and/or leg is not permitted. The partner may be aided by holding the foot and/or leg only during the required dance spin. One full stop is allowed which must not exceed 5 seconds in duration. Any choreography (including a separation) is permitted during the stop. A stop may not be included in the required step sequence. No spins or pattern regressions are permitted during the step sequence.

b) **FREE DANCE**

- Senior 4 minutes – as per current ISU Rules
 Junior 3 minutes 30 seconds – as per current ISU Rules
 Novice 3 minutes
 Primary 2 minutes

All programme lengths are +/- 10 seconds

For Novice and Primary Free Dance, the emphasis should be placed on steps, flow and timing rather than on lifts.

A maximum of three elements for Primary and a maximum of five elements for Novice.

One Diagonal, Midline or Circular Step Sequence must be included, extending from barrier to barrier as far as practicable. The step sequence must incorporate footwork for both partners and the partners must maintain Closed, Tango and/or Open position throughout. Lifts, jumps, dance spins and stops are not allowed during the step sequence.

One dance spin must be included, with a minimum of two revolutions on one foot for each partner. The position is optional.

Lifts: For Primary, one straight line, curve or serpentine lift is permitted in which the lady is lifted by the man and set down without rotation. Rotational lifts are illegal elements and will incur a 2.0 penalty for each illegal element. For Novice, a maximum of three lifts (curve, straight line, serpentine or rotational) are permitted and, if included, must demonstrate good control of ascending, descending and rotational movements. Reverse rotational lifts are illegal elements and will incur a 2.0 penalty for each illegal element.

Pre Primary	Not required
Juvenile	Not required

230.3 ADULT ICE DANCING

In the Adult Section competitions for Dancing each grade will skate two compulsory dances. The Topaz, Diamond and Golden grades will also skate a Free Dance (music must have a distinct dance rhythm and be stated on entry form).

SAPPHIRE	Group 1:	Baby Blues, Ten Fox, Willow Waltz
	Group 2:	Fiesta Tango, Swing Dance, Fourteenstep
		<i>Two dances to be drawn</i>

TOPAZ	Group 1:	Kilian, Starlight Waltz, Argentine Tango
	Group 2:	Blues, Quickstep, Westminster Waltz
		<i>Two dances to be drawn</i>

PLATINUM	Group 1:	Baby Blues, Swing Dance, Willow Waltz
	Group 2:	Fiesta Tango, Tenfox, Fourteenstep

DIAMOND	Group 1:	Killian, Starlight Waltz, Argentine Tango
	Group 2:	Blues, Quickstep, Westminster Waltz

SILVER	Group 1:	Fiesta Tango, Swing Dance, Riverside Rhumba
	Group 2:	Canasta Tango, Willow Waltz, Baby Blues

GOLDEN	Group 1:	European Waltz, Rocker Foxtrot, Tango
	Group 2:	Foxtrot, American Waltz, Paso Doble

NOTE: Group 1 – Even years
Group 2 – Odd years

For Topaz, Diamond and Golden Free Dance the emphasis is on Presentation rather than Technical Merit, although this will be taken into consideration. Although lifts are permitted as per ISU regulations they are not expected. Vocal music is permitted.

NOTE: Dances that can be utilised at Club and Sub-Association level could include Dutch Waltz, Canasta Tango, Rhythm Blues, Hickory Hoedown, ChaCha, Riverside Rhumba, and Golden Skaters Waltz. Patterns included in Appendix E.

230.4 PRE-ELEMENTARY AND ELEMENTARY GRADES – GUIDELINES FOR CLUB AND SUB-ASSOCIATION CHAMPIONSHIPS/COMPETITIONS

Dances for Pre Elementary Grade

Dutch Waltz, Canasta Tango

Dances for Elementary Grade

Swing Dance, Baby Blues

Eligibility for Pre Elementary Grade - NZISA Ice Dance medals may not be held.

Eligibility for Elementary Grade - 1 skater may hold Preliminary Compulsory Ice Dance but no higher tests.

230.5 SOLO DANCE EVENTS

The group for Solo Dance competition to be announced annually. Two dances will be drawn for competitions.

- a) Pre Primary
 - Group 1: Dutch Waltz, Fiesta Tango, Ten Fox
 - Group 2: Swing Dance, Canasta Tango, Willow Waltz
- b) Primary
 - Group 1: European Waltz, Fourteenstep, Cha Cha Congelado
 - Group 2: American Waltz, Silver Samba, Foxtrot
- c) Open
 - Group 1: American Waltz, Quickstep, Rocker Foxtrot
 - Group 2: Viennese Waltz, Blues, Paso Doble
 - Group 3: Westminster Waltz, Kilian, Tango

Eligibility for Pre Primary Grade - a skater may hold Preliminary Compulsory Ice Dance but no higher tests.

Eligibility for Primary Grade - a skater may hold Bronze Compulsory Ice Dance but no higher tests.

Eligibility for Open Grade - a skater must hold Inter Silver Compulsory Ice Dance but may hold higher.

230.6 DANCE WARM-UP GUIDELINES

Elementary to Primary: 4 minute warm-up with rotation of up to three versions of each dance.

Novice, Junior and Senior: As per current ISU rules.

230.7 DANCE MUSIC GUIDELINES

For compulsory dances (including the South Island Dancing Trophy at the South Island competition and the New Zealand Waltzing Trophy and Norman Wright Waltzing Trophy at the New Zealand National Championships), three different pieces of music are to be played in rotation for the competitors' performances, if at all possible.

231 PAIR SKATING PROGRAMMES

The ISU Regulations and current Communications shall apply to all grades with the guidelines for Novice and Pre Novice (Primary) applying for those grades and below, except where these rules differ or specify otherwise.

231.1 SHORT PROGRAMME

SENIOR, JUNIOR, NOVICE AND PRIMARY Short Programmes must not exceed two minutes 50 seconds but may be less provided that all the required elements have been included; the time to be taken from the moment the competitors begin to move or skate. Any element completed after the time allowed will be considered as omitted.

SENIOR As per current ISU Rules

JUNIOR As per current ISU Rules

NOTE: ISU Communications that outline new or amended regulations for Junior and Senior will be effective immediately from the date issued by ISU.

The Short Programme shall consist of only the following elements:

NOVICE

- a) One Axel Paulsen jump (solo)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One lift selected from Group 3 or 4
- d) Flying spin (solo)
- e) Pair combination spin with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof)
- f) One Backward Death Spiral
- g) Spiral Sequence
- h) Step Sequence (straight line, circular or serpentine)

PRIMARY

- a) One Axel Paulsen jump (solo)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One lift selected from Group 2
- d) Combination spin (solo) with one change of foot and at least one change of position (sit, camel, upright or any variation thereof)
- e) Pair combination spin with one change of foot and at least one changes of position (sit, camel, upright or any variation thereof)
- f) Death Spiral
- g) Spiral Sequence
- h) Step Sequence (straight line, circular or serpentine)

The PRE PRIMARY and Juvenile Short Programme must not exceed two minutes 15 seconds but may be less provided that all the required elements have been included; the time to be taken from the moment the competitors begin to move or skate.

PRE PRIMARY

- a) One Flip or Lutz jump (solo)
- b) One combination jump (solo)
- c) One lift selected from Group 2
- d) One Pair camel spin
- e) Solo combination spin with one change position (sit, camel, upright or any variation)
- f) Pivot Spiral
- g) Step Sequence (straight line, circular or serpentine)

JUVENILE

- a) One Flip or Loop jump (solo)
- b) One combination jump (solo)
- c) Lift selected from Group 1
- d) Solo Spin
- e) Pair Spin
- f) A Spiral Sequence or Step Sequence (straight line, circular or serpentine)

231.2 PAIR SKATING FREE PROGRAMME LENGTHS FOR NZISA CHAMPIONSHIPS

SENIOR 4 minutes 30 seconds
JUNIOR 4 minutes

(refer current ISU Rules for a well-balanced Junior or Senior program)

NOVICE 3 minutes

For the 6.0 system or IJS, a well-balanced Novice programme must contain:

- Maximum of 1 lift which can be chosen from Group 2 or 3
- Maximum of 1 single throw jump
- Maximum of 1 solo jump
- Maximum of 1 jump combination or sequence
- Maximum of 1 solo spin or solo spin combination;
- Maximum of 1 pair spin or pair spin combination;
- Maximum of 1 death spiral or pivot spiral
- Maximum of 1 step sequence
- Maximum of 1 sequence of spirals

PRIMARY 2 minutes 30 seconds

For the 6.0 system or IJS, a well-balanced Novice programme must contain:

- Maximum of 1 lift, which can be chosen from Group 1, or 2 (Lifts are not essential and, if included, must be performed with full extension of the lifting arm).
- Maximum of 2 solo jumps
- Maximum of 1 jump combination or sequence
- Maximum of 1 solo spin or solo spin combination;
- Maximum of 1 pair spin or pair spin combination;
- Maximum of 1 pivot spiral
- Maximum of 1 step sequence
- Maximum of 1 sequence of spirals

PRE PRIMARY 2 minutes

JUVENILE 2 minutes

For the 6.0 system or IJS, a well-balanced Pre Primary or Juvenile programme must contain:

- Maximum of 1 solo jump
- Maximum of 1 jump combination or sequence
- Maximum of 1 solo spin or solo spin combination;
- Maximum of 1 pair spin or pair spin combination;
- Maximum of 1 pivot spiral
- Maximum of 1 step sequence or sequence of spirals

231.3 **ADULT PAIR SKATING**

In the Adult competitions for Pair Skating each grade will skate a free skate programme only. The emphasis of the programme is to be on Artistic Impression rather than Technical Merit, although this will be taken into consideration. Vocal music and props are permitted.

SAPPHIRE	2 minutes
TOPAZ	3 minutes
PLATINUM	2 minutes
DIAMOND	3 minutes
SILVER	2 minutes
GOLDEN	2 minutes 30 seconds

For Synchronized Skating Programmes, please refer to NZISA Rule 605.

232 DRAWS

- 232.1 The draws for the starting order of National Championships are to be made publicly by the Referee. The Referee should ask the Organiser to check the correct spelling of the names of the competitors and officials. For North and South Island Championships, the draws are to be made by the Referee or appointed representative. For Club and other sub-association events, a referee, senior judge or member of the organizing committee may conduct the draw for the starting order of the first or only section of an event. Draws for subsequent sections of an event are to be conducted by the Referee.
- 232.2 Starting numbers shall be drawn by each competitor, if present, by official representatives of their club or by members of the organizing committee.
- 232.3 The official announcement of the entries and of the panels of officials is made by the referee of each event at the time of the first starting order draw of that event. Preliminary unofficial announcements of entries and officials may be made by the organizers at any time after the close of entries.
- 232.4 Once a competitor's official practices begin, they may only skate on official practice sessions.
- 232.5 For Ice Dancing, the starting order draws will be conducted as per ISU Rules
- ~~232.6~~ For Synchronized Skating, the starting order draws will be conducted as per ISU Rules

233 WARM UP GROUPS

- 233.1 For grades Primary to Senior, a maximum of 6 Singles skaters or 4 Pair couples per warm up group will be allowed as per current ISU Rules and a maximum of 5 Dance couples as per current ISU Rules.
- 233.2 For grades up to and including Pre Primary, a maximum of 8 Singles skaters, 5 Pair couples or 6 Dance couples per warm up group will be allowed.

500 SECTION - TESTS

501 ORDER OF TESTS

All tests are to be taken in numerical order.

502 GENERAL REQUIREMENTS

502.1 Test fees will be set by the Council each year, and will include the cost of a medal and/or certificate. The National Secretary will supply Clubs with a current list of fees. All costs incurred in the taking of any test will be the responsibility of the Club and/or skater concerned and shall not be the responsibility of the Association.

502.2 All candidates for tests conducted under the rules of the Association must be members in good standing with an affiliated Club and hold a current NZISA T/C Registration Number.

502.3 Applications with fees for tests are to be made by the candidates to their Club Secretary no later than twenty-eight days prior to the proposed test date or by such time and to such persons as indicated on an application form approved by the Area Technical Committee.

502.4 It is the responsibility of the Club Secretary/Test Coordinator or representative to arrange the ice time for the tests and advise the Area Technical Committee Secretary or representative who shall arrange the Judges and a Referee, who may be one of the Judges.

502.5 On completion of the tests it shall be the responsibility of the Referee to collect all Judges' sheets (including passes and failures) and hand these to the Club Secretary/Test Coordinator or representative within seven days for the completion of a test summary form. The Club Secretary/Test Coordinator shall forward all Judges' sheets together with the test summary form to the National Technical Committee Secretary.

Payment shall be made to the skater's home club (any cheques to be made out to Club) and then Clubs will be invoiced for the test fees by the NZISA.

502.6 If a Referee is not available one of the Judges shall be nominated to take that position.

502.7 Additional tests may be taken (time permitting) at the discretion of the Referee provided the completed test application and appropriate fees have been lodged with the Club Secretary/Test Coordinator or representative.

502.8 A candidate failing a test will be required to wait a period of one calendar month before taking the test again except that in extenuating circumstances, the Area Technical Committee may set a date less than one calendar month.

502.9 A candidate not appearing at the appointed time for their test must send their reason for not appearing in writing to the Area Technical Committee within seven days after the test date. Failure to supply a satisfactory explanation to the Area Technical Committee will necessitate the reapplication for the test plus another test fee.

503 CONDITIONS OF ICE AND MUSIC

503.1 The Referee may call off any test where the condition of the ice or music in their opinion is not satisfactory.

503.2 The Referee may stop any test due to rinkside interference or distractions to skaters or judges. Restart point at the discretion of the Referee.

504 WHOLE TEST ON SAME DAY

In all cases the whole test must be skated on the same day with the same panel of Judges except for Compulsory Dance tests.

505 RESKATES

- 505.1 Freeskating, Pairs, Stroking and Dance - A test which is complete in itself may be reskated only where external causes interfere.
- 505.2 All the Judges must mark the reskated test as reskated without reference to the original skating.
- 505.3 Elements in isolation – in the event of a failure during the test and at the Judges discretion the following reskates will be permitted:
- Tests 1, 2 and 3 for Freeskating and Pairs, reskates of up to a maximum of two elements may be permitted.
 - Tests 4 and above for Freeskating and Pairs, reskates of up to a maximum of three elements may be permitted.
- The reskates may comprise the same or different elements. Elements in isolation must be reskated immediately upon request, without practice.
- 505.4 Stroking Tests – In the event of failure, one element may be reskated once at the discretion of the Judges, for Test 2 (Inter Bronze) and higher.

506 JUDGING OF TESTS

NOTE: The use of the ISU Judging System for marking tests will be in effect as of 1 January 2008.

- 506.1 Marking must be in accordance with the rules applying to the particular level of skating and any particular rules set out in the test requirements. The closed marking system shall be used for all tests.
- 506.2 The Area Technical Committee shall appoint two judges for all tests. One judge can be used for Elementary tests providing that they are graded with a test level of Bronze or higher. Judges that are graded for Gold or higher test level for each discipline may single panel judge tests up to and including Silver. However, it is preferable for two judges to be appointed for all tests.
- 506.3 The candidate must satisfy each Judge appointed for the test.

507 TEST CROSS CREDITS

- 507.1 Skaters who move permanently to New Zealand, or hold a New Zealand passport, and have passed tests of an overseas ISU Member country may be exempted from sitting lower level NZISA tests as follows provided they submit proof of test passes to the NZISA (with elements achieved) and proof of competition level from their previous country.
- a) Skaters at Novice, Junior or Senior level will be granted a cross-credit for the corresponding Free Skate/Stroking/Pairs/Ice Dance test required to enter the respective grade;
 - b) Skaters below Novice level shall start at the Preliminary level test.
 - c) Skaters from overseas will only have their cross credits considered once.

508 FIGURE TESTS – Deleted in 2006

509 REQUIREMENTS FOR STROKING TESTS

509.1 GENERAL REQUIREMENTS

The Stroking Tests are basic skating moves skated with or without music as an optional choice. The terms and judging standards applied are as for basic skating.

The elements in the Stroking Tests shall be skated in the order as set forth in the schedule of tests.

As basic skating elements, Stroking turns must be judged in accordance with the criteria set forth in the corresponding Test Rules.

A draw for direction will be made where the same element is required in both directions with the exception of the Elementary Test.

Stroking must be commenced from a standing, stationary position with a minimum number of introductory steps.

If a skater starts a move on the wrong foot or skates a move other than that prescribed, the Referee must draw attention to the mistake as soon as possible. The mistake must be treated as a false start.

Such fresh start must be allowed only once without penalty

Skaters shall select the area on the ice surface for the Stroking Test, directed by the Referee or Judge in charge

509.2 BASIC RULES FOR STROKING

An effortless, flowing and graceful execution should be achieved. Within the limits of the following rules, complete freedom is allowed to the skater.

- a) The head should be carried in an upright position, relaxed and naturally held
- b) The upper body should be upright but not stiff
- c) The arms should be held gracefully
- d) The free leg should be extended with the toe pointed

The steps must be skated in accordance with the diagrams and descriptions. The number of steps must be skated as prescribed. Subject to a general conformity with the basic requirements, complete freedom is allowed to the skater with respect to arm and free leg positions.

Stroking must be skated with good edges, control, flow, extension, carriage and rhythm. An even speed and flow should be maintained throughout. Maximum utilisation of the ice surface is desirable. Ice coverage must not be obtained by the use of flat or shallow edges.

509.3 MARKING

Stroking will be judged on a pass/fail basis for each element. In determining this result consideration will be given to:

- a) Accuracy – the correct start, steps and adherence to the general pattern
- b) Edge Quality – characterised by a stable arc and controlled body rotation, the edge ideally without subcurves or wobbles, initiated by placing the body and blade on an angle to the surface of the ice and stepping on the required edge. This edge and arc will ideally commence immediately at the point where the skater takes the ice and travels uninterrupted until a required transition takes place

- c) Extension – the controlled stretching of the free leg complimented by an upright body posture. The height of the extension is determined by the type of movement being executed as is the extension of the upper body. The final extended position should always be attained in a controlled fashion
- d) Quickness – quickness refers to foot speed. It is the precise, rapid and crisp execution of turns, change of edge and transitions, usually in a brisk and continuous cadence. Refinements to acknowledge include quick movement that is quiet, fluid and continuous without disturbing the proper and erect carriage of the upper body and without interrupting the established rhythm.
- e) Power – power is obvious and rapid acceleration, often from a standstill position, achieved by a forceful, gripping pressure exerted by the employed, or skating leg and skate against the surface of the ice. Power includes maintaining or increasing speed while executing various skating elements. Power is relative to the size of the skater but can be attained with proper stroking technique.

510 STROKING TESTS - INDEX TO STROKING REQUIREMENTS

ELEMENTARY	TEST 0	Forward Perimeter Stroking Basic Consecutive Edges
PRELIMINARY	TEST 1	Forward and Backward Crossovers Spiral Sequence Forward Power 3-Turns Alternating Forward 3-Turns (Inside only)
INTER BRONZE	TEST 2	Waltz Eight Forward Perimeter Power Crossover Stroking – draw for direction Backward Perimeter Power Crossover Stroking - draw for direction 3-Turns in the Field - FO BI 3-Turns in the Field - FI BO Alternating Backward Crossovers to Backward Outside Edges
BRONZE	TEST 3	Eight Step Mohawk Sequence Forward and Backward Free Skating Cross Strokes Backward Power 3-Turns Forward Double 3-Turns Five step Mohawk Sequence
INTERSILVER	TEST 4	Stroking: Forward Power Circle Backward Power Circle Backward Perimeter Power Stroking Backward Power 3-Turns Backward Double 3-Turns Bracket-Three-Bracket Pattern Inside Slide Chasse Pattern
SILVER	TEST 5	Fwd Perimeter Power Stroking Backward Quick Rocker Turn seq. Backward Perimeter Power Stroking with Back Inside 3-turns Forward and Backward Outside Counters Forward and Backward Inside Counters Backward Swing Rocker Sequence Spiral Sequence
INTERGOLD	TEST 6	Stroking: Forward Power Circles Stroking: Backward Power Circles Forward and Backward Outside Rockers Forward and Backward Inside Rockers Power Pulls Straight Line Choctaw Sequence
GOLD	TEST 7	Sustained Edge Step Extension Spiral Step Backward Outside Power Double 3-Turns to Power Double Inside Rockers Backward Inside Power Double 3-Turns to Power Double Outside Rockers Quick Edge Step
GOLD STAR	TEST 8	Accelerating Mohawks, Choctaws and Gallops Creative Exercises Expanding Exercises CW, CCW

511 REQUIREMENTS FOR FREE SKATING TESTS

- 511.1 There are nine tests in Freeskating.
- 511.2 Except for Test 0 (Elementary Certificate) and Test 8 (Gold Star), the test shall be the Short Program per the Championship Grade and shall be marked accordingly with deductions given for errors as listed in ISU Communication 1086. No additional or unprescribed elements may be added except for connecting steps.
- 511.3 The time may not exceed two minutes fifteen seconds in Test 1 (Preliminary) and may not exceed two minutes fifty seconds for Test 2 (Inter Bronze) to Test 7 (Gold), but in both cases may be less provided all the elements have been included. The time is to be taken from the moment the skater begins to move.

512 FREE SKATING TESTS

TEST 0 ELEMENTARY CERTIFICATE

Demonstrate a command of the following elements to music up to 2 minutes 15 seconds

- a) Jump combination
- b) Salchow
- c) Toe Loop
- d) One foot spin (min 3 revs)
- e) 1 Spiral on a curve
- f) Step sequence fully utilising the length of the ice surface

Evaluated on Pass/Fail basis.

NOTE: For tests 1 – 8, the skaters shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be reskated (refer to Rule 505 regarding number of reskates permitted for each test). The presentation/performance of programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

TEST 1 PRELIMINARY MEDAL

- a) Single Loop jump (or optional single Axel)
- b) Single Flip or single Lutz (free choice) immediately preceded by connecting steps and/or other comparable freeskating movements
- c) One jump combination consisting of two single jumps or one double & one single jump
- d) Upright spin (minimum six revolutions)
- e) Sit spin or camel spin (minimum six revolutions in required position)
- f) Spin with a minimum of one change of position, and an optional change of foot (sit, camel, upright or any variation thereof) (minimum six revolutions or five revolutions on each foot if a change of foot is executed)
- g) LADIES Step sequence (straight line, circular or serpentine) or spiral sequence
MEN Step sequence (straight line, circular or serpentine)

Minimum GOE Total: -2 total for the 7 elements

TEST 2 INTER BRONZE MEDAL

- a) Axel Paulsen
- b) Single Flip or single Lutz (free choice) immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two single jumps or one double and one single jump
- d) Upright spin (minimum six revolutions)
- e) Sit spin or camel spin on alternate years (Sit spin in odd years and camel spin in even years) (minimum six revolutions in required position)

- f) Spin with a minimum of one change of position, and an optional change of foot (sit, camel, upright or any variation thereof) (minimum six revolutions or five revolutions on each foot if a change of foot is executed)
- g) LADIES Spiral sequence
MEN Step sequence (straight line, circular or serpentine)

Minimum GOE Total: -2 total of the 7 elements

TEST 3 BRONZE MEDAL

- a) Axel Paulsen (or optional Double Axel)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two double jumps or one single jump followed by one double jump. The jumps must be different from the jump in b).
- d) Flying camel spin (minimum eight revolutions)
- e) Sit spin or camel spin on alternate years (Sit spin in odd years and camel spin in even years) (Minimum eight revolutions in required position)
- f) Spin with a minimum of one change of position, and a compulsory change of foot (sit, camel, upright or any variation thereof) (minimum of six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

TEST 4 INTER SILVER MEDAL

- a) Axel Paulsen (or optional Double Axel)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two double jumps. The jumps must be different from the jump in b).
- d) Flying camel spin (minimum eight revolutions)
- e) LADIES Layback or sideways leaning spin (minimum eight revolutions)
MEN Sit spin or camel spin (Free choice) (minimum eight revolutions)
- f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

TEST 5 SILVER MEDAL

- a) Double Axel Paulsen
- b) One double or triple Lutz, Flip or Loop jump immediately preceded by connecting steps and/or other comparable free skating movements.
- c) LADIES: Jump combination (double/double, double/triple)
MEN: Jump combination (double/double, double/triple or triple/triple)
The jumps must be different from the jump in b).
- d) Flying Camel or Sit spin (min 8 revs in landing position)
- e) LADIES: Layback or Sideways leaning spin (min 8 revs in required position)
MEN: Camel or Sit spin with one change of foot (min 8 revs in required position - must be different from flying spin executed in d).)
- f) Spin combination with one change of foot and at least two changes of position (minimum six revolutions on each foot).
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

TEST 6 INTER GOLD MEDAL

- a) Double Axel Paulsen
- b) One double or triple jump immediately preceded by steps and/or other comparable free skating movements
- c) One jump combination (double/double, double/triple or triple/triple). The jumps must be different from the jump in b)
- d) Flying Spin (minimum 8 revolutions)
- e) LADIES: Layback or sideways leaning spin (min 8 revs in required position)
MEN: Camel or sit spin with only one change of foot (min 6 revs on each foot in required position)
- f) Spin combination with one change of foot and at least two changes of position (minimum six revolutions on each foot).
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

TEST 7 GOLD MEDAL

- a) Double Axel Paulsen
- b) One triple jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of one double and one triple jump or two different triple jumps. The jumps must be different from the jump in b)
- d) Flying Spin (minimum 8 revs)
- e) LADIES: Layback or Sideways leaning spin (minimum 8 revs in required position)
MEN: Camel or Sit spin with only one change of foot (minimum 6 revs/foot in required position)
- f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum 6 revs on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

TEST 8 GOLD STAR MEDAL

A four minute programme for Ladies, and a four minute thirty second programme for Men. The program must be a harmonious, well-balanced composition with a variety of movements, steps and intricate footwork of a highly advanced nature. The entire program must be skated musically, athletically and with control and grace

At least:

- a) Double Axel Paulsen
- b) One triple jump
- c) LADIES: One jump combination or sequence of jumps including at least one triple jump
MEN: One triple jump (different to that done in b) combined with the same or a different double or triple jump
- d) Four different difficult spins, one of which must be a spin combination and one a flying spin
- e) LADIES Spiral sequence consisting of two or more spiral positions
MEN One step sequence (straight line, circular or serpentine)
- f) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from e)

Minimum GOE Total: -3 total of the 9 elements

513 REQUIREMENTS FOR PAIR SKATING TESTS

- 513.1 There are seven tests in Pair Skating.
- 513.2 All required movements stated are included in the ISU Judges Pairs Handbook.
- 513.3 The time allowed for the following Pair Skating tests is stated below. The time is to be taken from the moment the skater begins to move or skate.
- 513.4 Elements designated "solo" in the pair tests shall be performed by each skater in unison.

514 COMPOSITION OF A PAIR

Each Pair shall consist of a male and female skater.

515 TEST AS A PAIR

Each test will be judged as a Pair and not as individuals. A Pair test will pass or fail as a Pair. The Judges may examine only one Pair at a time. A partner who has previously passed the test is not affected by the failure of a test being attempted where they are acting as a partner.

516 PAIR SKATING TESTS

NOTE: For tests 1 – 8, the candidate(s) shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be reskated (refer to Rule 505 regarding number of reskates permitted for each test).

The presentation/performance of programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

TEST 1 PRELIMINARY MEDAL

A maximum two minute and fifteen second programme consisting of:

- a) One solo Flip or Loop jump
- b) One solo combination jump
- c) One solo spin chosen from an upright, sit spin or camel (minimum six revolutions)
- d) One lift of own choice from Group 1
- e) One pair spin (minimum three revolutions)
- f) One sequence of spirals or one step sequence (straight line, circular or serpentine)

Minimum GOE Total: -2 total of the 6 elements

TEST 2 INTER BRONZE MEDAL

A maximum two minute and fifteen second programme consisting of:

- a) One solo Flip or Lutz jump
- b) One solo combination jump
- c) One lift of the skaters' choice from Group 2
- d) One pair spin (minimum four revolutions)
- e) One solo combination spin with one change of position (minimum six revolutions)
- f) One pivot spiral
- g) One step sequence (straight line, circular or serpentine)

Minimum GOE Total: -3 total of the 7 elements

TEST 3 BRONZE MEDAL

A maximum two minute and forty second programme consisting of:

- a) One solo Axel Paulsen jump
- b) One solo double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One lift of the skaters' choice from Group 2
- d) One solo combination spin with one change of foot and at least one change of position (minimum ten revolutions)
- e) One pair combination spin with one change of foot and at least one change of position (minimum eight revolutions)
- f) One death spiral
- g) One sequence of spirals
- h) One step sequence (straight line, circular or serpentine)

Minimum GOE Total: -3 total of the 8 elements

TEST 4 INTER SILVER MEDAL

A three minute (± 10 seconds) programme consisting of:

- a) One solo Axel Paulsen jump
- b) One solo double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One solo combination jump consisting of one single followed by a double jump
- d) One solo spin combination (minimum or ten revolutions)
- e) One pair combination spin with one change of foot and at least two changes of position (minimum or eight revolutions)
- f) One lift of the skaters' choice from Group 3
- g) One backward death spiral
- h) One step sequence (straight line, circular or serpentine)

Minimum GOE Total: -3 total of the 8 elements

TEST 5 SILVER MEDAL

A three minute and thirty second (± 10 seconds) programme consisting of:

- a) Two different solo jumps of the skaters' choice, one of which must be immediately preceded by connecting steps and/or other comparable free skating movements
- b) One solo combination jump consisting of two double jumps
- c) One solo combination spin with at least one change of foot and two changes of position (minimum of ten revolutions)
- d) One pair combination spin with at least one change of foot and two changes of position (minimum of eight revolutions)
- e) One lift of the skaters' choice from Group 3
- f) One throw single axel
- g) One backward inside death spiral
- h) One sequence of spirals
- i) One step sequence (straight line, circular or serpentine)

Minimum GOE Total: -4 total of the 10 elements

TEST 6 INTER GOLD MEDAL (equivalent to ISU Junior requirements)

A four minute (± 10 seconds) programme consisting of:

- a) One solo double jump of the skaters' choice, which must be immediately preceded by connecting steps and/or other comparable free skating movements
- b) One solo combination jump or jump sequence consisting of two different double jumps
- c) Two different throw double jumps
- d) One twist lift

- e) Two lifts, one of which must be from Group 3 or 4, with full extension of the lifting arm(s)
- f) One solo spin (minimum of six revolutions) or solo spin combination spin (minimum of ten revolutions)
- g) One pair spin (minimum of six revolutions) or pair combination spin (minimum of eight revolutions)
- h) One death spiral
- i) One sequence of spirals
- j) One step sequence (straight line, circular or serpentine)

Minimum GOE Total: -5 total of the 12 elements

TEST 7 GOLD MEDAL (equivalent to ISU Senior requirements)

A four minute and thirty second (± 10 seconds) programme consisting of:

- a) One solo double jump immediately preceded by connecting steps and/or other comparable free skating movements
- b) One solo combination jump or jump sequence consisting of two different double jumps
- d) One solo combination spin with one change of foot and at least two changes of position (minimum of ten revolutions)
- e) One pair combination spin with one change of foot at least two changes of position (minimum of eight revolutions)
- f) Two different throw double jumps
- g) One double twist lift
- h) Three lifts, one of which must be from Group 3 or 4, with full extension of the lifting arm(s)
- i) One death spiral
- j) One sequence of spirals
- k) One step sequence (straight line, circular or serpentine)

Minimum GOE Total: -6 total of the 13 elements

TEST 8 GOLD STAR MEDAL

A programme of at least four minute thirty seconds consisting of:

- a) One triple twist lift
- b) Two lifts from Groups 3 or 4, with full extension of the lifting arm(s)
- c) One lift from Group 5
- d) One pair combination spin with at least one change of position and one change of foot (minimum eight revolutions)
- e) One solo combination spin with at least one change of foot (minimum ten revolutions) and one flying spin (minimum six revolutions)
- f) One double throw jump
- g) One triple throw jump
- h) One solo triple jump preceded by connecting steps and/or other comparable free skating movements)
- i) One solo jump combination or one jump sequence consisting of two different double jumps
- j) One forward outside death spiral
- k) One sequence of spirals
- l) One step sequence (straight line, circular or serpentine)

Both partners shall complete a programme of championship calibre and should move together in complete harmony showing a marked degree of pair unison and in good form with excellent expression of mood and rhythm of music, change of pace and full utilization of the ice surface. Harmonious steps and connecting movements in time to music should be maintained throughout the programme.

Minimum GOE Total: -6 total of the 13 elements

LIFT GROUPS

- Group 1 Armpit Hold position
- Group 2 Waist Hold position
- Group 3 Hand-to-Hip position
- Group 4 Hand-to-Hand position (Press Lift type)
- Group 5 Hand-to-Hand position (Lasso Lift type)

517 REQUIREMENTS FOR ICE DANCING

- 517.1 The dances officially recognised by the Association are those included in the schedules of the Association's Dance tests and such further dances as may be officially recognised by the Association from time to time. Dances may be skated either as a couple or as a Solo. Skaters may change from Solo test to partnered test and vice versa without having to repeat tests already passed.
- 517.2 Each compulsory dance must be skated alone on the ice surface as follows:
- a) For two sequences of the dance:

Starlight Waltz	Argentine Tango
Ravensburger Waltz	Tango Romantica
Yankee Polka	Golden Waltz
Austrian Waltz	Silver Samba
Cha Cha Congelado	Tango
Westminster Waltz	European Waltz
American Waltz	Midnight Blues
Swing Dance	Riverside Rhumba

 - b) For three sequences of the dance:

Viennese Waltz	Blues
Paso Doble	Dutch Waltz
Canasta Tango	Baby Blues
Willow Waltz	ChaCha
Hickory Hoedown	Rhythm Blues
Golden Skaters' Waltz	<u>Ten Fox</u>

 - c) For four sequences of the dance:

Fiesta Tango	
Rhumba	Fourteenstep
Foxtrot	Rocker Foxtrot
Quickstep	

 - d) For six sequences of the dance:

Killian
- 517.3 A candidate may take a Compulsory Dance test without taking the corresponding test in Original Dance or Free Dance. However, a candidate may not attempt a test in Free Dance until they have passed the corresponding test in Compulsory Dance. A candidate may take an Original Dance test without having the corresponding test in either Compulsory Dance or Free Dance. A separate certificate and medal will be awarded for all Compulsory Dance, Original Dance and Free Dance tests.

518 REQUIREMENTS FOR COMPULSORY DANCE TESTS

- 518.1 The compulsory dances shall be in accordance with the descriptions and diagrams contained in the current ISU Dance Regulations
The Original Dance and Free Dance to be in accordance with the current ISU Regulations.
- 518.2 The Judges shall examine only one candidate at a time. However, if two candidates are performing the test as a couple, the judges shall examine the candidates simultaneously but the candidates may individually pass or fail the test.
- 518.3 After the candidate has skated the test dances with the partner, the Referee may request the candidate to solo skate any of the dances attempted.
- 518.4 The Referee shall call off any test where the condition of the ice or music is not satisfactory.

- 518.5 Upon payment of a full test fee each time, skaters may take individual dances as part tests. However, this does not preclude a candidate from attempting an entire test at a test day. Those dances that are passed shall be credited towards the completion of the test and need not be subsequently reskated when completing a test. Any dances failed may be reskated after one calendar month waiting period and a full test fee is payable.
- 518.6 Introductory steps - All dances may be started with optional introductory steps. They shall not exceed the introductory phrasing of the specific tune used. Theatrical poses are forbidden. However, some opening poses may reflect the character of the given dance.

519 COMPULSORY DANCE TESTS

TEST 0 ELEMENTARY CERTIFICATE

Any two of the following dances to be skated (to be declared at the time of the test application):

Dutch Waltz

Canasta Tango

Hickory Hoedown

Riverside Rhumba

Evaluated as Pass/Fail for each dance

NB: This test is optional. Skaters may choose to start at Test 1.

NOTE: For tests 1 – 8, the candidate(s) shall receive Grades of Execution (GOE) marks for the dance sequence sections and the GOE total is as listed for each test. Any section receiving a GOE of –3 must be reskated (to a maximum of 1 reskate for Tests 1 Preliminary to 3 Bronze, and 2 reskates for test 4 Inter Silver to 8 Gold Star).

The expression/presentation of each dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for expression/presentation as meets or exceeds the standard expected at that level.

TEST 1 PRELIMINARY MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application):

Swing Dance Minimum GOE Total: -3 total of the 8 sections

Fiesta Tango Minimum GOE Total: -3 total of the 8 sections

Baby Blues Minimum GOE Total: -2 total of the 6 sections

TEST 2 INTER BRONZE MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application):

Tenfox Minimum GOE Total: -3 total of the 9 sections

Willow Waltz Minimum GOE Total: -2 total of the 6 sections

Fourteenstep Minimum GOE Total: -1 total of the 4 sections

TEST 3 BRONZE MEDAL

All three dances to be skated

Foxtrot Minimum GOE Total: -3 total of the 8 sections

European Waltz Minimum GOE Total: -1 total of the 4 sections

The dance not tested for the Inter Bronze test

TEST 4 INTER SILVER MEDAL

Any three of the following dances (to be declared at the time of the test application):

Rocker Foxtrot Minimum GOE Total: -3 total of the 8 sections

Tango Minimum GOE Total: -2 total of the 6 sections

American Waltz Minimum GOE Total: -1 total of the 4 sections

Blues Minimum GOE Total: -2 total of the 6 sections

TEST 5 SILVER MEDAL

Any three of the following dances (to be declared at the time of the test application):

Paso Doble Minimum GOE Total: -2 total of the 6 sections

Cha Cha Congelado Minimum GOE Total: -2 total of the 6 sections

Kilian Minimum GOE Total: -2 total of the 6 sections

Starlight Waltz Minimum GOE Total: -2 total of the 6 sections

TEST 6 INTER GOLD MEDAL

Any three of the following dances (to be declared at the time of the test application):

Argentine Tango Minimum GOE Total: -2 total of the 6 sections

Westminster Waltz Minimum GOE Total: -2 total of the 6 sections

Quickstep Minimum GOE Total: -3 total of the 8 sections

Silver Samba Minimum GOE Total: -2 total of the 6 sections

TEST 7 GOLD MEDAL

Any three of the following dances (to be declared at the time of the test application):

Viennese Waltz Minimum GOE Total: -2 total of the 6 sections

Yankee Polka Minimum GOE Total: -2 total of the 6 sections

Rhumba Minimum GOE Total: -3 total of the 8 sections

Austrian Waltz Minimum GOE Total: -2 total of the 6 sections

TEST 8 GOLD STAR

Any three of the following dances (to be declared at the time of the test application):

Tango Romantica Minimum GOE Total: -3 total of the 8 sections

Ravensburger Waltz Minimum GOE Total: -2 total of the 6 sections

Golden Waltz Minimum GOE Total: -3 total of the 8 sections

Midnight Blues Minimum GOE Total: -3 total of the 8 sections

520 REQUIREMENTS FOR ORIGINAL DANCE AND FREE DANCE TESTS

520.1 For definitions and restrictions refer to the current ISU Regulations.

520.2 A candidate who is taking an Original Dance or Free Dance test need skate the test once only, and only one set of marks shall be awarded to apply to both candidates, who will then pass or fail together. However, a partner who has previously passed the test is not affected by failure in the test being tried where he or she is acting as a partner.

521 ORIGINAL DANCE TESTS

NOTE: For tests 1 – 3, the candidate(s) shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3

must be reskated (1 element for Test 1 Bronze and 2 elements for Tests 2 Silver and Test 3 Gold).

The presentation/performance of programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

TEST 1 BRONZE MEDAL

An Original Dance of one and a half minutes duration (plus or minus ten seconds). The rhythm to be chosen by the candidate from:

March Latin American
Waltz
Tango

Requirements 1 dance spin - 2 rotations
 1 step sequence (circular or diagonal)
 Display of distinct lobes with emphasis on edges.
 up to 2 dance lifts allowed (1 dance lift must be included)
 Dance may not cross the long axis except at the short barrier ends and during the designated step sequence

Minimum GOE Total: -1 total of the 3 or 4 elements

TEST 2 SILVER MEDAL

An Original Dance of two minutes duration, plus or minus ten seconds (equivalent to ISU Junior Original Dance). The rhythm to be chosen by the candidate from:

Waltz Tango
Jive Blues
Quickstep Polka

or that set for the current year's New Zealand National Championships Junior grade

The content requirements are as per current ISU Rules

Minimum GOE Total: -2 total of the 6 elements

TEST 3 GOLD MEDAL

An Original Dance of two minutes duration, plus or minus ten seconds (equivalent to ISU Senior Original Dance). The rhythm to be chosen by the candidate from:

Waltz Tango
Paso Doble Rhumba
Rock N' Roll Latin Combo

or that set for the current year's New Zealand National Championships Senior grade

The content requirements are as per current ISU Rules

Minimum GOE Total: -2 total of the 6 elements

522 FREE DANCING TESTS

NOTE: For tests 1 – 3, the candidate(s) shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be reskated (1 element for Test 1 Bronze and 2 elements for Tests 2 Silver and Test 3 Gold).

The presentation/performance of programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

TEST 1 BRONZE MEDAL

A Free Dance programme of two minutes duration.

The emphasis should be placed on steps, flow and timing rather than on lifts.

- One Diagonal, Straight-Line or Circular Step Sequence must be included, extending from barrier to barrier as far as practicable. The step sequence must incorporate footwork for both partners and the partners must maintain Closed, Tango and/or Open position throughout. Lifts, jumps dance spins and stops are not allowed during the step sequence.
- One dance spin must be included, with a minimum of 2 revolutions on one foot for each partner. The position is optional.
- Assisted jumps are permitted and only 2 non-rotating lifts are permitted.

Minimum GOE Total: -1 total of the 4 elements

TEST 2 SILVER MEDAL

A Free Dance programme of three minutes duration (equivalent to ISU Junior Free Dance).

The content requirements are as per current ISU Rules

Minimum GOE Total: -3 total of the 7 elements

TEST 3 GOLD MEDAL

A Free Dance programme of four minutes duration (equivalent to ISU Senior Free Dance).

The content requirements are as per current ISU Rules

Minimum GOE Total: -3 total of the 8 elements

600 SECTION - SYNCHRONIZED SKATING RULES

601 DEFINITION OF SYNCHRONIZED SKATING

Synchronized skating involves a team of nine to twenty skaters performing various elements and transitions to music. " Synchronized skating" refers to the quality of skating, importance of unison, the accuracy of the formations and precision of the team, incorporated into a programme of a specified time limit. The objective is for the skaters to perform as one unit as opposed to individual soloists.

For definitions of the terms used in Synchronised Skating refer to current ISU Rules.

602 REQUIREMENTS FOR SYNCHRONIZED SKATING

602.1 Synchronized skating is judged and marked in accordance with the current edition of the ISU Special Regulations - Synchronized Skating and subsequent ISU Communications. The marking of Synchronized skating will be in accordance with either the 6.0 or IJS system as specified in the competition announcement. ISU Communications regarding Synchronized Skating issued after the Nationals announcement has been published and up to two weeks prior to the championships will only apply to Junior and Senior events. Any subsequent ISU Communications published in the two weeks prior to the National Championships will not be applicable for that championship. When competitions are conducted using the 6.0 system, deductions will be according to ISU Communication 1283.

603 ELIGIBILITY TO COMPETE

603.1 All participants must be eligible skaters as defined in Rule 103 of the Regulations. All team members must be members of the Club the team represents, but it is not necessary for it to be their home Club. Men and women can skate on the same team.

603.2 Members of teams with age limits must be able to provide proof of age if requested to the Referee and/or organising committee of the competition for which the team is entered.

603.3 Teams may enter more than one division using different music and a different routine with a minimum change of 50% of the skaters. However, skaters who compete on an Adult team may not 'double-team' on a Juvenile, Novice, Open, Junior or Senior team in any one season.

603.4 All Synchronized Teams must have competed at their local Club Competition or Regional Sub-Association Championships in order to qualify for Nationals.

603.5 Participation in International Competitions - Up to 25% of a Synchronised Skating team may be from a foreign Member, if so permitted by the National Association of the country in which the skater is a citizen, but such skaters shall only represent one Member in the course of the same year (July 1 – June 30).

604 TEST REQUIREMENTS

In order to compete in New Zealand Club, Sub-Association and National Championships and Australian Inter-State and State Competitions, skaters in synchronized teams must meet the following test requirements:

Juvenile and Adult teams:

Skaters shall have passed a minimum of Test 0 (Elementary) Stroking or Test 0 (Elementary) Dance.

Novice and Open teams:

Skaters shall have passed a minimum of Test 1 (Preliminary) Stroking or Test 1 (Preliminary) Dance

Junior and Senior teams:

Skaters shall have passed a minimum of Test 2 (Inter Bronze) stroking or Test 2 (Inter Bronze) Dance.

605 SYNCHRONIZED SKATING PROGRAMMES

605.1 Short Programme for Open, Junior and Senior grades only:

- a) The short programme, for the Open, Junior and Senior grades only, may not exceed two minutes and fifty seconds duration but may be less provided that all elements have been included.
- b) Unprescribed or additional manoeuvres or repetitions, even of elements which have failed, are not allowed and a deduction must be made if any of those elements are included in the programme.
- a) Duration of short program – the time must be reckoned from the moment the team begins to move or to skate until arriving at a complete stop at the end of the program.
- b) The marking of short programmes will be in accordance with current ISU Rules.

605.2 Senior Short Programme: Refer to current ISU Rules and subsequent ISU Communications for current Senior Short Program requirements and remarks.

605.3 Junior Short Programme: Refer to current ISU Rules and subsequent ISU Communications for current Junior Short Program requirements and remarks.

605.4 Open Short Programme

The short programme for the Open grades shall consist of seven (7) elements:

- a) Circle:
 - (i) One (1) circle element;
 - (ii) At least one (1) step sequence.
- b) Line:
 - (i) One (1) line element;
 - (ii) At least one (1) step sequence.
 - (iii) No pivoting of line is required but will be given credit if included.
- c) Block:
 - i) Closed block;
 - ii) Maximum of five (5) lines, minimum of three (3) lines;
 - iii) At least two (2) different configurations;
 - iv) At least one (1) step sequence.
 - (v) No pivoting of block is required but will be given credit if included.
- d) Wheel:
 - (i) One (1) wheel element;
 - (ii) Two (2) different configurations.
- e) Intersection:
 - (i) Any type of element that incorporates movement of one part of the team through another part of the team;
 - (ii) Maximum of two (2) intersections.
 - (iii) No turns, dance jumps or other free skating moves have to be included at the intersecting point of either intersection but will be given credit if included.

In the short programme, the required step sequences do not have to include and meet the requirements for steps and turns (see current ISU Rules) but must have the following length/pattern or a deduction will be made by the Technical Panel for not according to requirements:

Block – the step sequence must cover 2/3 of the length of the ice in straight/diagonal pattern or comparable length using other patterns.

Circle – the step sequence must cover 2/3 (240 degrees) of the circle or comparable distance if there is a change of rotational direction.

Line – the step sequence must cover 1/2 of the length of the ice surface using straight/diagonal pattern or comparable distance if there is retrogression.

The team must use a variety of holds. A minimum of three (3) different clearly recognisable holds is required in the short programmes. The holds may be done either in elements or transitions.

Transitions necessary to link the required elements are permitted provided they cover less than one half of the length of the ice surface.

605.5 Illegal Elements– Junior and Senior - refer to current ISU Rules

605.6 Illegal Elements – Open Short Program

- a) Lifts of any variety
- b) Jumps of more than one-half rotation
- c) Assisted jumps
- d) Intersections incorporating back spirals
- e) Prolonged lying or kneeling on the ice at the beginning, end and/or during the program
- f) Movements in Isolation (see current ISU Rules)
- g) Highlighting (see current ISU Rules).

605.7 Freeskating programmes for all grades:

a) Duration of Freeskating programmes:	
JUVENILE	3 minutes
OPEN	3 minutes 30 seconds
NOVICE	3 minutes 30 seconds
JUNIOR	4 minutes
SENIOR	4 minutes 30 seconds
ADULT	3 minutes

The team is allowed to finish their program within the required time plus or minus ten seconds. The time must be reckoned from the moment the team begins to move or to skate until arriving at a complete stop at the end of the programme.

The marking of free skating programmes will be in accordance with current ISU Rules.

- b) Synchronized Free Skating consists of a well-balanced program composed and skated to music of the team's own choice. A good program contains elements such as circles, lines, blocks, wheels, intersections, spins, pair elements and movements in isolation linked together harmoniously by a variety of transitions and executed with a minimum of two footed skating.
- c) For the 6.0 system or IJS, a well balanced Juvenile and Adult free skate program contains a maximum of seven elements:
 - i) at least one element each of circles, lines, blocks, wheels and intersections (transitional moves are not included as elements);

- ii) step sequences of an intricate variety to be used to enhance both the elements and the transitions;
 - iii) the team is to use a variety of at least three different holds. The holds may be done either in elements or transitions. There will be a deduction made by the Referee if there are not the required number of handholds in the programme.
 - iv) excessive/repetitive use of the same steps and/or holds must be penalised by the judges since this is against the objective of a well balanced program;
 - v) the team is to predominantly act as one unit;
 - vi) the choreography and elements should be executed facing towards all sides of the ice rink and not excessively facing one side only.
 - vii) the number of each element listed above may be varied, but an excessive number or lack of any element must be penalised.
- d) For the 6.0 system or IJS, a well-balanced Open and Novice free skate program contains a maximum of eight elements:
- One block element– at least one step sequence must be included
 - One circle element– at least one step sequence must be included
 - One line element– at least one step sequence must be included
 - One wheel element
 - Two intersections
 - One movement in isolation
 - One element to be selected from block, circle or line

Criteria ii to vi as per Juvenile and Adult Free Skating Programme apply to Open and Novice Free Skating Programme.

In the free skating programme, the required step sequences do not have to include and meet the requirements for steps and turns (see current ISU Rules) but must have the following length/pattern or a deduction will be made by the Technical Panel for not according to requirements:

Block – the step sequence must cover 2/3 of the length of the ice in straight/diagonal pattern or comparable length using other patterns.

Circle – the step sequence must cover 2/3 (240 degrees) of the circle or comparable distance if there is a change of rotational direction.

Line – the step sequence must cover 1/2 of the length of the ice surface using straight/diagonal pattern or comparable distance if there is retrogression.

- e) Senior Well-Balanced Program - see current ISU Rules
- f) Junior Well-Balanced Program – see current ISU Rules
- g) Illegal Elements:
 - Senior Free Skating – see current ISU Rules
 - Junior, Novice and Open Free Skating – see current ISU Rules
 - Juvenile and Adult Free Skating
 - i) lifts of any variety;
 - ii) jumps and/or jump sequences of any variety performed by the entire team;
 - iii) Movements in Isolation of any variety;
 - iv) throw jumps;
 - v) intersections incorporating back spirals;
 - vi) prolonged kneeling on the ice at the beginning, end and/or during the program;

- vii) highlighting;
- viii) split programs.

606 MUSIC

Any music including vocal music using lyrics is permitted. However, the teams must skate the program in time to the music. Additions of the sounds of applause or cheers are not permitted.

607 DRESS CODE

The clothing of the competitors must be modest, dignified and appropriate for athletic competition, not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen;

- a) Ladies must wear a skirt, body suit or full length trousers; Ladies skirts must not be below the top of the calf of the legs for safety reasons.
- b) Men must wear full length trousers; no tights are permitted.
- c) Clothing must not give the effect of excessive nudity for an athletic sport. Clothing and make-up must not be theatrical and must not highlight any skater.
- d) Headdresses must be kept to a minimum. Any ornamentation attached to clothing or head must be firmly fastened so as not to fall off while skating under normal competitive conditions. There can be no props on the ice and hand props such as banners, canes or pompoms are not permitted.
- e) Clothing or make-up not meeting the foregoing requirements will be penalized. The deduction will be made from the Total Score.

608 SYNCHRONIZED SKATING COMPETITIONS

- 608.1 Warm up periods:
Short & Free Skating Programme – Each team shall be allowed one minute of warm-up (without music) on the competition ice surface immediately prior to their performance.
Warm-up time must be reckoned from the moment the team is announced.
- 608.2 Following the warm up, when a team is called to its starting position, it must not take more than thirty seconds to get to the starting position.
- 608.3 Prior to competitions, each team must file with the National Secretary, a team roster listing the team members including alternates.
- 608.4 All draws for skating order shall be public. Each team must be informed as to the location where the draws will be held.

700 SECTION - THE KIWI SKATE PROGRAMME

701 TESTING OF CANDIDATES

- 701.1 For tests up to and including the Advanced badge, tests shall be judged by a NZISA Judge, Professional Coach or any skater who has passed any Inter Silver NZISA medal. NZISA Judges shall test candidates for all higher level badges.
- 701.2 The skills that shall be tested for each badge are labelled "Skills for Assessment". Items labelled "Teaching Progression Ideas" are skills that are taught but not tested.

702 KIWI SKATE BADGES (GENERAL)

TINY TOTS 1 BADGE (6 years of age and under)

Skills for Assessment

- 1) Proper way to fall and get up (standing still). Dip position, bring arms into chest and fall to ice either side of bottom. To get up roll onto knees and hands, raise one foot, placing between hands on ice, then the other foot, with both feet flat on the ice between hands, stand up.
- 2) Dip standing still. Skater to bend knees to squat position with arms stretched forward. Hips no higher than knees.
- 3) Forward two-foot glide, length of glide equal to skater's height - feet no further than a blade length apart.
- 4) Skate half way across width of rink without falling.

TINY TOTS 2 BADGE (6 years of age and under)

Skills for Assessment

- 1) V position and push. Skater must stand in V position - heel of front foot placed at instep of back foot, then push from inside edge of back foot (both feet).
- 2) Back wiggle. The skater must wiggle backwards, distance equal to the height of the skater.
- 3) Forward sculling. Three in and out movements to glide distance equal to skater's height. May take three forward steps prior to this move.
- 4) Dip whilst moving, length of glide equal to skater's height with feet no further than a blade length apart.

BEGINNER BADGE

Skills for Assessment

- 1) Rhythm skating: one count per glide across width of ice.
- 2) Forward skating and glide on two feet across the width of the rink.
- 3) Forward skating and glide on two feet, then bending hands out in front of chest, returning to standing glide position (Pee Wee – position important).
- 4) Stopping - any skid stop (e.g. snow plough, side stop).
- 5) Backward marching with toes turned in (seesaw) across the width of rink.

Teaching Progression Ideas

- 1) Proper way to fall and get up (standing still). Dip position, bring arms into chest and fall to ice either side of bottom. To get up roll onto knees and hands, raise one foot, placing between hands on ice, then the other foot, with both feet flat on the ice between hands, stand up.
- 2) Balance and posture (emphasis on body alignment & blade position). Arms up while skating.
- 3) Eye focus up while skating.
- 4) Marching on the spot
- 5) 360 degree turn on the spot (clockwise and counter clockwise) with ¼ bend turns; ½ bends
- 6) 360 degree marching on the spot (clockwise and counter clockwise) (marching spin)
- 7) Two foot glide on a curve (both directions – tight glide turn)

ELEMENTARY BADGE

Skills for Assessment

- 1) "T" pushes: push off from heel to instep on an inside edge, glide forwards for length of skater's body. (On each foot).
- 2) Forward double sculling across the width of the rink
- 3) Backward skating, using alternating 'C' sculling (eight consecutive push-glide sequences).
- 4) Forward stroking across the ice: Glide on each foot for length of skater's body (right and left)
- 5) snow plough stops – left and right foot.

Teaching Progression Ideas

- 1) Forward stroking to a rhythm of 2 counts per glide, using length or 2 widths of the ice.
- 2) Backward two foot sculling (eight consecutive push glide sequences)
- 3) Slalom (forward in any manner).
- 4) Forward one foot glide on a curve (foot to pass from behind to in front).
- 5) 2-foot jump on the spot.
- 6) 360 degree turn on the spot (choice of direction).

BASIC BADGE

Skills for Assessment

- 1) Forward pumping on a circle on two feet, complete a right circle, stop then complete a left circle.
- 2) Two foot turn forwards to backwards and backwards to forwards on curve while skating.
- 3) Forward crosscuts on a circle in both directions.
- 4) Backwards, half snow plough (both feet).
- 5) Backward skating across width of ice using "C" pushes, (show a push & glide on alternating feet).
- 6) Forward inside edges on a long axis (1/2 circles on alternate feet).

Teaching Progression Ideas

- 1) Forward stroking across the width of the rink (four counts per glide), half snow plough stop.
- 2) Forward skating on a circle - held on one foot - edges outside and inside (both directions).
- 3) Backward two-foot glide (1/3 of width of rink).
- 4) Two foot turn from forwards to backwards and backwards to forwards while skating (on line) – both directions

NOVICE 1 BADGE

Skills for Assessment

- 1) Backward one foot glides on a straight line, held for skaters length of body
- 2) Two foot spin for three revolutions in skater's chosen direction
- 3) Backward pumping on a circle, complete a right circle, stop then complete a left circle.
- 4) Forward outside edges on long axis - using proper push off, curving from a line and back to a line.
- 5) Three turns (both directions, inside).
- 6) Back inside mohawks

Teaching Progression Ideas

- 1) Slalom two foot continuous sways/Slalom edges or crosscuts (forwards and/or backwards).
- 2) Two foot spin for three revolutions in both directions.
- 3) Drag.

NOVICE 2 BADGE

Skills for Assessment

- 1) Forward inside mohawk (both directions).
- 2) Forward spirals on a curve (skater's choice of foot).
- 3) BO to FO Mohawks (hold glide for 2 counts before & after Mohawks) (LBO to RFO), (RBO to LBO).
- 4) Three Turns (both directions, outside).
- 5) Backward crosscuts on a circle in both directions
- 6) Forward two foot parallel side stop (both directions)
- 7) Backward one-foot glides around a circle, sustaining a BO & BI glide, both directions with foot pushing in front and then passing to behind skating foot.

Teaching Progression Ideas

- 1) Backward pumping in both directions (hold each for two counts).
- 2) Two foot jump forwards to backwards while skating.
- 3) Forward spiral in a straight line (both feet)
- 4) Inside spread eagle

ADVANCED BADGE

Skills for Assessment

- 1) Sequence of: 3 forward crossovers - FO Three Turn – 3 backward crossovers – BO-FO Mohawk. Sequence repeated both directions.
- 2) Sequence: FO-BI 3 turn then push onto a BO edge glide, repeat minimum of 4 times around circle. (Both directions)
- 3) FI-BO 3 turn, step forward to FO edge, repeat minimum of 4 times around circle. (Both directions).
- 4) 3 forward crossovers FI-BI Mohawk – 3 back crossovers BI-FI Mohawk. Repeated minimum of 3 times around circle. (Both directions).
- 5) RFI - LBI mohawk; Forward crosscuts/RFI - LBI mohawk/backward crosscuts/LBI - RFI mohawk on a counter clockwise circle. Repeat a minimum of three times.
- 6) Backward spirals on a curve, length of glide equal to skater's height (skater's choice of foot).
- 7) Backward outside edges - curving from a line and back to the line, first on the right foot then on the left foot.
- 8) Backward outside to forward inside three turns
- 9) Backward inside to forward outside three turns

Teaching Progression

- 1) Backward two-foot turn on a curve – both directions.
- 2) Back spirals in a straight line (both feet)

PROFICIENCY

Skills for Assessment

- 1) Backward inside edges (may start from a three turn) - curving from a line and back to a line, first on the right foot, then on the left.
- 2) Forward perimeter stroking: Using full ice surface, begin with 1 lap forwards, crossovers on ends of ice and stroking glides up the length of ice. Using a FO Three turn or a FI Mohawk to turn backwards and complete 1 lap backwards. (Both directions)
- 3) Forward crosscuts in a figure eight pattern.
- 4) Backwards crosscuts in a figure eight pattern.
- 5) Forward outside spiral on a curve (both feet).
- 6) Forward inside spiral on a curve (both feet).
- 7) Simple step sequence.
- 8) Figure Eights – Outside and Inside.

Teaching Progression

- 1) Side hops, three jumps, drags, shoot the ducks and original footwork moves)

703 KIWI SKATE FIGURE BADGES

FIGURE 1 BADGE

Skills for Assessment

- 1) Forward outside edges across width of rink.
- 2) Forward inside edges across width of rink
- 3) Backward outside edges across width of rink.
- 4) Backward inside edges across width of rink.

FIGURE 2 BADGE

Skills for Assessment

- 1) LBO - LFI three turn.
- 2) RBO - RFI three turn.
- 3) Forward outside eight (2 eights to be completed, optional starting foot).
- 4) Forward inside eight (2 eights to be completed, optional starting foot).

FIGURE 3 BADGE

Skills for Assessment

- 1) LBI - LFO three turn.
- 2) RBI - RFO three turn.
- 3) Waltz eight (2 eights to be completed, optional starting foot).

FIGURE 4 BADGE

Skills for Assessment

- 1) FO - FI Change curve
- 2) FI - FO Change curve
- 3) Backward outside eight (2 eights to be completed, optional starting foot).

704 KIWI SKATE STROKING BADGE

STROKING BADGE

Skills for Assessment

- 1) Circle stroking (outside). The skater shall complete three or more forward crossovers followed by FO Three Turn, and completes three or more backward crossovers. The skater then glides on the BO edge, stepping onto FO edge on the other foot. This sequence should be repeated three times. It must be performed in both clockwise and anticlockwise directions.
- 2) Circle stroking (inside). The skater shall complete three or more forward crossovers followed by a FI Mohawk. The skater then changes to the BO edge of the other foot and completes three or more backward crossovers. The skater then glides on a BI edge, stepping onto the FI edge of the other foot (mohawk type turn). This sequence should be repeated three times. It must be performed in both clockwise and anticlockwise directions.
- 3) Rink stroking. The skater shall do forward crossovers around each end of the rink interspersed with at least four long strongly held edges down each side. Three laps of the rink in both clockwise and anti-clockwise directions are required. Special attention to be given to speed, glide and carriage.

705 KIWI SKATE FREE SKATING BADGES

FREE SKATING 1 BADGE

Skills for Assessment

- 1) Forward bunny hop - left or right foot.
- 2) Waltz jump (entry from backwards crosscuts).
- 3) Half flip jump.
- 4) Forward pivot.
- 5) 1-foot spin 3 revolutions (optional entry)
- 6) Back spirals on a curve (outside and inside/ right and left foot)
- 7) Simple step sequence (min. of five steps).

Teaching progression ideas

- 1) Backwards straight toe jump ('pop' jump) – alternating feet
- 2) Tea pot – forwards.

FREE SKATING 2 BADGE

Skills for Assessment

- 1) Toe loop jump.
- 2) Salchow jump.
- 3) Split jump.
- 4) 1-foot spin 3 revolutions (correct entry)
- 5) Backward pivot.
- 6) Inside Ina Bauer or forward inside spread eagle
- 7) Jump combination - waltz jump / toe loop jump.
- 8) Footwork of a more advanced nature (straight line, minimum of eight steps).

Teaching progression ideas

- 1) Marching spin 2 rotations
- 2) 2-foot spin in sitting position
- 3) Tea pot - backwards

FREE SKATING 3 BADGE

Skills for Assessment

- 1) Stag jump.
- 2) Loop jump.
- 3) Back one foot spin (three revolutions)
- 4) Camel spin or sit spin (three revolutions)
- 5) Jump combination - salchow jump / toe loop jump.
- 6) Half lutz jump
- 7) Flip jump
- 8) Footwork on a curve (minimum of eight steps).

Teaching Progression ideas

- 1) 360 degree two foot jump on the spot.

FREESTYLE BADGE

A one and a half minute programme to music, to include at least four different jumps, a minimum of two spins, one or more forward or backward spiral, spread eagle or pivot movements, simple connecting movements, one step sequence, and an opening and closing movement. Other movements allowed.

706 KIWI SKATE DANCE BADGES

Skills for Assessment

DANCE 1 BADGE

- 1) Forward outside swing rolls (count of six).
- 2) Forward progressives (Dutch Waltz timing).
- 3) Dutch Waltz (skated to music with a partner).
- 4) Forward chasses (count of four).
- 5) Forward slide chasses (count of four).

DANCE 2 BADGE

- 1) Forward progressives (Canasta timing).
- 2) Forward cross rolls
- 3) Forward progressives/chasse (one count per step)
- 4) Swing change of edge
- 5) Forward swing rolls (count of four).
- 6) Canasta Tango (skated to music with a partner).
- 7) Baby Blues (skated to music with partner)

DANCE 3 BADGE

- 1) Backward swing rolls (count of four).
- 2) Backward chasses (count of four).
- 3) RFI - LBI mohawk (open, closed or swing; count of two plus two).
- 4) LFO RFI LFO RFI progressive steps mohawk (RFI - LBI)/RBO. Repeat on a circle (two counts per step).
- 5) Swing Dance (skated to music with a partner).

DANCE 4 BADGE

- 1) Forward cross rolls (count of two).
- 2) Cross step (count of two).
- 3) RFOI change of edge (count of four plus two).
- 4) RFI - LBI open mohawk (count of one plus one).
- 5) Fiesta Tango (skated to music with a partner).

DANCE 5 BADGE

- 1) Backward progressives (count of four).
- 2) LFO - RBO open mohawk (count of one plus one).
- 3) FO - BI closed three turn (RFO for man, LFO for lady) (count of one plus one).
- 4) RFO roll with knee bend (count of four).
- 5) Tenfox (skated to music with or without a partner).

DANCE 6 BADGE

- 1) RFI - LBI mohawk (count of three plus three).
- 2) RFO - LBI closed three turn (count of two plus one)/LBO - RBI - LBO progressive. Repeat on a clockwise circle.
- 3) Willow Waltz (skated to music with or without a partner).

707 KIWI SKATE SYNCHRONIZED SKATING BADGES

Skills for Assessment

SYNCHRONIZED SKATING 1 BADGE

The following synchronized manoeuvres should be done with a count but do not need to be connected as a programme:

- 1) Forward kickline (at least ½ length of rink)
- 2) Circle formation: optional steps
- 3) Two spoke pinwheel (shoulder, waist or hand hold).
- 4) Forward diagonal cross through (splicing).
- 5) Forward pump circle (optional hold, clockwise and counter clockwise).
- 6) Footwork sequence in a line formation.
- 7) Forward and backward stops in block formation.

SYNCHRONIZED SKATING 2 BADGE

This test is to be skated as a programme to music of up to 3 minutes duration for 8 to 16 skaters and to include the following:

- 1) Forward line formation (1/2 length of rink or more).
- 2) Backward horizontal line.
- 3) Two spoke pinwheel (optional hold) forwards or backwards.
- 4) Forward line pass through.
- 5) Circle formation: forward crosscuts/three turn or mohawk/backwards crosscuts/three turn or mohawk (optional hold). Repeat twice.
- 6) Footwork sequence in block formation.
- 7) Pivot wheels.

800 SECTION - ADULT SKATING TESTS

801 TESTS – GENERAL REQUIREMENTS

801.1 Skaters sitting Adult Skating medal tests must have attained the age of 18 years or more at the time of the test application. Skaters sitting Pairs or Dance tests may be partnered by a skater under the age of 18. An Adult test skater may also sit NZISA medal tests if they so choose.

801.2 Skaters who hold passes in NZISA medal tests and qualify as an Adult under Rule 801.1 may cross-credit to the equivalent Masters level or if a period of ten or more years since passing the standard test, may cross credit one test level below.

Adult	Freeskate	Pairs	Dance	Free Dance
Preliminary	Preliminary	Preliminary	Preliminary	
Bronze	Bronze	Bronze	Bronze	Bronze
Silver	Silver	Silver	Silver	Silver
Gold	Gold	Gold	Gold	Gold
Gold Star	Gold Star	Gold Star	Gold Star	

801.3 Skaters who hold passes in Recreational medal tests and qualify as an Adult under Rule 801.1 will automatically be credited to the equivalent Adult Test grade

802 RESKATES

802.1 FREESKATING

In Adult Freeskating and Pairs tests any two required elements failed during the programme may be reskated in isolation, up to two attempts are allowed per element. Elements in isolation need not be reskated in the same context as in the programme. Any elements in isolation must be reskated immediately upon request, without practice.

803 JUDGING OF TESTS

803.1 Marking must be in accordance with the rules applying to the particular level of skating and any particular rules set out in the test requirements. The closed marking system shall be used for all tests.

803.2 The Area Technical Committee shall appoint two Judges for all tests or a single panel judge, with a classification of Gold or higher for that discipline, may be used for all tests.

803.3 The candidate must satisfy each of the Judges appointed for all tests

803.4 The candidates order of skating for each grade, when there are more than one skater, shall be drawn by the Referee of the day

803.5 For Adult Compulsory Dance tests where both skaters are sitting the test at the same time, the Area Technical Committee shall appoint three Judges for tests up to and including Inter Silver and four Judges for all other tests.

804 REQUIREMENTS FOR FIGURE TESTS – Deleted in 2006

805 FIGURE TESTS – Deleted in 2006

806 STROKING TESTS

806.1 The tests are the same as those applied in Rule 510

807 REQUIREMENTS FOR FREE SKATING TESTS

The emphasis is to be on Artistic Impression rather than Technical Merit, although this should be taken into consideration. Vocal music and props are permitted.

808 FREE SKATING TESTS

TEST 1 PRELIMINARY MEDAL

A one minute thirty second programme including:

- a) Waltz jump
- b) Forward or backward pivot
- c) Two foot spin (minimum three revolutions)
- d) Forward or backward spiral

Evaluated as Pass / Fail

NOTE: For tests 2 – 5, the execution/performance of the programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate must be evaluated for execution/performance as meets or exceeds the standard expected at that level.

TEST 2 BRONZE MEDAL

A two minute programme including:

- a) Flip jump
- b) Loop jump
- c) A combination jump of Salchow and Toe loop
- d) Camel or sit spin (minimum 4 revolutions)
- e) Upright spin (minimum 4 revs)
- f) Step sequence (straight line, circular or serpentine)

TEST 3 SILVER MEDAL

A two minute thirty second programme including:

- a) Two different jumps chosen from: Loop, Flip, Lutz
- b) Axel Paulsen
- c) Combination jump consisting of Flip/Loop or Lutz/Loop or one double and one single jump
- d) Ladies: Layback or sideways leaning spin (minimum 6 revolutions)
Men: Camel or sit spin (minimum 6 revolutions)
- e) Combination spin with one change of foot and/or one change of position (minimum 6 revolutions, or 5 revolutions on each foot if a change of foot is executed)
- f) Ladies: Spiral sequence consisting of two or more spirals
Men: Step sequence (straight line, circular or serpentine)

TEST 4 GOLD MEDAL

A three minute programme including:

- a) Axel Paulsen
- b) Double Salchow or Double Toe Loop
- c) Combination jump consisting of one double and one single jump
- d) Ladies: Layback or sideways leaning spin
Men: Camel or sit spin
- e) Combination spin with one change of foot and one change of position
- f) Flying spin (minimum 6 revolutions)

- g) Ladies: Spiral sequence consisting of two or more spirals
Men: One step sequence (straight line, circular or serpentine)
- h) Ladies: Spiral Step sequence (straight line, circular or serpentine)
Men: One step sequence of a different nature (straight line, circular or serpentine)

TEST 5 GOLD STAR MEDAL

- A three minute and 30 second programme including:
- a) Three different double jumps chosen from Double Salchow, Double Toe loop, Double loop, Double Flip or Double Lutz
- b) Combination jump consisting of two double jumps. One must be different from those included in a)
- c) One flying spin
- d) Two different combination spins with at least one change of foot and two changes of position in each
- e) Ladies: Spiral sequence consisting of two or more spirals
Men: One step sequence (straight line, circular or serpentine)
- f) Ladies: Spiral Step sequence (straight line, circular or serpentine)
Men: One step sequence of a different nature (straight line, circular or serpentine)

809 REQUIREMENTS FOR PAIR SKATING TESTS

The emphasis is to be on Artistic Impression rather than Technical Merit, although this should be taken into consideration. Vocal music and props are permitted.

810 PAIR SKATING TESTS

TEST 1 PRELIMINARY MEDAL

- A one minute thirty second programme including:
- a) Solo Waltz jump
- b) Forward or Backward pivot spiral
- c) Solo upright spin (minimum 4 revs)
- d) Solo Salchow or toe loop

Evaluated as Pass / Fail

NOTE: For tests 2 – 5, the execution/performance of the programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate must be evaluated for execution/performance as meets or exceeds the standard expected at that level.

TEST 2 BRONZE MEDAL

- A two minute programme including:
- a) A pair spin (minimum 3 revolutions)
- b) Solo camel or sit spin (minimum 4 revolutions)
- c) Waltz lift
- d) Forward pivot spiral (man in crossed pivot position)
- e) Solo jump chosen from: Toe Loop, Loop and Flip

TEST 3 SILVER MEDAL

A two minute thirty second programme including:

- a) A pair combination spin with one change of position and/or foot
- b) Solo combination spin with at least one change of position and one change of foot (minimum 5 revolutions on each foot)
- c) Lift chosen from: Foxtrot lift, loop lift and split lift
- d) Spiral step sequence
- e) Step sequence (straight line, circular or serpentine)
- f) Solo Flip or Lutz
- g) Backward pivot spiral (Man in crossed pivot position)

TEST 4 GOLD MEDAL

A three minute programme including:

- a) A pair combination spin with one change of position and one change of foot
- b) Solo combination spin with one change of position and one change of foot
- c) Split twist lift
- d) Spiral step sequence
- e) Step sequence (straight line, circular or serpentine)
- f) Solo Axel Paulsen
- g) Solo Double Salchow or Double Toe Loop
- h) Back inside death spiral

TEST 5 GOLD STAR

A three minute thirty second programme including:

- a) A pair combination spin with one change of position and one change of foot
- b) Any two solo double jumps
- c) Overhead lift
- d) Throw axel
- e) Solo flying spin
- f) Forward death spiral
- g) Spiral step sequence
- h) Step sequence of an advanced nature (straight line, circular or serpentine)

811 REQUIREMENTS FOR COMPULSORY DANCE

The emphasis is on timing and expression rather than technique, although this should be taken into consideration. Credit is to be given to passed dances on the test. Dances may be skated as either a couple or as a solo.

812 COMPULSORY DANCE TESTS

TEST 1 PRELIMINARY MEDAL

Dutch Waltz
Canasta Tango

Evaluated as Pass / Fail

NOTE: For tests 2 – 8, the execution/performance of the dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a dance to be considered as a pass, the candidate must be evaluated for the execution/performance as meets or exceeds the standard expected at that level.

- TEST 2** **INTER BRONZE MEDAL**
Baby Blues
Swing Dance
- TEST 3** **BRONZE MEDAL**
Fiesta Tango
Willow Waltz
Tenfox
- TEST 4** **INTER SILVER MEDAL**
Foxtrot
Fourteenstep
European Waltz
- TEST 5** **SILVER MEDAL**
Any four of the following dances (to be declared at the time of the test application):
American Waltz
Killian
Blues
Tango
Rocker Foxtrot
- TEST 6** **INTER GOLD MEDAL**
Any four of the following dances (to be declared at the time of the test application):
Starlight Waltz
Westminster Waltz
Quickstep
Paso Doble
Cha Cha Congelado
- TEST 7** **GOLD MEDAL**
Any four of the following dances (to be declared at the time of the test application):
Viennese Waltz
Argentine Tango
Rhumba
Austrian Waltz
Silver Samba
- TEST 8** **GOLD STAR MEDAL**
Any three of the following dances (to be declared at the time of the test application):
Tango Romantica
Ravensburger Waltz
Yankee Polka
Golden Waltz

813 ORIGINAL DANCE TESTS

NOTE: For tests 1 – 3, the execution of required elements / performance of the dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for the original dance to be considered as a pass, the candidate(s) must be evaluated for the execution / performance as meets or exceeds the standard expected at that level.

TEST 1 BRONZE MEDAL

An Original Dance programme of two minutes duration.

Requirements: -1 dance spin - at least 1 revolution
-1 step sequence (circular or diagonal)
-No dance lifts allowed

Display of distinct lobes with emphasis on edges.

Dance may not cross the long axis except at the short barrier ends and during the designated step sequence.

TEST 2 SILVER MEDAL

An Original Dance programme of three minutes duration.

Requirements: -1 dance spin - at least 1 revolution
-1 step sequence (circular or diagonal)
-No dance lifts allowed

Display of distinct lobes with emphasis on edges.

Dance may not cross the long axis except at the short barrier ends and during the designated step sequence.

TEST 3 GOLD MEDAL

Requirements: -1 dance spin - 2 rotations
-1 step sequence (circular or diagonal)
-Up to 2 dance lifts allowed

Display of distinct lobes with emphasis on edges.

Dance may not cross the long axis except at the short barrier ends and during the designated step sequence.

814 REQUIREMENTS FOR FREE DANCE TESTS

The emphasis is on Presentation rather than Technical Merit, although this should be taken into consideration. Although lifts are permitted as per ISU regulations they are not expected. Vocal music and props are permitted.

815 FREE DANCE TESTS

NOTE: For tests 1 – 3, the execution of required elements / performance of the dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for the free dance to be considered as a pass, the candidate(s) must be evaluated for the execution / performance as meets or exceeds the standard expected at that level.

TEST 1 BRONZE MEDAL

A Free Dance programme of two minutes duration.

The emphasis should be placed on steps, flow and timing rather than on lifts.

- One Diagonal, Straight-Line or Circular Step Sequence must be included, extending from barrier to barrier as far as practicable. The step sequence must incorporate footwork for both partners and the partners must maintain Closed, Tango and/or Open position throughout. Lifts, jumps dance spins and stops are not allowed during the step sequence.
- One dance spin must be included, with a minimum of 1 revolution on one foot for each partner. The position is optional.
- Assisted jumps are permitted, but lifts are not permitted.

TEST 2 SILVER MEDAL

A Free Dance programme of three minutes duration.

The emphasis should be placed on steps, flow and timing rather than on lifts.

- One Diagonal, Straight-Line or Circular Step Sequence must be included, extending from barrier to barrier as far as practicable. The step sequence must incorporate footwork for both partners and the partners must maintain Closed, Tango and/or Open position throughout. Lifts, jumps dance spins and stops are not allowed during the step sequence.
- One dance spin must be included, with a minimum of 2 revolutions on one foot for each partner. The position is optional.
- Assisted jumps are permitted and a maximum of two dance lifts are permitted.

TEST 3 GOLD MEDAL

A Free Dance programme of four minutes duration

The emphasis should be placed on steps, flow and timing rather than on lifts.

- One Diagonal, Straight-Line or Circular Step Sequence must be included, extending from barrier to barrier as far as practicable. The step sequence must incorporate footwork for both partners and the partners must maintain Closed, Tango and/or Open position throughout. Lifts, jumps dance spins and stops are not allowed during the step sequence.
- One combination dance spin must be included, with a minimum of 2 revolutions on one foot for each partner. The position is optional.
- Assisted jumps are permitted and a maximum of three dance lifts are permitted.

APPENDICES TO NZISA RULES AND REGULATIONS

APPENDIX A - ISU Judging System Abbreviations

SINGLES

Jumps

T	Toe Loop
S	Salchow
Lo	Loop
F	Flip
Lz	Lutz
A	Axel

A 1, 2, 3 or 4 in front of these means the number of revolutions for the jump, e.g. **3T** means Triple Toe Loop.

When listing combination jumps, indicate the jumps with a + sign in between, e.g. **2F + 2T** means a Double Flip + Double Toe Loop Combination.

When listing jumps for a sequence, indicate the jumps with a + sign between and the put the abbreviation SEQ, e.g. **2Lz + 2Lo + 2T SEQ** means Double Lutz + Double Loop + Double Toe Loop Sequence

Non-classified jumps such as Waltz, split, stag, whalleys, etc. do not have abbreviations and do not need to be listed for sequences.

Spins

USp	Upright Spin
SSp	Sit Spin
CSp	Camel Spin
LSp	Layback Spin

C signifies a change of foot, e.g. **CCSp** means Change Foot Camel Spin (one change of foot and no change of position).

F signifies a flying spin, **FSSp** means Flying Sit Spin

Co signifies a combination spin, e.g. **CoSp** means Spin Combination with change of position and no change of foot (**positions do not need to be specified**).

A Spin Combination with change of position and change of foot is indicated by putting a **C** and a **Co** before the **Sp**, e.g. **CCoSp** (**positions do not need to be specified**).

Step Sequences

SlSt	Straight Line Step Sequence
CiSt	Circular Step Sequence
SeSt	Serpentine Step Sequence
SpSq	Spiral Sequence

PAIRS

Jumps

As per Singles and;

Throw Jumps

TTh	Toe Loop
STh	Salchow
LoTh	Loop
FTh	Flip/Lutz

A 1, 2, 3 or 4 in front of these means the number of revolutions for the jump, e.g. **3STh** means Triple Salchow Throw Jump.

Spins

As per Singles and;

Pair Spins

PSP Pair Spin

PCoSp Pair Combination Spin

Step Sequences

As per Singles

Lifts

1Li Group 1 Lift

2Li Group 2 Lift

3Li Group 3 Lift

4Li Group 4 Lift

5Li Group 5 Lift

5Ali Group 5, Axel Lasso

Tw Twist Lifts (a1, 2, 3 or 4 in front of the Tw indicates the number of rotations in the Twist Lift).

Death Spirals

FiDs Forward Inside

BiDs Backward Inside

FoDs Forward Outside

BoDs Backward Outside

ICE DANCING

Dance Spins

Sp Spin

CoSp Combination Spin

Lifts

StaLi Stationary Lift

SILi Straight Line Lift

CuLi Curve Lift

RoLi Rotational Lift

SeLi Serpentine Lift

RRoLi Reverse Rotational Lift

When listing combination lifts, indicate the lifts with a + sign in between, e.g. CuLi + RoLi means a Curve Lift + Rotational Lift Combination.

Synchronized Twizzles

STw Synchronized Twizzles (per set)

Step Sequences

SlSt Straight Line in Hold

MiSt Midline in Hold

DiSt Diagonal in Hold

ACiSt Circular (anti-clockwise)

SeSt Serpentine

CCiSt Circular (clockwise)

NtMiSt Midline Not Touching (with sequential Twizzles)

SYNCHRONIZED SKATING

Block

B1 **Group 1** (No change in configuration)

B2 **Group 2** (One change in configuration)

B3 **Group 3** (Two or more changes of configuration)

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each Block group.

Wheel

W1	Group 1
W2	Group 2
W3	Group 3

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each Wheel group.

Intersection

I1	Group 1
I2	Group 2
I3	Group 3

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each Intersection group.

No Hold Step Sequence

NHS1	Group 1
NHS2	Group 2
NHS3	Group 3
NHS4	Group 4

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each NHS group.

Moves in the Field Sequence

MF1	Group 1
MF2	Group 2
MF3	Group 3
MF4	Group 4
MF5	Group 5

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each MF group.

Spin

SP1	Group 1
SP2	Group 2
SP3	Group 3

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each Spin group.

Line

L1	Group 1
L2	Group 2
L3	Group 3

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each Line group.

Circle

C1	Group 1
C2	Group 2
C3	Group 3

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each Circle group.

Movements in Isolation

MI1	Group 1
MI2	Group 2
MI3	Group 3
MI4	Group 4
MI5	Group 5

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each MI group.

Abbreviations for Features as evaluated by Technical Specialist

The following abbreviations are used by the Technical Panel when evaluated the features of the various elements. These do not need to be used on the Planned Program Content sheets submitted by the teams. **Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for the Groups of Difficulty for each of the features.**

Step Sequences

s1	Group 1
s2	Group 2
s3	Group 3
s4	Group 4

The Point of Intersection

pi1	Group 1
pi2	Group 2
pi3	Group 3
pi4	Group 4

Free Skating Elements

fe1	Free Skating Elements Group 1
fe2	Free Skating Elements Group 2
fe3	Free Skating Elements Group 3

Free Skating Moves

fm1	Free Skating Moves Group 1
fm2	Free Skating Moves Group 2
fm3	Free Skating Moves Group 3

Please see ISU Rules for Synchronized Skating and subsequent ISU Communications for requirements for each features group.

APPENDIX B - Figure Numbers

Non-ISU Figures

Forward Outside Curve

Forward Inside Curve

Backward Outside Curve

Backward Inside Curve

Change Curve RFO - RFI LFO - LFI

Change Curve LFI - LFO RFI - RFO

Figure Numbers

Figure No 1 Eight	RFO	Figure No 26a Change Three	RFO
Figure No 2 Eight	RFI	Figure No 26b Change Three	LFO
Figure No 3 Eight	RBO	Figure No 27a Change Three	RFI
Figure No 4 Eight	RBI	Figure No 27b Change Three	LFI
Figure 5a Change	RFO	Figure No 28a Change Double Three	RFO
Figure 5b Change	LFO	Figure No 28b Change Double Three	LFO
Figure No 6a Change	RBO	Figure No 29a Change Double Three	RBO
Figure No 6b Change	LBO	Figure No 29b Change Double Three	LBO
Figure No 8a Three	RFO – LBI	Figure No 30a Change Loop	RFO
Figure No 8b Three	LFO – RBI	Figure No 30b Change Loop	LFO
Figure No 9a Three	RFI – LBO	Figure No 31a Change Loop	RBO
Figure No 9b Three	LFI – RBO	Figure No 31b Change Loop	LBO
Figure No 10 Double Three	RFO	Figure No 32a Change Bracket	RFO
Figure No 11 Double Three	RFI	Figure No 32b Change Bracket	LFO
Figure No 12 Double Three	RBO	Figure No 33a Change Bracket	RFI
Figure No 13 Double Three	RBI	Figure No 33b Change Bracket	LFI
Figure No 14 Loop	RFO	Figure No 34a Paragraph Three	RFO
Figure No 15 Loop	RFI	Figure No 34b Paragraph Three	LFO
Figure No 16 Loop	RBO	Figure No 35a Paragraph Three	RBO
Figure No 17 Loop	RBI	Figure No 35b Paragraph Three	LBO
Figure No 18a Bracket	RFO	Figure No 36a Paragraph Double Three	RFO
Figure No 18b Bracket	LFO	Figure No 36b Paragraph Double Three	LFO
Figure No 19a Bracket	RFI	Figure No 37a Paragraph Double Three	RBO
Figure No 19b Bracket	LFI	Figure No 37b Paragraph Double Three	LBO
Figure No 20a Rocker	RFO	Figure No 38a Paragraph Loop	RFO
Figure No 20b Rocker	LFO	Figure No 38b Paragraph Loop	LFO
Figure No 21a Rocker	RFI	Figure No 39a Paragraph Loop	RBO
Figure No 21b Rocker	LFI	Figure No 39b Paragraph Loop	LBO
Figure No 22a Counter	RFO	Figure No 40a Paragraph Bracket	RFO
Figure No 22b Counter	LFO	Figure No 40b Paragraph Bracket	LFO
Figure No 23a Counter	RFI	Figure No 41a Paragraph Bracket	RBO
Figure No 23b Counter	LFI	Figure No 41b Paragraph Bracket	LBO
Figure No 24a One Foot Eight	RFO		
Figure No 24b One Foot Eight	LFO		
Figure No 25a One Foot Eight	RBO		
Figure No 25b One Foot Eight	LBO		

APPENDIX C - Stroking Test Patterns

ELEMENTARY	TEST 0	Forward Perimeter Stroking Basic Consecutive Edges
PRELIMINARY	TEST 1	Forward and Backward Crossovers Spiral Sequence Forward Power 3-Turns Alternating Forward 3-Turns (<u>Inside only</u>)
INTER BRONZE	TEST 2	Waltz Eight Forward Perimeter Power Crossover Stroking - <u>draw for direction</u> Backward Perimeter Power Crossover Stroking - <u>draw for direction</u> 3-Turns in the Field - FO BI 3-Turns in the Field - FI BO Alternating Backward Crossovers to Backward Outside Edges
BRONZE	TEST 3	Eight Step Mohawk Sequence Forward and Backward Free Skating Cross Strokes Backward Power 3-Turns Forward Double 3-Turns Five step Mohawk Sequence
INTERSILVER	TEST 4	Stroking: Forward Power Circle Backward Power Circle Backward Perimeter Power Stroking Backward Power 3-Turns Backward Double 3-Turns Bracket-Three-Bracket Pattern Inside Slide Chasse Pattern
SILVER	TEST 5	Fwd Perimeter Power Stroking Backward Quick Rocker Turn seq. Backward Perimeter Power Stroking with Back Inside 3-turns Forward and Backward Outside Counters Forward and Backward Inside Counters Backward Swing Rocker Sequence Spiral Sequence
INTERGOLD	TEST 6	Stroking: Forward Power Circles Stroking: Backward Power Circles Forward and Backward Outside Rockers Forward and Backward Inside Rockers Power Pulls Straight Line Choctaw Sequence
GOLD	TEST 7	Sustained Edge Step Extension Spiral Step Backward Outside Power Double 3-Turns to Power Double Inside Rockers Backward Inside Power Double 3-Turns to Power Double Outside Rockers Quick Edge Step
GOLD STAR	TEST 8	Accelerating Mohawks, Choctaws and Gallops Creative Exercises Expanding Exercises CW, CCW

APPENDIX D - Non-ISU Dance Patterns and Scale of Values

Dutch Waltz*
Canasta Tango*
Baby Blues*
Tenfox*
Swing Dance*
Fiesta Tango*
Willow Waltz*
Golden Skaters Waltz*
Riverside Rhumba*
Hickory Hoedown*
ChaCha*
Rhythm Blues*

*Non-ISU Dance

Non-ISU and ISU Dance Patterns available through link on NZISA website.

Scale of Values for Non-ISU Dances

Dance	Code	+3	+2	+1	Base	-1	-2	-3	Section
Dutch Waltz ¹	1S1	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 1-8
	1S2	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 9-16
	2S1	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 1-8
	2S2	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 9-16
	3S1	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 1-8
	3S2	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 9-16
Canasta Tango ¹	1S1	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 1-8
	1S2	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 9-14
	2S1	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 1-8
	2S2	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 9-14
	3S1	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 1-8
	3S2	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 9-14
Baby Blues ¹	1S1	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 1-8
	1S2	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 9-14
	2S1	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 1-8
	2S2	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 9-14
	3S1	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 1-8
	3S2	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 9-14
Swing Dance ¹	1S1	1.0	0.7	0.3	1.4	-0.3	-0.7	-1.0	Steps 1-8
	1S2	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 9-15
	1S3	1.0	0.7	0.3	1.4	-0.3	-0.7	-1.0	Steps 16-23
	1S4	1.5	1.0	0.5	2.2	-0.5	-1.0	-1.5	Steps 24-30
	2S1	1.5	1.0	0.5	1.6	-0.5	-1.0	-1.5	Steps 1-8
	2S2	2.0	1.3	0.7	2.2	-0.7	-1.3	-2.0	Steps 9-15
	2S3	1.5	1.0	0.5	1.6	-0.5	-1.0	-1.5	Steps 16-23
	2S4	2.0	1.3	0.7	2.6	-0.7	-1.3	-2.0	Steps 24-30
Cha Cha ²	1S1	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 1-7
	1S2	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 8-14
	2S1	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 1-7
	2S2	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 8-14
	3S1	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 1-7
	3S2	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 8-14
Hickory Hoedown ²	1S1	1.0	0.7	0.3	1.1	-0.3	-0.7	-1.0	Steps 1-11
	1S2	1.0	0.7	0.3	1.4	-0.3	-0.7	-1.0	Steps 12-18
	1S3	1.0	0.7	0.3	1.3	-0.3	-0.7	-1.0	Steps 19-23
	2S1	1.5	1.0	0.5	1.5	-0.5	-1.0	-1.3	Steps 1-11
	2S2	1.5	1.0	0.5	1.8	-0.5	-1.0	-1.5	Steps 12-18
	2S3	1.5	1.0	0.5	1.7	-0.5	-1.0	-1.5	Steps 19-23
	3S1	2.0	1.3	0.6	1.9	-0.6	-1.3	-1.8	Steps 1-11
	3S2	2.0	1.3	0.6	2.2	-0.6	-1.3	-2.0	Steps 12-18
3S3	2.0	1.3	0.6	2.1	-0.6	-1.3	-2.0	Steps 19-23	
Rhythm Blues ²	1S1	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 1-8
	1S2	1.5	1.0	0.5	2.2	-0.5	-1.0	-1.5	Steps 9-16
	2S1	2.0	1.3	0.6	2.4	-0.6	-1.3	-2.0	Steps 1-8
	2S2	2.0	1.3	0.6	2.6	-0.6	-1.3	-2.0	Steps 9-16
	3S1	2.5	1.5	0.7	2.8	-0.7	-1.5	-2.5	Steps 1-8
	3S2	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 9-16
Golden Skaters' Waltz ³	1S1	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 1-7
	1S2	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 8-15
	2S1	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 1-7
	2S2	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 8-15
	3S1	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 1-7
	3S2	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 8-15
Willow Waltz ¹	1S1	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 1-11
	1S2	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 12-22
	2S1	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 1-11
	2S2	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 12-22
	3S1	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 1-11
	3S2	2.5	1.5	0.7	3.0	-0.7	-1.5	-2.5	Steps 12-22

Dance	Code	+3	+2	+1	Base	-1	-2	-3	Section
Riverside Rhumba ³	1S1	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 1-9
	1S2	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 10-16
	1S3	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Seps17-24
	2S1	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 1-9
	2S2	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Steps 10-16
	2S3	2.0	1.3	0.6	2.5	-0.6	-1.3	-2.0	Seps17-24
Fiesta Tango ¹	1S1	1.0	0.7	0.3	1.4	-0.3	-0.7	-1.0	Steps 1-8
	1S2	1.0	0.7	0.3	1.8	-0.3	-0.7	-1.0	Steps 9-16
	2S1	1.0	0.7	0.3	1.6	-0.3	-0.7	-1.0	Steps 1-8
	2S2	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 9-16
	3S1	1.0	0.7	0.3	1.8	-0.3	-0.7	-1.0	Steps 1-8
	3S2	2.0	1.3	0.6	2.2	-0.6	-1.3	-2.0	Steps 9-16
	4S1	1.5	1.0	0.5	2.1	-0.5	-1.0	-1.5	Steps 1-8
	4S2	2.5	1.5	0.7	2.6	-0.7	-1.5	-2.5	Steps 9-16
Ten Fox ¹	1S1	1.0	0.7	0.3	1.8	-0.3	-0.7	-1.0	Steps 1-8
	1S2	1.0	0.7	0.3	1.4	-0.3	-0.7	-1.0	Steps 9-14
	2S1	1.5	1.0	0.5	2.0	-0.5	-1.0	-1.5	Steps 1-8
	2S2	1.0	0.7	0.3	1.6	-0.3	-0.7	-1.0	Steps 9-14
	3S1	2.0	1.3	0.6	2.2	-0.6	-1.3	-2.0	Steps 1-8
	3S2	1.0	0.7	0.3	1.8	-0.3	-0.7	-1.0	Steps 9-14

1. Adapted from Skate Canada Scale of Values Chart
2. Adapted from USFSA Scale of Values Chart
3. No Scale of Values Charts available - given Scale of Value equivalency to Baby Blues as similar level of steps to be performed

APPENDIX E – Marking and Determination of Result Using 6.0 System

Where grades are marked under the “6.0” system, the following factors shall apply:

SINGLES

Short Programme	0.5	(33.3%)
Free Skating	1.0	(66.7%)
<u>Adult Skating</u> Free Skating	1.0	(100%)
<u>Adult Interpretive Programme</u>	<u>1.0</u>	<u>(100%)</u>

DANCE

Juvenile, Pre Primary & Primary

Compulsory Dance	0.5	(33.3%)
Original Dance	1.0	(66.7%)

Novice, Junior & Senior

Compulsory Dance	0.4	(20.0%)
Original Dance	0.6	(30.0%)
Free Dance	1.0	(50.0%)

Adult Skating Sapphire, Platinum and Silver

Compulsory Dance	1.0	(100%)
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Adult Skating Topaz, Diamond & Golden

Compulsory Dance	0.5	(33.3%)
Free Dance	1.0	(66.7%)

PAIRS

Short Programme	0.5	(33.3%)
Free Skating	1.0	(66.7%)
<u>Adult Skating</u> Pairs Free Skating	1.0	(100%)

SYNCHRONIZED

Novice, Open, Junior & Senior

Short Programme	0.5	(33.3%)
Free Skating	1.0	(66.7%)

Juvenile & Adult

Free Skating	<u>1.0</u>	<u>(100%)</u>
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Singles and Pairs events will use deductions as per ISU Communication 1086.

Synchronized Skating events will use deductions as per ISU Communication 1283

Dance events will use deductions for marking Compulsory Dance, Original Dance and Free Dance as per ISU Communication 1026.

All forms required for using the 6.0 System for competitions are available on the NZISA website: www.nzisa.com