

## **500 SECTION - TESTS**

### **501 ORDER OF TESTS**

All tests are to be taken in numerical order.

### **502 GENERAL REQUIREMENTS**

- 502.1 Test fees will be set by the Council each year, and will include the cost of a medal and/or certificate. The National Secretary will supply Clubs with a current list of fees. All costs incurred in the taking of any test will be the responsibility of the Club and/or skater concerned and shall not be the responsibility of the Association.
- 502.2 All candidates for tests conducted under the rules of the Association must be members in good standing with an affiliated Club and hold a current NZISA T/C Registration Number.
- 502.3 Applications with fees for tests are to be made by the candidates to their Club Secretary no later than twenty-eight days prior to the proposed test date or by such time and to such persons as indicated on an application form approved by the Area Technical Committee.
- 502.4 It is the responsibility of the Club Secretary/Test Coordinator or representative to arrange the ice time for the tests and advise the Area Technical Committee Secretary or representative who shall arrange the Judges and a Referee, who may be one of the Judges.
- 502.5 On completion of the tests it shall be the responsibility of the Referee to collect all Judges' sheets (including passes and failures) and hand these to the Club Secretary/Test Coordinator or representative within seven days for the completion of a test summary form. The Club Secretary/Test Coordinator shall forward all Judges' sheets together with the test summary form to the National Technical Committee Secretary.
- Payment shall be made to the skater's home club (any cheques to be made out to Club) and then Clubs will be invoiced for the test fees by the NZISA.
- 502.6 If a Referee is not available one of the Judges shall be nominated to take that position.
- 502.7 Additional tests may be taken (time permitting) at the discretion of the Referee provided the completed test application and appropriate fees have been lodged with the Club Secretary/Test Coordinator or representative.
- 502.8 A candidate failing a test will be required to wait a period of one calendar month before taking the test again except that in extenuating circumstances, the Area Technical Committee may set a date less than one calendar month.
- 502.9 A candidate not appearing at the appointed time for their test must send their reason for not appearing in writing to the Area Technical Committee within seven days after the test date. Failure to supply a satisfactory explanation to the Area Technical Committee will necessitate the reapplication for the test plus another test fee.

### **503 CONDITIONS OF ICE AND MUSIC**

- 503.1 The Referee may call off any test where the condition of the ice or music in their opinion is not satisfactory.
- 503.2 The Referee may stop any test due to rinkside interference or distractions to skaters or judges. Restart point at the discretion of the Referee.

### **504 WHOLE TEST ON SAME DAY**

In all cases the whole test must be skated on the same day with the same panel of Judges except for Compulsory Dance tests.

## **505 RESKATES**

- 505.1 Freeskating, Pairs, Stroking and Dance - A test which is complete in itself may be reskated only where external causes interfere.
- 505.2 All the Judges must mark the reskated test as reskated without reference to the original skating.
- 505.3 Elements in isolation – in the event of a failure during the test and at the Judges discretion the following reskates will be permitted:
- Tests 1, 2 and 3 for Freeskating and Pairs, reskates of up to a maximum of two elements may be permitted.
  - Tests 4 and above for Freeskating and Pairs, reskates of up to a maximum of three elements may be permitted.
- The reskates may comprise the same or different elements. Elements in isolation must be reskated immediately upon request, without practice.
- 505.4 Stroking Tests – In the event of failure, one element may be reskated once at the discretion of the Judges, for Test 2 (Inter Bronze) and higher.

## **506 JUDGING OF TESTS**

- 506.1 Marking must be in accordance with the rules applying to the particular level of skating and any particular rules set out in the test requirements. The closed marking system shall be used for all tests.
- 506.2 The Area Technical Committee shall appoint two judges for all tests. One judge can be used for Elementary tests providing that they are graded with a test level of Bronze or higher. Judges that are graded for Gold or higher test level for each discipline may single panel judge tests up to and including Silver. However, it is preferable for two judges to be appointed for all tests.
- 506.3 The candidate must satisfy each Judge appointed for the test.

## **507 TEST CROSS CREDITS**

- 507.1 Skaters who move permanently to New Zealand, or hold a New Zealand passport, and have passed tests of an overseas ISU Member country may be exempted from sitting lower level NZISA tests as follows provided they submit proof of test passes to the NZISA (with elements achieved) and proof of competition level from their previous country.
- a) Skaters at Novice, Junior or Senior level will be granted a cross-credit for the corresponding Free Skate/Stroking/Pairs/Ice Dance test required to enter the respective grade;
  - b) Skaters below Novice level shall start at the Preliminary level test.
  - c) Skaters from overseas will only have their cross credits considered once.

## **508 FIGURE TESTS – Deleted in 2006**

## **509 REQUIREMENTS FOR STROKING TESTS**

### **509.1 GENERAL REQUIREMENTS**

The Stroking Tests are basic skating moves skated with or without music as an optional choice. The terms and judging standards applied are as for basic skating.

The elements in the Stroking Tests shall be skated in the order as set forth in the schedule of tests.

As basic skating elements, Stroking turns must be judged in accordance with the criteria set forth in the corresponding Test Rules.

A draw for direction will be made where the same element is required in both directions with the exception of the Elementary Test.

Stroking must be commenced from a standing, stationary position with a minimum number of introductory steps.

If a skater starts a move on the wrong foot or skates a move other than that prescribed, the Referee must draw attention to the mistake as soon as possible. The mistake must be treated as a false start.

Such fresh start must be allowed only once without penalty

Skaters shall select the area on the ice surface for the Stroking Test, directed by the Referee or Judge in charge

### **509.2 BASIC RULES FOR STROKING**

An effortless, flowing and graceful execution should be achieved. Within the limits of the following rules, complete freedom is allowed to the skater.

- a) The head should be carried in an upright position, relaxed and naturally held
- b) The upper body should be upright but not stiff
- c) The arms should be held gracefully
- d) The free leg should be extended with the toe pointed

The steps must be skated in accordance with the diagrams and descriptions. The number of steps must be skated as prescribed. Subject to a general conformity with the basic requirements, complete freedom is allowed to the skater with respect to arm and free leg positions.

Stroking must be skated with good edges, control, flow, extension, carriage and rhythm. An even speed and flow should be maintained throughout. Maximum utilisation of the ice surface is desirable. Ice coverage must not be obtained by the use of flat or shallow edges.

### **509.3 MARKING**

Stroking will be judged on a pass/fail basis for each element. In determining this result consideration will be given to:

- a) Accuracy – the correct start, steps and adherence to the general pattern
- b) Edge Quality – characterised by a stable arc and controlled body rotation, the edge ideally without subcurves or wobbles, initiated by placing the body and blade on an angle to the surface of the ice and stepping on the required edge. This edge and arc will ideally commence immediately at the point where the skater takes the ice and travels uninterrupted until a required transition takes place

- c) Extension – the controlled stretching of the free leg complimented by an upright body posture. The height of the extension is determined by the type of movement being executed as is the extension of the upper body. The final extended position should always be attained in a controlled fashion
- d) Quickness – quickness refers to foot speed. It is the precise, rapid and crisp execution of turns, change of edge and transitions, usually in a brisk and continuous cadence. Refinements to acknowledge include quick movement that is quiet, fluid and continuous without disturbing the proper and erect carriage of the upper body and without interrupting the established rhythm.
- e) Power – power is obvious and rapid acceleration, often from a standstill position, achieved by a forceful, gripping pressure exerted by the employed, or skating leg and skate against the surface of the ice. Power includes maintaining or increasing speed while executing various skating elements. Power is relative to the size of the skater but can be attained with proper stroking technique.

NOTE: The Technical Committee are to develop a Stroking Test system for Adult skaters with the assistance of coaches and Adult skaters to provide a system of progressive tests at a level appropriate to Adult skaters. This will be included in Section 800 – Adult Skating as soon as possible.

**510 STROKING TESTS - INDEX TO STROKING REQUIREMENTS**

<b>ELEMENTARY</b>	<b>TEST 0</b>	Forward Perimeter Stroking Basic Consecutive Edges
<b>PRELIMINARY</b>	<b>TEST 1</b>	Forward and Backward Crossovers Spiral Sequence Forward Power 3-Turns Alternating Forward 3-Turns (Inside only)
<b>INTER BRONZE</b>	<b>TEST 2</b>	Waltz Eight Forward Perimeter Power Crossover Stroking – draw for direction Backward Perimeter Power Crossover Stroking - draw for direction 3-Turns in the Field - FO BI 3-Turns in the Field - FI BO Alternating Backward Crossovers to Backward Outside Edges
<b>BRONZE</b>	<b>TEST 3</b>	Eight Step Mohawk Sequence Forward and Backward Free Skating Cross Strokes Backward Power 3-Turns Forward Double 3-Turns Five step Mohawk Sequence
<b>INTERSILVER</b>	<b>TEST 4</b>	Stroking: Forward Power Circle Backward Power Circle Backward Perimeter Power Stroking Backward Power 3-Turns Backward Double 3-Turns Bracket-Three-Bracket Pattern Inside Slide Chasse Pattern
<b>SILVER</b>	<b>TEST 5</b>	Fwd Perimeter Power Stroking Backward Quick Rocker Turn seq. Backward Perimeter Power Stroking with Back Inside 3-turns Forward and Backward Outside Counters Forward and Backward Inside Counters Backward Swing Rocker Sequence Spiral Sequence
<b>INTERGOLD</b>	<b>TEST 6</b>	Stroking: Forward Power Circles Stroking: Backward Power Circles Forward and Backward Outside Rockers Forward and Backward Inside Rockers Power Pulls Straight Line Choctaw Sequence
<b>GOLD</b>	<b>TEST 7</b>	Sustained Edge Step Extension Spiral Step Backward Outside Power Double 3-Turns to Power Double Inside Rockers Backward Inside Power Double 3-Turns to Power Double Outside Rockers Quick Edge Step
<b>GOLD STAR</b>	<b>TEST 8</b>	Accelerating Mohawks, Choctaws and Gallops Creative Exercises Expanding Exercises CW, CCW

## 511 REQUIREMENTS FOR FREE SKATING TESTS

- 511.1 There are nine tests in Freeskating.
- 511.2 Except for Test 0 (Elementary Certificate) and Test 8 (Gold Star), the test shall be the Short Program per the Championship Grade and shall be marked accordingly with deductions given for errors as listed in ISU Communications. No additional or unprescribed elements may be added except for connecting steps.
- 511.3 The time may not exceed **two minutes fifteen seconds in Test 1 (Preliminary) and may not exceed two minutes fifty seconds for Test 2 (Inter Bronze) to Test 7 (Gold)**, but in both cases may be less provided all the elements have been included. The time is to be taken from the moment the skater begins to move.

## 512 FREE SKATING TESTS

### TEST 0 ELEMENTARY CERTIFICATE

Demonstrate a command of the following elements to music up to 2 minutes 15 seconds

- a) Jump combination
- b) Salchow
- c) Toe Loop
- d) One foot spin (min 3 revs)
- e) At least one Spiral on a curve
- f) Step sequence fully utilising the length of the ice surface

Evaluated on Pass/Fail basis.

**NOTE:** For tests 1 – 8, the skaters shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be reskated (refer to Rule 505 regarding number of reskates permitted for each test). The presentation/performance of programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

### TEST 1 PRELIMINARY MEDAL

- a) Single Loop jump (or optional single Axel)
- b) Single Flip or single Lutz (free choice) immediately preceded by connecting steps and/or other comparable freeskating movements
- c) One jump combination consisting of two single jumps or one double & one single jump
- d) Upright spin (minimum six revolutions)
- e) Sit spin or camel spin (minimum six revolutions in required position)
- f) Spin with a minimum of one change of position, and an optional change of foot (sit, camel, upright or any variation thereof) (minimum six revolutions or five revolutions on each foot if a change of foot is executed)
- g) LADIES Step sequence (straight line, circular or serpentine) or spiral sequence  
MEN Step sequence (straight line, circular or serpentine)

Minimum GOE Total: -2 total for the 7 elements

### TEST 2 INTER BRONZE MEDAL

- a) Axel Paulsen
- b) Single Flip or single Lutz (free choice) immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two single jumps or one double and one single jump
- d) Upright spin (minimum six revolutions)
- e) Sit spin or camel spin on alternate years (Sit spin in odd years and camel spin in even years) (minimum six revolutions in required position)

- f) Spin with a minimum of one change of position, and an optional change of foot (sit, camel, upright or any variation thereof) (minimum six revolutions or five revolutions on each foot if a change of foot is executed)
- g) LADIES Spiral sequence  
MEN Step sequence (straight line, circular or serpentine)

Minimum GOE Total: -2 total of the 7 elements

**TEST 3 BRONZE MEDAL**

- a) Axel Paulsen (or optional Double Axel)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two double jumps or one single jump followed by one double jump. The jumps must be different from the jump in b).
- d) Flying camel spin (minimum eight revolutions)
- e) Sit spin or camel spin on alternate years (Sit spin in odd years and camel spin in even years) (Minimum eight revolutions in required position)
- f) Spin with a minimum of one change of position, and a compulsory change of foot (sit, camel, upright or any variation thereof) (minimum of six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions  
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)  
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

**TEST 4 INTER SILVER MEDAL**

- a) Axel Paulsen (or optional Double Axel)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two double jumps. The jumps must be different from the jump in b).
- d) Flying camel spin (minimum eight revolutions)
- e) LADIES Layback or sideways leaning spin (minimum eight revolutions)  
MEN Sit spin or camel spin (Free choice) (minimum eight revolutions)
- f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions  
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)  
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

**TEST 5 SILVER MEDAL**

- a) Double Axel Paulsen
- b) One double or triple Lutz, Flip or Loop jump immediately preceded by connecting steps and/or other comparable free skating movements.
- c) LADIES: Jump combination (double/double, double/triple)  
MEN: Jump combination (double/double, double/triple or triple/triple)  
The jumps must be different from the jump in b).
- d) Flying Camel or Sit spin (min 8 revs in landing position)
- e) LADIES: Layback or Sideways leaning spin (min 8 revs in required position)  
MEN: Camel or Sit spin with one change of foot (min 8 revs in required position - must be different from flying spin executed in d).)
- f) Spin combination with one change of foot and at least two changes of position (minimum six revolutions on each foot).
- g) LADIES Spiral sequence consisting of three spiral positions  
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)  
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

**TEST 6 INTER GOLD MEDAL**

- a) Double Axel Paulsen
- b) One double or triple jump immediately preceded by steps and/or other comparable free skating movements
- c) One jump combination (double/double, double/triple or triple/triple). The jumps must be different from the jump in b)
- d) Flying Spin (minimum 8 revolutions)
- e) LADIES: Layback or sideways leaning spin (min 8 revs in required position)  
MEN: Camel or sit spin with only one change of foot (min 6 revs on each foot in required position)
- f) Spin combination with one change of foot and at least two changes of position (minimum six revolutions on each foot).
- g) LADIES Spiral sequence consisting of three spiral positions  
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)  
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

**TEST 7 GOLD MEDAL**

- a) Double Axel Paulsen
- b) One triple jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of one double and one triple jump or two different triple jumps. The jumps must be different from the jump in b)
- d) Flying Spin (minimum 8 revs)
- e) LADIES: Layback or Sideways leaning spin (minimum 8 revs in required position)  
MEN: Camel or Sit spin with only one change of foot (minimum 6 revs/foot in required position)
- f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum 6 revs on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions  
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)  
MEN One step sequence of a different nature from g)

Minimum GOE Total: -3 total of the 8 elements

**TEST 8 GOLD STAR MEDAL**

A four minute programme for Ladies (11 elements), and a four minute thirty second programme for Men (12 elements).

The program must be a harmonious, well-balanced composition with a variety of movements, steps and intricate footwork of a highly advanced nature. The entire program must be skated musically, athletically and with control and grace

**The programme follows the number of requirements for the ISU Senior Free Skate programme but must include at least the following elements:**

- a) Double Axel Paulsen
- b) One triple jump
- c) LADIES: One jump combination or sequence of jumps including at least one triple jump  
MEN: One triple jump (different to that done in b) combined with the same or a different double or triple jump
- d) Three different difficult spins (minimum of Level 2), one of which must be a spin combination and one a flying spin
- e) LADIES Spiral sequence consisting of two or more spiral positions  
MEN One step sequence (straight line, circular or serpentine)
- f) LADIES One step sequence (straight line, circular or serpentine)  
MEN One step sequence of a different nature from e)

Minimum GOE Total: -4 total of the 11 (Ladies) or 12 (Men) elements

### 513 REQUIREMENTS FOR PAIR SKATING TESTS

- 513.1 There are seven tests in Pair Skating.
- 513.2 All required movements stated are included in the ISU Judges Pairs Handbook.
- 513.3 The time allowed for the following Pair Skating tests is stated below. The time is to be taken from the moment the skater begins to move or skate.
- 513.4 Elements designated “solo” in the pair tests shall be performed by each skater in unison.

### 514 COMPOSITION OF A PAIR

Each Pair shall consist of a male and female skater.

### 515 TEST AS A PAIR

Each test will be judged as a Pair and not as individuals. A Pair test will pass or fail as a Pair. The Judges may examine only one Pair at a time. A partner who has previously passed the test is not affected by the failure of a test being attempted where they are acting as a partner.

### 516 PAIR SKATING TESTS

- 516.1 There are eight tests in Pair Skating.
- 516.2 Except for Test 8 (Gold Star), the test shall be the Short Program per the Championship Grade and shall be marked accordingly with deductions given for errors as listed in ISU Communications. No additional or unprescribed elements may be added except for connecting steps.
- 516.3 The time may not exceed two minutes fifteen seconds in Test 1 (Preliminary) and may not exceed two minutes fifty seconds for Test 2 (Inter Bronze) to Test 7 (Gold), but in both cases may be less provided all the elements have been included. The time is to be taken from the moment the skaters begins to move.

**NOTE:** For tests 1 – 8, the candidate(s) shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be reskated (refer to Rule 505 regarding number of reskates permitted for each test).

The presentation/performance of programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

#### TEST 1 PRELIMINARY MEDAL

A maximum two minute and fifteen second programme consisting of:

- One solo Flip or Loop jump
- One solo combination jump
- One lift selected from Group 1
- One solo spin with no change of foot but may have one or more changes of position (minimum of 4 revolutions)
- One Pair Spin (minimum of 3 revolutions)
- One Spiral Sequence or Step Sequence (straight line, circular or serpentine)

Minimum GOE Total: -2 total of the 6 elements

**TEST 2 INTER BRONZE MEDAL**

- a) One solo Flip or Lutz jump
- b) One solo combination jump
- c) One lift selected from Group 2
- d) One Pair camel spin (minimum of 4 revolutions)
- e) One solo combination spin with one change position (sit, camel, upright or any variation) (minimum of 10 revolutions)
- f) One Pivot Spiral
- g) One Step Sequence (straight line, circular or serpentine)

Minimum GOE Total: -3 total of the 7 elements

**TEST 3 BRONZE MEDAL**

- a) One solo single Axel Paulsen jump
- b) One solo double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One lift selected from Group 2
- d) One solo Combination spin with one change of foot and at least one change of position (sit, camel, upright or any variation thereof) (minimum of 10 revolutions)
- e) One Pair combination spin with one change of foot and at least one changes of position (sit, camel, upright or any variation thereof) (minimum of 6 revolutions)
- f) One Death Spiral
- g) One Spiral Sequence
- h) One Step Sequence (straight line, circular or serpentine)

Minimum GOE Total: -3 total of the 8 elements

**TEST 4 INTER SILVER MEDAL**

- a) One solo single (or optional double) Axel Paulsen jump
- b) One solo double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One lift selected from Group 2 or 3
- d) One solo Combination spin with one change of foot and at least one change of position (sit, camel, upright or any variation thereof) (minimum of 12 revolutions)
- e) One Pair combination spin with one change of foot and at least one changes of position (sit, camel, upright or any variation thereof) (minimum of 6 revolutions)
- f) One backward Death Spiral
- g) One Spiral Sequence
- h) One Step Sequence (straight line, circular or serpentine)

Minimum GOE Total: -3 total of the 8 elements

**TEST 5 SILVER MEDAL**

- a) One solo Axel Paulsen jump
- b) One solo double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One lift selected from Group 3 or 4
- d) One solo Flying spin (minimum 8 revolutions)
- e) Pair combination spin with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum of 6 revolutions)
- f) One backward Death Spiral
- g) One Spiral Sequence
- h) One Step Sequence (straight line, circular or serpentine)

Minimum GOE Total: -3 total of the 8 elements

**TEST 6 INTER GOLD MEDAL (ISU Junior SP requirements)**

As per ISU Junior Short Programme requirements for Group A, B or C for that skating season.

Minimum GOE Total: -3 total of the 8 elements

**TEST 7 GOLD MEDAL (equivalent to ISU Senior SP requirements)**

As per ISU Senior Short Programme requirements for Group A, B or C for that skating season.

Minimum GOE Total: -3 total of the 8 elements

**TEST 8 GOLD STAR MEDAL**

A four minute thirty second programme.

Both partners shall complete a programme of championship calibre and should move together in complete harmony showing a marked degree of pair unison and in good form with excellent expression of mood and rhythm of music, change of pace and full utilization of the ice surface. Harmonious steps and connecting movements in time to music should be maintained throughout the programme.

**The programme follows the number of requirements for the ISU Senior Free Skate programme but must include at least the following elements:**

- a) One double or triple twist lift
- b) One lift from Groups 3 or 4, with full extension of the lifting arm(s)
- c) One lift from Group 5
- d) One pair combination spin with at least one change of position and one change of foot (minimum six revolutions)
- e) One solo combination spin with at least one change of foot (minimum ten revolutions)
- f) One double or triple throw jump
- g) One solo triple jump preceded by connecting steps and/or other comparable free skating movements)
- h) One solo jump combination or one jump sequence consisting of two different double jumps
- i) One forward outside death spiral
- j) One sequence of spirals (2009 – 2010 season) or one step sequence - straight line, circular or serpentine (2008 – 2009 and 2010 – 2011 seasons)

Minimum GOE Total: -5 total of the 12 elements

**LIFT GROUPS**

- |         |   |
|---------|---|
| Group 1 | Armpit Hold position  |
| Group 2 | Waist Hold position   |
| Group 3 | Hand-to-Hip position <u>or upper part of the leg (above the knee)</u> |
| Group 4 | Hand-to-Hand position (Press Lift type)                               |
| Group 5 | Hand-to-Hand position (Lasso Lift type)                               |

## 517 REQUIREMENTS FOR ICE DANCE

- 517.1 The dances officially recognised by the Association are those included in the schedules of the Association's Dance tests and such further dances as may be officially recognised by the Association from time to time. Dances may be skated either as a couple or as a Solo. Skaters may change from Solo test to partnered test and vice versa without having to repeat tests already passed.
- 517.2 Each compulsory dance must be skated alone on the ice surface as follows:
- a) For two sequences of the dance:

Starlight Waltz	Argentine Tango
Ravensburger Waltz	Tango Romantica
Yankee Polka	Golden Waltz
Austrian Waltz	Silver Samba
Cha Cha Congelado	Tango
Westminster Waltz	European Waltz
American Waltz	Midnight Blues
Swing Dance	Riverside Rhumba
<u>Finnstep</u>	
  - b) For three sequences of the dance:

Viennese Waltz	Blues
Paso Doble	Dutch Waltz
Canasta Tango	Baby Blues
Willow Waltz	ChaCha
Hickory Hoedown	Rhythm Blues
Golden Skaters' Waltz	Ten Fox
  - c) For four sequences of the dance:

Fiesta Tango	
Rhumba	Fourteenstep
Foxtrot	Rocker Foxtrot
Quickstep	
  - d) For six sequences of the dance:

Killian
- 517.3 A candidate may take a Compulsory Dance test without taking the corresponding test in Original Dance or Free Dance. However, a candidate may not attempt a test in Free Dance until they have passed the corresponding test in Compulsory Dance. A candidate may take an Original Dance test without having the corresponding test in either Compulsory Dance or Free Dance. A separate certificate and medal will be awarded for all Compulsory Dance, Original Dance and Free Dance tests.

## 518 REQUIREMENTS FOR COMPULSORY DANCE TESTS

- 518.1 The compulsory dances shall be in accordance with the descriptions and diagrams contained in the current ISU Dance Regulations  
The Original Dance and Free Dance to be in accordance with the current ISU Regulations.
- 518.2 The Judges shall examine only one candidate at a time. However, if two candidates are performing the test as a couple, the judges shall examine the candidates simultaneously but the candidates may individually pass or fail the test.
- 518.3 After the candidate has skated the test dances with the partner, the Referee may request the candidate to solo skate any of the dances attempted.
- 518.4 The Referee shall call off any test where the condition of the ice or music is not satisfactory.

- 518.5 Upon payment of a full test fee each time, skaters may take individual dances as part tests. However, this does not preclude a candidate from attempting an entire test at a test day. Those dances that are passed shall be credited towards the completion of the test and need not be subsequently reskated when completing a test. Any dances failed may be reskated after one calendar month waiting period and a full test fee is payable.
- 518.6 Introductory steps - All dances may be started with optional introductory steps. They shall not exceed the introductory phrasing of the specific tune used. Theatrical poses are forbidden. However, some opening poses may reflect the character of the given dance.

## 519 COMPULSORY DANCE TESTS

### TEST 0 ELEMENTARY CERTIFICATE

Any two of the following dances to be skated (to be declared at the time of the test application):

Dutch Waltz  
 Canasta Tango  
 Hickory Hoedown  
 Riverside Rhumba

Evaluated as Pass/Fail for each dance

NB: This test is optional. Skaters may choose to start at Test 1.

**NOTE:** For tests 1 – 8, the candidate(s) shall receive Grades of Execution (GOE) marks for the dance sequence sections and the GOE total is as listed for each test. Any section receiving a GOE of –3 must be reskated (to a maximum of 1 reskate for Tests 1 Preliminary to 3 Bronze, and 2 reskates for test 4 Inter Silver to 8 Gold Star).

The expression/presentation of each dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for expression/presentation as meets or exceeds the standard expected at that level.

### TEST 1 PRELIMINARY MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application):

Swing Dance	Minimum GOE Total: -3 total of the 8 sections
Fiesta Tango	Minimum GOE Total: -3 total of the 8 sections
Baby Blues	Minimum GOE Total: -2 total of the 6 sections

### TEST 2 INTER BRONZE MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application):

Tenfox	Minimum GOE Total: -3 total of the 9 sections
Willow Waltz	Minimum GOE Total: -2 total of the 6 sections
Fourteenstep	Minimum GOE Total: -1 total of the 4 sections

### TEST 3 BRONZE MEDAL

All three dances to be skated

Foxtrot	Minimum GOE Total: -3 total of the 8 sections
European Waltz	Minimum GOE Total: -1 total of the 4 sections

The dance not tested for the Inter Bronze test

**TEST 4 INTER SILVER MEDAL**

Any three of the following dances (to be declared at the time of the test application):

Rocker Foxtrot Minimum GOE Total: -3 total of the 8 sections  
Tango Minimum GOE Total: -2 total of the 6 sections  
American Waltz Minimum GOE Total: -1 total of the 4 sections  
Blues Minimum GOE Total: -2 total of the 6 sections

**OR**

**TEST 4C NOVICE COMPETITIVE DANCE TEST**

All of the compulsory dances announced in the ISU guidelines for Novice for that skating season.

**Group 1: skated in odd years, as of 1<sup>st</sup> July**

Rocker Foxtrot Minimum GOE Total: -3 total of the 8 sections  
European Waltz Minimum GOE Total: -1 total of the 4 sections  
Paso Doble Minimum GOE Total: -2 total of the 6 sections

**Group 2: skated in even years, as of 1<sup>st</sup> July**

American Waltz Minimum GOE Total: -1 total of the 4 sections  
Tango Minimum GOE Total: -2 total of the 6 sections  
Kilian Minimum GOE Total: -2 total of the 6 sections

**TEST 5 SILVER MEDAL**

Any three of the following dances (to be declared at the time of the test application):

Paso Doble Minimum GOE Total: -2 total of the 6 sections  
Cha Cha Congelado Minimum GOE Total: -2 total of the 6 sections  
Kilian Minimum GOE Total: -2 total of the 6 sections  
Starlight Waltz Minimum GOE Total: -2 total of the 6 sections

**OR**

**TEST 5C JUNIOR COMPETITIVE DANCE TEST**

All of the compulsory dances as announced by the ISU for Junior for that skating season. GOE Totals are as per the minimum GOE Total listed for those dances in the other dance tests.

**TEST 6 INTER GOLD MEDAL**

Any three of the following dances (to be declared at the time of the test application):

Argentine Tango Minimum GOE Total: -2 total of the 6 sections  
Westminster Waltz Minimum GOE Total: -2 total of the 6 sections  
Quickstep Minimum GOE Total: -3 total of the 8 sections  
Silver Samba Minimum GOE Total: -2 total of the 6 sections

**OR**

**TEST 6C SENIOR COMPETITIVE DANCE TEST**

All of the compulsory dances as announced by the ISU for Senior for that skating season. GOE Totals are as per the minimum GOE Total listed for those dances in the other dance tests.

**TEST 7 GOLD MEDAL**

Any three of the following dances (to be declared at the time of the test application):

Viennese Waltz Minimum GOE Total: -2 total of the 6 sections  
Yankee Polka Minimum GOE Total: -2 total of the 6 sections  
Rhumba Minimum GOE Total: -3 total of the 8 sections  
Austrian Waltz Minimum GOE Total: -2 total of the 6 sections

**TEST 8 GOLD STAR**

Any three of the following dances (to be declared at the time of the test application):

Tango Romantica Minimum GOE Total: -3 total of the 8 sections  
Ravensburger Waltz Minimum GOE Total: -2 total of the 6 sections  
Golden Waltz Minimum GOE Total: -3 total of the 8 sections  
Midnight Blues Minimum GOE Total: -3 total of the 8 sections  
Finnstep Minimum GOE Total: -2 total of the 6 sections

**520 REQUIREMENTS FOR ORIGINAL DANCE AND FREE DANCE TESTS**

520.1 For definitions and restrictions refer to the current ISU Regulations.

520.2 A candidate who is taking an Original Dance or Free Dance test need skate the test once only, and only one set of marks shall be awarded to apply to both candidates, who will then pass or fail together. However, a partner who has previously passed the test is not affected by failure in the test being tried where he or she is acting as a partner.

**521 ORIGINAL DANCE TESTS**

**NOTE:** For tests 1 – 3, the candidate(s) shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be reskated (1 element for Test 1 Bronze and 2 elements for Tests 2 Silver and Test 3 Gold).

The presentation/performance of programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

**TEST 1 BRONZE MEDAL**

An Original Dance of one and a half minutes duration (plus or minus ten seconds). The rhythm to be chosen by the candidate from:

March Latin American  
Waltz  
Tango

Requirements 1 dance spin - 2 rotations  
1 step sequence (circular or diagonal)  
Display of distinct lobes with emphasis on edges.  
up to 2 dance lifts allowed (1 dance lift must be included) with a maximum duration of six seconds each.

Dance may not cross the long axis except at the short barrier ends and during the designated step sequence

Minimum GOE Total: -1 total of the 3 or 4 elements

**TEST 2 SILVER MEDAL**

An Original Dance of two minutes duration, plus or minus ten seconds (equivalent to ISU Junior Original Dance). The rhythm to be chosen by the candidate from:

Waltz	Tango
Jive	Blues
Quickstep	Polka

or that set for the current year's New Zealand National Championships Junior grade

The content requirements are as per current ISU Rules

Minimum GOE Total: -2 total of the 6 elements

**TEST 3 GOLD MEDAL**

An Original Dance of two minutes duration, plus or minus ten seconds (equivalent to ISU Senior Original Dance). The rhythm to be chosen by the candidate from:

Waltz	Tango
Paso Doble	Rhumba
Rock N' Roll	Latin Combo

or that set for the current year's New Zealand National Championships Senior grade

The content requirements are as per current ISU Rules

Minimum GOE Total: -2 total of the 6 elements

**522 FREE DANCING TESTS**

**NOTE:** For tests 1 – 3, the candidate(s) shall receive Grades of Execution (GOE) marks for the elements and the GOE total is as listed for each test. Any element receiving a GOE of –3 must be reskated (1 element for Test 1 Bronze and 2 elements for Tests 2 Silver and Test 3 Gold).

The presentation/performance of programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate(s) must attain the minimum GOE total (sum of all GOEs awarded by a judge) and be evaluated for presentation/performance as meets or exceeds the standard expected at that level.

**TEST 1 BRONZE MEDAL**

A Free Dance programme of two minutes duration.

The emphasis should be placed on steps, flow and timing rather than on lifts.

- One Diagonal, Straight-Line or Circular Step Sequence must be included, extending from barrier to barrier as far as practicable. The step sequence must incorporate footwork for both partners and the partners must maintain Closed, Tango and/or Open position throughout. Lifts, jumps dance spins and stops are not allowed during the step sequence.

- One dance spin must be included, with a minimum of 2 revolutions on one foot for each partner. The position is optional.
- Assisted jumps are permitted and only 2 non-rotating lifts are permitted with a maximum duration of 6 seconds each.

Minimum GOE Total: -1 total of the 4 elements

**TEST 2 SILVER MEDAL**

A Free Dance programme of three minutes duration (equivalent to ISU Junior Free Dance).

The content requirements are as per current ISU Rules

Minimum GOE Total: -3 total of the 7 elements

**TEST 3 GOLD MEDAL**

A Free Dance programme of four minutes duration (equivalent to ISU Senior Free Dance).

The content requirements are as per current ISU Rules

Minimum GOE Total: -3 total of the 8 elements