

200 SECTION - COMPETITIONS

201 CLASSES OF COMPETITION

Competitions of the Association are classed as:

- 201.1 New Zealand National Championships.
- 201.2 New Zealand Adult Skating National Championships
- 201.3 Competitions in Figure Skating, Ice Dance and Synchronized Skating.
- 201.4 Exhibitions in Figure Skating, Ice Dance and Synchronized Skating.

202 PARTICIPATION IN SKATING EVENTS NOT ORGANISED BY AN AFFILIATED ORGANISATION

- 202.1 Eligible persons may participate in ice shows, exhibitions and demonstrations organised by non-affiliated groups or persons as long as they do not involve competition or judging of any kind. Such events shall be considered to be sanctioned by the NZISA and participants have the permission of the NZISA to participate.
- 202.2 For competitions and other events involving judging, organised by a non-affiliated organisation, permission must be sought from the NZISA. The NZISA may, at its discretion, sanction the event and permit participation but only where all participants, officials and judges are from New Zealand.
- 202.3 In the case of an event organised by a non-affiliated organisation involving both competition and participants from outside New Zealand, the event must be sanctioned by the ISU prior to permission being granted by the NZISA for skaters and officials to participate.
- 202.4 Failure to comply with any part of this rule may result in the participant becoming ineligible.

203 PARTICIPATION IN COMPETITIONS

- 203.1 Competitions as set out in Rule 201 are open only to skaters who belong to a Club affiliated to the Association or to non-resident guests.
- 203.2 Association Championship trophies can be held only by competitors who qualify for residential status as per Rule 216.
- 203.3 A skater or synchronized skating team may only represent one club per season in NZISA and/or Sub Association exhibitions, competitions and championships. Dance couples and pair skaters may represent two different clubs. If transferred to another region then the skater may apply for transfer to a new Home Club by making application through their Club Secretary to the National Technical Secretary.
- 203.4 A declaration of a skater's Home Club each season is determined by the skater's selection on the Test and Competition Registration application to the Association.
- 203.5 Any skater or team selected for, or wishing to compete in any overseas competition shall be governed by the following:
 - a) Only skaters selected to represent New Zealand under Rule 301 shall be eligible to enter Junior or Senior International Competitions, ISU Championships, or the National competition of another ISU Member.
 - b) Eligible skaters wishing to participate in Inter-Club Australian and International competitions held under ISU rules by clubs affiliated to ISU Members do not need permission from the NZISA to participate, but should inform the NZISA before they make arrangements.
 - c) Skaters wishing to enter other overseas competitions must first receive written permission from the NZISA before submitting any entry. Full details of the

competition and grade to which the entry is being made must be given. The NZISA shall not give permission where the event is not sanctioned by an ISU Member.

- d) Failure to comply with any part of this rule may result in the skater becoming ineligible.

203.6 All New Zealand resident skaters entering a New Zealand National or Regional Sub-Association Championship shall hold a current NZISA Test and Competition registration. Skaters entering grades at other competitions, where the competition requirements specify an NZISA test attainment, shall hold a current NZISA Test and Competition registration.

204 ENTRIES, FEES AND CLOSING DATES FOR ENTRIES FOR NEW ZEALAND NATIONAL CHAMPIONSHIPS

204.1 The Council shall set the entry fees and closing dates. The entry forms and announcements for the NZ National Championships to be distributed to affiliated Clubs by 30 April.

204.2 The entry form must state:

- a) The event the competitor wishes to enter.
- b) Name, address, registration number and name of Home Club

204.3 All skaters must hold the required tests for the grade entered at the closing date of the entry.

205 QUALIFICATION FOR ENTRY TO NZ NATIONAL CHAMPIONSHIPS

205.1 All single skaters, pairs, dance couples and synchronized teams must have competed at their local Club competition or a Regional Sub-Association Championship during the year in order to qualify for Nationals. The Council may give dispensation to skaters who miss these competitions through illness or injury.

205.2 NZ Residents, or citizens training or competing overseas as New Zealand representatives at the time of their respective Club or a Regional Sub-Association Championship are exempted from Rule 205.1.

205.3 Additional skaters may be accepted from other ISU members as guest entries as provided for in the announcement, at the discretion of Council.

205.4 Skaters with a NZ Residency of less than 1 year will be accepted as guest entries.

206 WITHDRAWAL

Withdrawal of an entry is permitted before the closing of entries. After the closing of entries any skater withdrawing will not be entitled to a reimbursement of entry fees, except if the withdrawal is on medical grounds. Such withdrawal is permitted up to, but not including, the first day of official practices for competition, subject to the provision of a medical certificate from a registered medical practitioner.

207 POSTPONEMENT OF DATE OF CHAMPIONSHIP

207.1 Postponement of the date of a championship necessitates an extension of the date for the closing of entries for a corresponding period.

207.2 When possible Clubs entering competitors must be notified at once of the postponement so as to permit the withdrawal of entries before the new date for the closing of entries.

207.3 If a championship or competition is cancelled the entry fees shall be returned to the competitors.

208 NO RESPONSIBILITY FOR ACCIDENT OR INJURIES

The organisers do not accept any liability for damages or injuries sustained by skaters or officials.

209 Deleted in 2006

210 PRIZES

Cash prizes may be awarded.

211 COMPETITION OFFICIALS

211.1 Judges, Referees, Technical Controllers, Technical Specialists, Assistant Technical Specialists and Computer Operators appointed for Club, Sub-Association and Association Championships, held under NZISA rules, must be on the NZISA approved list of officials.

- Officials for Sub-Association Championships must be appointed by the regional Technical Committee.
- Officials for National Championships must be appointed by the National Technical Committee.

211.2 A Judge, Referee, Technical Controller, Technical Specialist, Assistant Technical Specialist or Computer Operator shall not officiate in an event of a competition, nor shall a Judge or Referee officiate at a test where any of the following circumstances prevail:

- a) When they are closely related (defined as husband, wife, defacto partner, mother, father, son, daughter, sister and brother) to the candidate.
- a) When they have been a skating partner of the candidate during the past 24 months in a competition or test.
- c) When they are closely related to either:
 - i) a coach of the candidate or
 - ii) any person who has been a coach of the candidate during the preceding twelve months.
- d) Except in extenuating circumstances, members of the same family or close relatives shall not be permitted to serve as Referees or Judges in the same panel of any event at any championship, competition or test, even if they represent different clubs.

211.3 When due to extenuating circumstances, an Official is required to officiate contrary to Rule 211.2, the National Technical Committee members present must assume the responsibility to verify the procedures employed and/or the calculated results for the event where conflict exists.

212 NEW ZEALAND NATIONAL CHAMPIONSHIPS

212.1 The date and venue for the New Zealand National Championships shall be set by the Council and announced at the previous year's New Zealand National Championships. Provision shall be made for alternative dates and venues if conditions prove to be unsuitable. If felt necessary the authority to consider arrangements for alternative dates and venues can be granted to other bodies within the Association.

- 212.2 The date and venue for the Adult Skating National Championships shall be set by Council and will be held annually in conjunction with the New Zealand National Championships.
- 212.3 The Association shall have the power to enter into agreement with the Club or organisation at the rink the championships are to be held; the agreement to include finance, officials (other than skating officials), competitors' changing rooms and a Secretary's room.
- 212.4 New Zealand National Championships must be conducted under the Rules and Regulations as defined in the Constitution. The Council may empower a Club, Sub-Association or adhoc committee to conduct the New Zealand National Championships in association with the National Technical Committee.
- 212.5 The National Technical Committee shall, by the 30th day of April, hand to the Secretary of the Association the Announcement and schedules of the events to be skated at the New Zealand National Championships. These schedules, which shall set out in detail the full requirements for all grades, are to be mailed promptly to member Clubs of the NZISA and will also include any other relevant information.
- 212.6 The National Championships shall be held at a suitable indoor rink that has a minimum ice surface of 26m by 56m.

213 CHAMPIONSHIP ANNOUNCEMENT

After the closing of entries the organising committee shall publish the names of competitors, starting times and programme of events not less than two weeks prior to the start of the event. This information is subject to change if necessary after publication.

214 NATIONAL TITLES

Note: For all Singles grades, separate titles for Men and Ladies will be competed for.

The following titles shall be competed for at national level:

Discipline/Grade	Singles	Pair Skating	Ice Dancing	Synchronized Skating	Solo Dance
Senior	✓	✓	✓	✓	
Junior	✓	✓	✓	✓	
Novice	✓	✓	✓	✓	
Intermediate	✓			Open	Open
Primary	✓	✓	✓		✓
Pre Primary	✓	✓	✓		✓
Juvenile U12	✓	✓	✓	✓	
Juvenile O12	✓				

The following Adult Skating titles shall be competed for at national level:

Discipline/Grade	Singles	Pair Skating	Ice Dancing	Synchronized Skating
<u>Bronze</u>	✓	✓	✓	
<u>Silver</u>	✓	✓	✓	
<u>Gold</u>	✓	✓	✓	
<u>Elite</u>	✓	✓	✓	
Adult				✓
Adult Interpretive	✓			

NOTE: Each grade will be split into **two divisions, 18 – 34 years of age and 35 +**. If there are less than three entries in a division, then the divisions for that grade will be combined. For **Adult Interpretive**, there is only one age division as it is an Open event. **For the Interpretive Event, there are two divisions, Bronze/Silver and Gold/Elite**. If there are less than three entries in a division, then the divisions for the Interpretive event will be combined.

215 CHALLENGE TROPHIES OF THE ASSOCIATION

- 215.1 The winner or winners of any championship to which a Challenge Trophy is attached shall be entitled to hold possession of the trophy until one month prior to the next championship when it shall be returned to the Secretary of the Association in good order and condition.
- 215.2 The cost of repairing trophies damaged while in the care of the titleholder will be a charge against the titleholder, unless covered by insurance.
- 215.3 The engraving of National trophies will be the responsibility of the Association.
- 215.4 No Challenge Trophies may be won outright or taken from New Zealand.

216 RESIDENTIAL STATUS

- 216.1 New Zealand titles and New Zealand Adult Skating titles can only be held by New Zealand citizens and residents.
- 216.2 Persons who have resided in New Zealand for twelve months continuously for the twelve months preceding the championship shall qualify under Rule 216.1. Continuously shall mean not having left New Zealand for a period in excess of twenty-one days.
- 216.3 Visitors to New Zealand may participate in competitions or championships only if they can furnish written permission from their own National Association.

217 NEW ZEALAND NATIONAL CHAMPIONSHIP OFFICIALS

- 217.1 The Technical Committee shall appoint the following officials for the New Zealand National Championships:

For ISU Judging System (all events except Special Olympics):

- a) Referees

- b) Judges
 - c) Technical Controllers
 - d) Technical Specialists
 - e) Assistant Technical Specialists (optional)
 - f) Data Entry Operators
 - g) Video Cutter/Replay
 - h) Computer operators
 - i) One timekeeper for the programmes
- NB. a), b) and c) must be eligible persons

For 6.0 system (Special Olympics events):

- a) Referees and Assistant Referees
 - b) Judges (an odd number) and Substitute Judge
 - c) At least two secretaries for recording marks
 - d) At least two timekeepers for the programmes
 - e) Tabulators/data entry operators
 - f) If necessary, supplementary officials to guarantee the orderly conduct of the competition in other respects.
- NB. a) and b) must be eligible persons

Note: All other officials shall be appointed by the Championship Organising Committee.

- 217.2 For the National Championships and for North and South Island Championships, the ISU Judging System shall be used. For all Club and other sub-association championships, the ISU Judging System must be used for all NZISA grades. Other grades, such as KiwiSkate levels, can be judged using the 6.0 system.

218 MARKING

- 218.1 Under the IJS, results are determined by segment scores for Short Program and Free Skate and overall by total points.
- 218.2 Recording of marks and determination of results shall be as per ISU Rules 369 to 372 inclusive.
- 218.3 For events in which guest (overseas) skaters are competing, the determination of the results shall be carried out by removing guest skaters from the overall placing and promoting New Zealand competitors to fill these places keeping the order of the New Zealand competitors unchanged.

219 ANNOUNCEMENT OF FINAL RESULT

- 219.1 The results shall be displayed as soon as possible after the completion of each event.
- 219.2 Results of New Zealand National Championships shall be published for all concerned as soon as possible following the competition.

220 SCRUTINY OF PROTOCOLS

- 220.1 If a mistaken result is announced for any Club, Regional or New Zealand National Championship event, the true result shall be publicly communicated as soon as possible and records amended accordingly.

221 ALLCHURCH SHIELD

Allocation of points for this shield are as follows:

Category/Programme	Allocated Points		
	First Place (3 or more competitors)	Second Place (3 or more competitors)	Third Place (3 or more competitors)
		First Place (2 competitors)	Second Place (2 competitors)
			First Place (1 competitor)
SINGLES			
Short Programme	3 points	2 points	1 point
Freeskating	3 points	2 points	1 point
Championship (overall)	3 points	2 points	1 point
PAIRS			
Short Programme	3 points	2 points	1 point
Freeskating	3 points	2 points	1 point
Championship (overall)	3 points	2 points	1 point
DANCE			
C1 and C2 [Note 1]	3 points	2 points	1 point
OD and FD [Note 2]	3 points	2 points	1 point
Championship (overall)	3 points	2 points	1 point
N Z WALTZING TROPHY	3 points	2 points	1 point
NORMAN WRIGHT TROPHY	3 points	2 points	1 point
SYNCHRONIZED (except Adult)			
Short Programme	3 points	2 points	1 point
Freeskating	3 points	2 points	1 point
Championship (overall)	3 points	2 points	1 point
ADULT SYNCHRONIZED			
Championship (overall)	3 points	2 points	1 point
ADULT SINGLES			
Championship (overall)	3 points	2 points	1 point
ADULT INTERPRETIVE			
Championship (overall)	3 points	2 points	1 point
ADULT PAIRS			
Championship (overall)	3 points	2 points	1 point
ADULT DANCE (Bronze)			
C1 and C2 [Note 1]	3 points	2 points	1 point
OD [Note 2 & 3]	3 points	2 points	1 point
Championship (overall) [Note 3]	3 points	2 points	1 point
ADULT DANCE (Silver, Gold and Elite)			
C1 and C2 [Note 1]	3 points	2 points	1 point
OD [Note 2 & 3]	3 points	2 points	1 point
FD [Note 2 & 3]	3 points	2 points	1 point
Championship (overall) [Note 3]	3 points	2 points	1 point
SOLO DANCE			
Pre Primary [Note 1]	3 points	2 points	1 point
Primary [Note 4]	3 points	2 points	1 point
Open [Note 4]	3 points	2 points	1 point

Notes:

1. Points for the two compulsory dances are averaged, $(CD1 + CD2) / 2$.
2. For Primary, Juvenile and Bronze Adult dance, points are allocated for Original Dance. For Novice, Junior and Senior dance and Silver, Gold and Elite Adult dance, points for Original Dance and Free Dance are averaged, $(OD + FD) / 2$.

3. For Adult Ice Dance events, the sections, CD, OD and FD can be competed as separate events. However, to be awarded the championship for Adult Ice Dance events, couples must compete in all sections for the grade.
4. For the Primary Dance event, points for the compulsory dance and variation dance are averaged $(CD + VD)/2$. For the Open Dance event, points for the compulsory dance and combination dance are averaged $(CD + CoD)/2$.

NOTE: Certificates for the first three places will be awarded for each section of a grade. Medals will only be awarded for the first three overall (Championship) places.

222 PROTESTS

The following rules regarding protests apply to Club, Sub-Association and National Championships.

- 222.1 Protests regarding eligibility of competitors must be lodged with the Referee, Technical Controller or Technical Committee Secretary before the draw takes place. The list of competitors must be published before the draw.
- 222.2 **Persons Entitled to File a Protest**
Protests may be lodged only:
 - a) By a competitor(s) (team captain in Synchronized Skating) entered for the competition concerned or a Team Leader accredited for the competition concerned;
 - b) With the approval of such competitor(s) or Team Leader, by members of the committee organising the competition, or by official representatives of those Associations or Clubs which have entered competitors.
- 222.3 Protests concerning the participation of a competitor must be lodged verbally with the Event Referee or nominated representative before the competition starts.
- 222.4 If an immediate decision cannot be reached, the competitor is permitted to start, but the displaying of the result and the distribution of the prizes shall be deferred until a decision has been reached.
- 222.5 Any other protests must be made to the Event Referee, Technical Controller or Technical Committee Secretary no more than 48 hours after the results have been published.
- 222.6 No later protests will be considered.
- 222.7 The Referee decides upon all protests.
- 222.8 **Protest Restrictions**
 - i) No protests against the evaluations by Judges and the Technical Panel (Technical Controller, Technical Specialists, Data Operator, Replay Operator) of skaters' performances are allowed;
 - ii) Protests against the result are permitted only in the case of incorrect mathematical calculation or incorrect application of ISU and/or NZISA rules resulting in the incorrect number of points being awarded to a skater, couple or team for an element or deducted in the case of a fall. A wrong identification of an element or of a level of difficulty, although it results in a lower or higher score, is a human error and not an incorrect mathematical calculation;
 - iii) However, if the Referee learns:
 - a) prior to the beginning of award ceremony or prior to the official announcement of results if there is no award ceremony, that a human error relating to wrong data input by the Data Operator occurred or the ISU and/or NZISA Rules were incorrectly applied to the crediting of elements or the deduction of falls performed by a competitor, the Referee or Technical Controller may correct the error provided that the Referee or Technical Controller, both Technical Specialists and the

Data Operator (in the case of an input error) all agree that there was an error;

- b) within 48 hours after the award ceremony or results being published (whichever occurs later) that an incorrect mathematical calculation or incorrect application of the ISU or NZISA rules occurred, the Referee or Technical Controller may correct the calculation even without protest provided that the Referee or Technical Controller, both Technical Specialists and the Data Operator (in the case of an input error) all agree that there was an incorrect calculation or error in the way points were credited in the case of an element or deducted in the case of a fall. If such correction requires corrections of the final placements of the competitors, the corresponding medals and/or awards shall be changed accordingly.

222.9 Protests Regarding Composition of Officials Panels

Protests concerning the composition of the Judges and Technical Panels for National Championships must be lodged with the National Technical Committee Secretary or nominated representative within one hour of the first starting order draw for the event.

223 APPEALS – Deleted in 2007

224 CONDUCT OF COMPETITORS AND COACHES TOWARDS OFFICIALS

224.1 Competitors and coaches must obey implicitly the instructions of the officials in charge of the competition.

224.2 A competitor or coach who, either directly or through a third party, openly expresses themselves in an improper manner regarding the officials or their decisions, or regarding the markings of the Judges may be excluded by the Council of the Association for a definite period from Association Championships and International Competitions.

224.3 Any official or Judge of an Association championship who learns of improper or irregular conduct or proposals concerning Judges or judging of an event must immediately report the details to the Referee of that event and to the President of the Association.

224.4 The Council may exclude from participation in medal tests, New Zealand National Championships, International Competitions and exhibitions for a definite period or forever, any person (whether skater, official or other member of an Association or Club affiliated to the Association) who can be proved to have acted against the Regulations, or otherwise improperly. Before exclusion the person concerned must be informed about the nature of the alleged offence, all facts related to the case, and all evidence available, in order to enable them to defend themselves. If the person concerned does not avail themselves of this opportunity within two months, their right to do so is forfeited. The relevant information must be forwarded to the member Association or Club to which the person belongs.

225 CONDUCT OF OFFICIALS

225.1 Officials acting on behalf of the Association at championships and medal tests shall conduct themselves in a dignified manner at all times.

225.2 Officials shall not criticise the result of a competition whilst in the hearing of the general public or the competitors.

225.3 No official of a championship shall disclose any decision or marks before these are made public.

226 REIMBURSEMENT OF EXPENSES TO SKATERS AND OFFICIALS – Deleted in 2008 - Refer to Travel and Reimbursement Policy

227 ELIGIBILITY FOR NEW ZEALAND NATIONAL, SUB ASSOCIATION AND CLUB CHAMPIONSHIPS

For all disciplines at Sub Association and Club (referred to below as “local”) championships, open events or additional grades below Juvenile may be added at the discretion of the Sub Association or Club.

227.1 SINGLES

- a) **JUVENILE U12** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 1 (Preliminary) Freeskating and a minimum of Test 1 (Preliminary) Stroking;
 - ii. not reached the age of twelve years before the 1st July immediately preceding the championship;
- b) **JUVENILE O12** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 1 (Preliminary) Freeskating and a minimum of Test 1 (Preliminary) Stroking;
 - ii. have reached the age of twelve but not reached the age of eighteen years before the 1st July immediately preceding the championship;
- c) **PRE-PRIMARY** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 2 (Inter Bronze) Freeskating and a minimum of Test 2 (Inter Bronze) Stroking;
- d) **PRIMARY** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 3 (Bronze) Freeskating and a minimum of Test 3 (Bronze) Stroking;
 - ii. not reached the age of fourteen years before the 1st July immediately preceding the championship;
- e) **INTERMEDIATE** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 3 (Bronze) Freeskating and a minimum of Test 3 (Bronze) Stroking;
- f) **NOVICE** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 4 (Inter Silver) Freeskating and a minimum of Test 4 (Inter Silver) Stroking.
- g) **JUNIOR** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 5 (Silver) Freeskating and a minimum of Test 5 (Silver) Stroking;
- h) **SENIOR** Championship for Singles is open to those skaters who, at the closing of entries:
 - i. have passed a minimum of Test 6 (Inter Gold) Freeskating and a minimum of Test 6 (Inter Gold) Stroking.

NOTE: For all New Zealand National and Sub-Association championships, skaters must not have competed in a higher grade, either locally, nationally or internationally. The exception to this is the Junior grade if the skater is eligible under Rule 228.1.

227.2 ADULT SKATING SINGLES

NOTE: The entry into Adult Bronze, Silver, Gold and Elite levels is self-selecting with no minimum test requirements. However, as a guideline, Bronze division is for skaters who started skating later and/or hold up to Bronze level tests for that discipline. Elite division is for skaters who competed internationally during their skating career. Entry into Silver and Gold is dependent on the level of elements a skater is able and/or wants to include.

- a) BRONZE I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st of July preceding the championship.
- b) BRONZE II Championship for Singles is open to skaters who have reached the age of 35 years or more before the 1st of July preceding the championship.
- c) SILVER I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.
- d) SILVER II Championship for Singles is open to skaters who have reached the age of 35 years or more before the 1st July preceding the championships.
- e) GOLD I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.
- f) GOLD II Championship for Singles is open to skaters who have reached the age of 35 years or more before the 1st July preceding the championship.
- g) ELITE I Championship for Singles is open to skaters who have reached the age of 18 years but not reached the age of 35 years before the 1st July preceding the championship.
- h) ELITE II Championship for Singles is open to skaters who have reached the age of 35 years or more before the 1st July preceding the championship.
- i) BRONZE/SILVER INTERPRETIVE Championship is open to skaters who have reached the age of 18 years or more before the 1st of July preceding the championship.
- j) GOLD/ELITE INTERPRETIVE Championship is open to skaters who have reached the age of 18 years or more before the 1st of July preceding the championship.

NOTE: Men and Ladies will be judged separately.

227.3 ICE DANCE

- a) JUVENILE Championship for Ice Dance - Both skaters must have a minimum of Test 1 (Preliminary) Dance and may hold higher.
- b) PRE PRIMARY Championship for Ice Dance – Both skaters must hold a minimum of Test 2 Inter Bronze Compulsory Dance medal and may hold higher.
- c) PRIMARY Championship for Ice Dance - Both skaters must have a minimum of Test 3 (Bronze) Dance and may hold higher.
- d) NOVICE Championship for Ice Dance - Both skaters must hold a minimum of Test 3 (Bronze) Dance and one skater must have a minimum of Test 4 (Inter Silver) Dance or both skaters must hold Novice Competitive Dance Test and in all cases may hold higher tests..
- e) JUNIOR Championship for Ice Dance - Both skaters must hold a minimum of Test 4 (Inter Silver) Dance and one skater must have a minimum of Test 5 (Silver) Dance or both skaters must hold Junior Competitive Dance Test and in all cases may hold higher tests.
- f) SENIOR Championship for Ice Dance – Both skaters must have a minimum of Test 5 (Silver) Dance and one skater must have a minimum of Test 6 (Inter Gold) Dance or both skaters must hold Senior Competitive Dance Test and in all cases may hold higher tests.
- g) For all New Zealand National and Sub Association championships, the partnership must not have competed in a grade higher than the one being entered. The exception to this is the Junior grade if the couple is eligible under Rule 228.1.
- h) The Norman Wright Waltzing Trophy is open to all grades, but couples must be husband and wife, father and daughter, mother and son or brother and sister.

- i) The New Zealand Waltzing Trophy is open to all grades.

NOTE: There are no age restrictions on the above ice dance grades.

227.4 **ADULT ICE DANCE**

NOTE: The entry into Adult Bronze, Silver, Gold and Elite levels is self-selecting with no minimum test requirements. However, as a guideline, Bronze division is for skaters who started skating later and/or hold up to Bronze level tests for that discipline. Elite division is for skaters who competed internationally during their skating career. Entry into Silver and Gold is dependent on the level of elements a skaters is able and/or wants to include.

- a) **BRONZE I** Championship for Ice Dance is open to skaters who have reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.
- b) **BRONZE II** Championship for Ice Dance is open to skaters who have reached the age of 35 years before the 1st of July preceding the championship.
- c) **SILVER I** Championship for Ice Dance is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st July preceding the championship.
- d) **SILVER II** Championship for Ice Dance is open to skaters who have both reached the age of 35 years or more before the 1st July preceding the championship.
- e) **GOLD I** Championship for Ice Dance is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st July preceding the championship.
- f) **GOLD II** Championship for Ice Dance is open to skaters who have both reached the age of 35 years or more before the 1st July preceding the championship.
- g) **ELITE I** Championship for Ice Dance is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st July preceding the championship.
- h) **ELITE II** Championship for Ice Dance is open to skaters who have both reached the age of 35 years or more before the 1st July preceding the championship.

227.5 **PAIR SKATING**

- a) **JUVENILE** Championship for Pair Skating is open to couples who have passed a minimum of Test 1 (Preliminary) Pair Skating Test and Test 1 (Preliminary) Stroking Test.
- b) **PRE PRIMARY** Championship for Pair Skating is open to couples who have passed a minimum of Test 2 (Inter Bronze) Pair Skating Test and Test 2 (Inter Bronze) Stroking Test.
- c) **PRIMARY** Championship for Pair Skating is open to couples who have passed a minimum of Test 3 (Bronze) Pair Skating Test and Test 3 (Bronze) Stroking Test.
- d) **NOVICE** Championship for Pair Skating is open to couples who have passed a minimum of Test 4 (Inter Silver) Pair Skating Test and Test 4 (Inter Silver) Stroking Test.
- e) **JUNIOR** Championship for Pair Skating is open to couples who have passed a minimum of the Test 5 (Silver) Pair Skating Test and Test 5 (Silver) Stroking Test. There are no age restrictions.
- f) **SENIOR** Championship for Pair Skating is open to couples who have passed a minimum of the Test 6 (Inter Gold) Pair Skating Test and at least the Test 5 (Silver) Stroking Test. There are no age restrictions
- g) For all New Zealand National and Sub Association championships, only one partner may have competed in a grade higher than the one being entered. The exception to this is the Junior grade if the couple is eligible under Rule 228.1.

NOTE: There are no age restrictions on the above pair skating grades.

227.6 **ADULT PAIR SKATING**

NOTE: The entry into Adult Bronze, Silver, Gold and Elite levels is self-selecting with no minimum test requirements. However, as a guideline, Bronze division is for skaters who started skating later and/or hold up to Bronze level tests for that discipline. Elite division is

for skaters who competed internationally during their skating career. Entry into Silver and Gold is dependent on the level of elements a skaters is able and/or wants to include.

- a) **BRONZE I** Championship for Pair Skating is open to skaters who have reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.
- b) **BRONZE II** Championship for Pair Skating is open to skaters who have reached the age of 35 years or more before the 1st of July preceding the championship.
- c) **SILVER I** Championship for Pair Skating is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.
- d) **SILVER II** Championship for Pair Skating is open to skaters who have both reached the age of 35 years or more before the 1st of July preceding the championship.
- e) **GOLD I** Championship for Pair Skating is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.
- f) **GOLD II** Championship for Pair Skating is open to skaters who have both reached the age of 35 years or more before the 1st of July preceding the championship.
- g) **ELITE I** Championship for Pair Skating is open to skaters who have both reached the age of 18 years but not the age of 35 years before the 1st of July preceding the championship.
- h) **ELITE II** Championship for Pair Skating is open to skaters who have both reached the age of 35 years or more before the 1st of July preceding the championship.

227.7 **SYNCHRONISED SKATING**

- a) **JUVENILE** - A team of 9 to 16 skaters. At least 75% of the skaters must be aged 12 or under before the 1st of July immediately preceding the date of any competitions they enter. All skaters on the team must hold a minimum of Test 0 (Elementary) Stroking or Test 0 (Elementary) Ice Dance.
- b) **OPEN** - A team of 9 to 16 skaters. There are no age limits. All skaters on the team must hold a minimum of Test 0 (Elementary) Stroking or Test 0 (Elementary) Ice Dance.
- c) **NOVICE** – A team of 12 to 16 skaters. At least 75% of the skaters must be aged 15 or under before the 1st of July immediately preceding the date of any competitions they enter. All skaters on the team must hold a minimum of Test 1 (Preliminary) Stroking or Test 1 (Preliminary) Dance.
- d) **JUNIOR** - A team of 12 to 16 skaters. At least 75% of the skaters must have reached the age of 12 but not have reached the age of 19 before the 1st of July immediately preceding the date of any competitions they enter. All skaters on the team must hold a minimum of Test 2 (Inter Bronze) Stroking or Test 2 (Inter Bronze) Ice Dance.
- e) **SENIOR** - A team of 12 to 16 skaters. At least 75% of the skaters must have reached the age of 14 before the 1st of July immediately preceding the date of any competitions they enter. All skaters on the team must hold a minimum of Test 2 (Inter Bronze) Stroking or Test 2 (Inter Bronze) Ice Dance.
- f) **ADULT** - A team of 9 to 16 skaters. Skaters must be 25 years of age or older before the 1st of July immediately preceding the date of any competitions they enter. 25% of the skaters may be less than 25 years but must be 18 years of age or older before the 1st of July immediately preceding the date of any competitions they enter. All skaters on the team must hold a minimum of Test 0 (Elementary) Stroking or Test 0 (Elementary) Ice Dance.
- g) Each team may have a maximum of four (4) alternates on the team roster and they must be listed as such.

228 **MULTIPLE ENTRIES/STANDARDS**

228.1 A skater may compete in only one grade in Singles, Pairs or Ice Dance per championship, except in the case of a skater/couple who qualifies for entry to Junior grade in International Competitions who may wish to skate Junior and Senior. Please see Rule 603.3 for teams competing in Synchronized Skating. In any one discipline a

skater may compete in either a regular competition or an Adult Skating competition, but not both, in any one calendar year.

228.2 The New Zealand Waltzing Trophy and the Norman Wright Waltzing Trophy are open events. Entry into these events does not affect entry to other grades.

229 SINGLES SHORT AND FREE SKATE PROGRAMMES

The ISU Regulations and current Communications shall apply to all grades with the guidelines for Novice and Pre Novice (Primary) applying for those grades and below, except where these rules differ or specify otherwise.

229.1 SHORT PROGRAMME REQUIREMENTS

SENIOR, JUNIOR, NOVICE, INTERMEDIATE, PRIMARY and PRE PRIMARY Short Programmes must not exceed two minutes 50 seconds but may be less provided that all the elements have been included, the time to be taken from the moment the competitor begins to move or skate. Deductions as per ISU Rule 353, paragraph 1)ii will apply.

- The jumps in the jump combination must be different from the solo jumps for Primary to Senior grades. For Pre Primary grades, the jumps in the jump combination need not be different from the solo jumps.
- For the spiral sequence in all grades, there must be at least three spiral positions with at least one change of foot. Each spiral position must be held for at least three seconds to count as a position.

NOTE: In order to encourage skaters to include the more difficult jumps in their short programmes, skaters in the following grades who attempt these jumps and fall on the landing, will not be penalised by the Technical Panel for the fall (i.e. will not receive a 1.00 deduction from total segment score) but will still have the jump downgraded if more than 1/4 turn under-rotated.

- **Novice and Junior** skaters to include the double axel and triple jumps (including triple Axel for Junior Men)
- Senior skaters to include triple jumps (including triple Axel for Senior Men) in their Short Programme; and,
- **Pre Primary** skaters to include double jumps in their Short Programmes.

Application of Grades of Execution (GOEs) will remain as per ISU guidelines.

JUVENILE Short Programmes must not exceed two minutes 15 seconds but may be less provided all the elements have been included; the time to be taken from the moment the competitor begins to move or skate. Deductions as per ISU Rule 353, paragraph 1)ii will apply.

- For Juvenile grade, the jumps in the jump combination need **not** be different from the solo jumps.
- For the spiral sequence, there must be at least three spiral positions with at least one change of foot. Each spiral position must be held for at least three seconds to count as a position.

NOTE: Application of Grades of Execution (GOEs) will be as per ISU guidelines.

NOTE: In order to encourage Juvenile skaters to include double jumps in their Short Programmes, skaters who attempt these jumps and fall on the landing, will not be penalised by the Technical Panel for the fall (i.e. will not receive a 0.50 deduction from total segment score) but will still have the jump downgraded if more than 1/4 turn under-rotated. Application of Grades of Execution (GOEs) will remain as per ISU guidelines.

The Short Programme shall consist of only the following elements:

SENIOR LADIES AND MEN As per current ISU Regulations

JUNIOR LADIES AND MEN

As per current ISU Regulations

NOTE: ISU Communications that outline new or amended regulations for Junior and Senior will be effective immediately from the date issued by ISU.

NOVICE

Duration: must not exceed 2 minutes 50 seconds

- a) Double Axel Paulsen
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two double jumps or one double and one triple jump. Jumps must be different from b).
- d) Flying camel or sit spin (minimum eight revolutions)
- e) LADIES Layback or sideways leaning spin (minimum eight revolutions)
MEN Sit spin or camel spin (Free choice) (minimum eight revolutions)
- f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

NOTE: Please note that the programme length for Novice at international competitions is 2 minutes 30 seconds. If skating in Novice internationally, please consult the latest ISU Communication on Guidelines for Novice Competitions and the Competition announcement for required elements.

INTERMEDIATE

Duration: must not exceed 2 minutes 50 seconds

- a) Axel Paulsen or Double Axel Paulsen (optional)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of a single followed by a double jump or two double jumps. Jumps must be different from jump in b).
- d) Flying sit or camel spin (minimum eight revolutions)
- e) Layback, sideways leaning, sit or camel spin (Free choice) (minimum eight revolutions)
- f) Spin combination with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

PRIMARY

Duration: must not exceed 2 minutes 50 seconds

- a) Axel Paulsen or Double Axel (optional)
- b) One double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two double jumps or one single jump followed by one double jump (order specified). Jumps must be different from jump in b).
- d) Flying camel spin (minimum eight revolutions)
- e) Sit spin or camel spin on alternate years (Sit spin in odd years and camel spin in even years) (Minimum eight revolutions)
- f) Spin with minimum of one change of position (sit, camel, upright or any variation thereof), and a compulsory change of foot (minimum six revolutions on each foot)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN One step sequence (straight line, circular or serpentine)
- h) LADIES One step sequence (straight line, circular or serpentine)
MEN One step sequence of a different nature from g)

PRE-PRIMARYDuration: must not exceed 2 minutes 50 seconds

- a) Axel Paulsen
- b) Single Flip or single Lutz or double jump (free choice) immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of any single jump followed by any single or double jump.
- d) Flying spin - choice of upright, sit or camel (minimum six revolutions).
- e) Sit spin or camel spin – free choice (minimum six revolutions)
- f) Spin with minimum of one change of position, and an optional change of foot (sit, camel, upright or any variation thereof) (minimum six revolutions or five revolutions on each foot if a change of foot is executed)
- g) LADIES Spiral sequence consisting of three spiral positions
MEN Step sequence (straight line, circular or serpentine)

JUVENILEDuration: must not exceed 2 minutes 15 seconds

- a) Single Loop jump
- b) Single Flip or single Lutz (free choice) immediately preceded by connecting steps and/or other comparable free skating movements
- c) One jump combination consisting of two single jumps or one double and one single jump (choice of order)
- d) Upright spin (minimum six revolutions)
- e) Sit spin or camel spin (minimum six revolutions)
- f) Spin with minimum of one change of position, and an optional change of foot (sit, camel, upright or any variation thereof) (minimum six revolutions or five revolutions on each foot if a change of foot is executed)
- g) LADIES Spiral sequence consisting of three spirals
MEN Step sequence (straight line, circular or serpentine)

NOTE: Elements not performed as prescribed will be judged in accordance with the ISU Guidelines for Judges in establishing Grades of Execution (GOEs).

229.2 FREE SKATE PROGRAMME REQUIREMENTS

SENIOR	LADIES	4 minutes
	MEN	4 minutes 30 seconds
JUNIOR	LADIES	3 minutes 30 seconds
	MEN	4 minutes

(refer current ISU Rules for a well-balanced Junior or Senior program)

NOVICEDuration: Ladies – 3 minutes +/- 10 seconds;Men – 3 minutes 30 seconds +/- 10 seconds

A well-balanced Novice programme must contain a **maximum of 11 elements**:

- A **maximum of 7 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.
- A **maximum of three different spins**, including one combination spin and one flying spin. In the combination a change of foot is compulsory and the number of different positions is free. Spin combination – at least 10 revolutions in total. All other spins at least six revolutions in total including changes of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- Ladies: **One step sequence** (straight line, serpentine, circular).
- Men: **One step sequence** (straight line, serpentine, circular) fully utilising the ice surface.

INTERMEDIATEDuration: 3 minutes +/- 10 seconds

A well-balanced Intermediate programme must contain a **maximum of 11 elements**:

- A **maximum of 7 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One

jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.

- A **maximum of three different spins**, including one combination spin and one flying spin. In the combination a change of foot is compulsory and the number of different positions is free. Spin combination – at least 10 revolutions in total. All other spins at least six revolutions in total including changes of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- Ladies: **One sequence of spirals** (two or more) and/or free skating movements such as turns, arabesques and spread eagles, fully utilising the ice surface.
- Men: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.

PRIMARY

Duration: 2 minutes 30 seconds +/- 10 seconds

A well-balanced Primary programme must contain a **maximum of 10 elements**:

- A **maximum of 6 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.
- A **maximum of three different spins**, including one combination spin and one flying spin. In the combination a change of foot is compulsory and the number of different positions is free. Spin combination – at least 10 revolutions in total. All other spins at least six revolutions in total including changes of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- Ladies: **One sequence of spirals** (two or more) and/or free skating movements such as turns, arabesques and spread eagles, fully utilising the ice surface.
- Men: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.

PRE PRIMARY

Duration: 2 minutes 30 seconds +/- 10 seconds

A well-balanced Pre Primary programme must contain a **maximum of 10 elements**:

- A **maximum of 6 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.
- A **maximum of three different spins**, including one combination spin and one flying spin. In the combination a change of foot is compulsory and the number of different positions is free. Spin combination – at least 10 revolutions in total. All other spins at least six revolutions in total including changes of foot. Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.
- Ladies: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.
- Men: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.

JUVENILE

Duration: 2 minutes +/- 10 seconds

A well-balanced Juvenile programme must contain a **maximum of 9 elements**:

- A **maximum of 5 jump elements** (one of which must be an axel type jump) and include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to 3 jumps, the other two combinations must only consist of 2 jumps each.
- A **maximum of three different spins**, chosen from the following options (a spin option cannot be repeated):
 1. Spins in one position without a change of foot (minimum six (6) revolutions)*:
 2. Spins in one position with a change of foot (minimum ten (10) revolutions)*:
 3. Combination spins without a change of foot (minimum six (6) revolutions)*
 4. Combination spin with a change of foot (minimum ten (10) revolutions)*
 5. A flying spin minimum of six (6) revolutions*.

Revolutions are counted from the entry to the exit of the spin and no particular positions are stipulated.

- Ladies: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.
- Men: **One straight line, serpentine or circular step sequence** fully utilising the ice surface.

*Those Juvenile skaters who wish to compete in Australian Inter-Club or State Championships need to check the competition announcement as the spin requirements may differ from the above.

NOTE: For those skaters who perform a waltz jump as their ‘Axel-type jump’, the jump will be called an Axel – no value. In order to encourage Juvenile skaters to include single Axels in their Free Skate program, skaters who attempt an Axel and fall on the landing will not be penalised by the Technical Panel for the fall (i.e. will not receive a 0.50 deduction from total segment score) but will still have the jump downgraded to Axel – no value if more than 1/4 turn under-rotated. Application of Grades of Execution (GOEs) will remain as per ISU guidelines.

NOTE: Falls in Juvenile grade to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

Repetition of Jumps: This rule applies to grades from Pre-Elementary to Novice. For Junior and Senior see ISU Rule 520, part 2, Repetitions.

Of all the jumps only three (3) can be repeated and these repetitions must be in either a jump-combination or in a jump sequence (e.g. 1F and 1F + 1Lo). Jumps with a different number of rotations but with the same name will be considered as two different jumps. A repeated jump, not included into a jump combination or jump sequence, will be considered as a part of a not successfully executed jump sequence and counted as a jump sequence with only one jump executed (e.g. 2Lz + SEQ). If three (3) jump combinations or jump sequences (in total) have already been executed, the repeated solo jump will be treated as an additional element and therefore not considered (but this element will occupy a jump element box if there still is any left). No jump can be attempted more than twice. If a fourth repeated jump is executed in a combination or sequence, the entire combination or sequence will be treated as an additional element and therefore not considered (but this element will occupy a jump element box if there still is any left).

229.3 PRE-ELEMENTARY AND ELEMENTARY GRADES – GUIDELINES FOR CLUB AND SUB-ASSOCIATION CHAMPIONSHIPS/COMPETITIONS

In the Pre Elementary and Elementary Section competitions for Singles each grade will skate a free skate programme only.

Eligibility for Pre Elementary Grade –skater may not hold any NZISA Free Skating medals and may hold Elementary but no higher Stroking test.

Requirements for Pre Elementary Grade (Programme length – up to 2 minutes 15 seconds)

- Optional jump (selected from loop, flip or lutz)
- Salchow
- Toe loop
- One foot spin (min 3 revs)
- A Spiral Sequence consisting of least one (1) Spiral on a bold curve
- Simple Step Sequence (at least one half the length of the rink)

Eligibility for Elementary Grade - skater must hold a minimum of Elementary Free Skating and Elementary Stroking.

Requirements for Elementary Grade (Programme length – up to 2 minutes 15 seconds)

- a) Salchow
- b) Toe loop
- c) One foot spin with no change of position – choice of Upright/sit/camel (min 4 revs)
- d) Spiral sequence (consisting of two or more spirals) or step sequence (must utilise the full ice surface)
- e) Optional element 1, jump different from those above
- f) Optional element 2, jump different from those above
- g) Optional element 3, spin different from those above (can be a combination spin with no change of foot (min 4 revs))

NOTE: One of the optional jump elements can be a jump combination.

NOTE: A Waltz jump is a non-classified jump (less than one revolution) and therefore does not have a scale of value.

NOTE: Falls in Pre Elementary and Elementary grades to be deducted as a 0.50 deduction rather than a full 1.00 deduction.

229.4 ADULT SINGLES FREE SKATING

In the Adult Section competitions for Singles each grade will skate a free skate programme only. The emphasis of the programme is to be on Presentation rather than Technical Merit, although this will be taken into consideration. Vocal music is permitted.

Requirements for Adult Singles Free Skating:

BRONZE

Duration: must not exceed 1 minute 40 seconds.

A well-balanced **BRONZE** programme must contain a **maximum of 7 elements:**

- A maximum of four (4) jump elements. Only single jumps are permitted, no axel type jump, no double or triples jumps can be included. Must include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.
- A maximum of two (2) spins of a different abbreviation. The spins must have a required minimum number of revolutions: three (3) for a spin with only one position and no change of foot; four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with a change of foot. **Flying spins are not permitted.**
- A maximum of one (1) step sequence (straight line, circular or serpentine) or spiral sequence covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface. In order for the Technical Panel to award above Level 1 for step or spiral sequence, they must fully utilise the ice surface.

SILVER

Duration: must not exceed 2 minutes 10 seconds.

A well-balanced **SILVER** programme must contain a **maximum of 9 elements:**

- A maximum of five (5) jump elements. The single Axel or any other single Axel type jump and all other single jumps are permitted. Must include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.
- A maximum of three (3) spins of different abbreviations, one of which must be a spin combination with an optional change of foot. The spins must have a required

minimum number of revolutions: three (3) for a flying spin with no change of foot after landing, three (3) for a spin with only one position and no change of foot, four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with a change of foot.

- **A maximum of one (1) step sequence (straight line, circular or serpentine) or spiral sequence** covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface. In order for the Technical Panel to award above Level 1 for step or spiral sequence, they must fully utilise the ice surface.

GOLD

Duration: must not exceed 2 minutes 40 seconds.

A well-balanced **GOLD** programme must contain a **maximum of 10 elements:**

- **A maximum of 6 jump elements**, consisting only of jumps but can include a single Axel and double jumps, excluding double flip, double Lutz and double Axel. Must include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.
- **A maximum of three (3) spins of different abbreviations**, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: four (4) for a flying spin with no change of foot after landing; four (4) for a spin with only one position and no change of foot; four (4) for the spin combination with no change of foot and eight (4+4) for the spin combination with a change of foot.
- **A maximum of one (1) step sequence (straight line, circular or serpentine) or spiral sequence** fully utilising the ice surface (may include spirals, free skate movements, steps and turns).

ELITE

Duration: must not exceed 3 minutes 10 seconds.

A well-balanced **ELITE** programme must contain a **maximum of 11 elements:**

- **A maximum of seven (7) jump elements**, one of which must be an Axel type jump. Single, double or triple jumps are permitted. Must include at least one jump combination or sequence of jumps, but not more than three in total. One jump combination could consist of up to three jumps; the other two combinations must only consist of two jumps each. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.
- **A maximum of three (3) spins of different abbreviations**, one of which must be a spin combination with a change of foot and one must be a flying spin. The spins must have a required minimum number of revolutions: five (5) for a flying spin with no change of foot after landing, five (5) for a spin with only one position and no change of foot; five (5) for the spin combination with no change of foot and eight (4+4) for the spin combination with a change of foot.
- **A maximum of one (1) step sequence (straight line, circular or serpentine) or spiral sequence** fully utilising the ice surface (may include spirals, free skate movements, steps and turns).

229.5 BRONZE/SILVER and GOLD/ELITE INTERPRETIVE PROGRAMMES

Duration: must not exceed 1 minute and 40 seconds with the emphasis on interpretation of the music and performance of the programme.

- No requirements are stipulated and no technical element scores will be given. Marks are derived from the five Component marks awarded.
- Costumes may be more theatrical in nature.
- Vocal music is allowed.
- No props are allowed.

230 ICE DANCE PROGRAMMES

The ISU Regulations and current Communications shall apply to all grades with the guidelines for Novice and Pre Novice (Primary) applying for those grades and below, except where these rules differ or specify otherwise.

NOTE: ISU Communications that outline new or amended regulations for Junior and Senior will be effective immediately from the date issued by ISU. This is for all competitions in New Zealand that use ISU Regulations for Junior and Senior events. All other events will use the rules as per NZISA Rules and Regulations current for that year and as per the Nationals announcement.

NOTE: Deductions for Compulsory Dances, Original Dance and Free Dance will be in accordance with current ISU Rules.

230.1 Dance groupings and Compulsory Dances for NZISA Championships:

SENIOR	As per ISU Draw for Senior <u>Ice</u> Dance
JUNIOR	As per ISU Draw for Junior <u>Ice</u> Dance
NOVICE	Group 1: American Waltz, Rocker Foxtrot, Quickstep Group 2: Blues, Paso Doble, Starlight Waltz Group 3: Tango, Kilian, Westminster Waltz <i>For each year, 2 dances to be drawn from group <u>at each competition.</u></i>
PRIMARY	Group 1: European Waltz, Silver Samba, Blues Group 2: Foxtrot, Cha Cha Congelado, Tango Group 3: Fourteenstep, Rocker Foxtrot, Starlight Waltz <i>For each year, 2 dances to be drawn from group <u>at each competition.</u></i>
PRE PRIMARY	Group 1: Willow Waltz, Blues Group 2: Ten Fox, European Waltz Group 3: Fourteenstep, Foxtrot
JUVENILE	Group 1: Canasta Tango, Willow Waltz Group 2: Fiesta Tango, Ten Fox Group 3: Swing Dance, Baby Blues
Compulsory dances:	
Group 1:	2009, 2012, 2015
Group 2:	2007, 2010, 2013
Group 3:	2008, 2011, 2014

230.2 Programme lengths for Original Dance and Free Dance for NZISA Championships

ORIGINAL DANCE

Senior & Junior as per ISU requirements
Tempo - as per ISU requirements

NOVICE

Group 1: Latin American (25-60 measures/minute, 100-140 beats/minute)
Group 2: Polka (45-62 measures/minute, 90-124 beats/minute)
Group 3: Waltz (30-66 measures/minute, 90-198 beats/minute).

JUVENILE, PRE PRIMARY and PRIMARY

Group 1:	Foxtrot (28-32 measures/minute, 112-118 beats/minute)
Group 2:	March (52-62 measures/minute, 112-124 beats/minute)
Group 3:	Tango (24-35 measures/minute, 96-140 beats/minute)

Original dance:

Group 1:	2009, 2012, 2015
Group 2:	2007, 2010, 2013
Group 3:	2008, 2011, 2014

REMARKS

- a) **Requirements** - Two elements must be included:
- One Diagonal, Midline or Circular Step Sequence**, extending from barrier to barrier as far as practicable. The step sequence must incorporate footwork for both partners and the partners must maintain Closed/Tango and/or Open position only throughout. Except during the required footwork sequence, the pattern of the dance must proceed in a generally constant direction (either clockwise or anti-clockwise) and must not cross the long axis of the ice surface except at each end of the rink (within no more than 20 metres from the end barriers). Loops in either direction are permitted provided they do not cross the long axis;
 - One dance spin**, with a minimum of two revolutions on one foot for each partner. The position is optional. Pulling or pushing the partner by the boot and/or leg is not permitted. The partner may be aided by holding the foot and/or leg only during the required dance spin. One full stop is allowed which must not exceed 5 seconds in duration. Any choreography (including a separation) is permitted during the stop. A stop may not be included in the required step sequence. No spins or pattern regressions are permitted during the step sequence.
- b) Vocal music is permitted. Only music with a rhythmic beat may be used. Couples must skate to the underlying beat and not only to the melody. The musical introduction may be without beat or melody for a maximum of ten seconds. The dance shall be one and a half minutes plus or minus ten seconds in duration.
- c) All steps, turns, rotations and changes of position are permitted if they are appropriate to the rhythm and the music chosen. Footwork is required for both skaters and a programme that relies heavily on the use of chasses and progressives is considered less difficult than one containing changes of edge, turns, Mohawks, Choctaws and other such steps. Repetition of any step or sequence is permitted. Toe steps and a few small hops (without rotation) for one or both partners may be included if they are appropriate to the rhythms and the music chosen. One skate of each partner must remain on the ice at all times except during the small hops. Skating on two feet (resulting from the inability to skate or maintain balance) by one or both partners shall be penalised.
- d) Kneeling or sliding on both knees during the programme is not permitted. Skating or posing with a hand (or hands) on the ice is not permitted at any time including the introduction and conclusion. Partners must not separate except to change dance hold or to perform brief movements in character with rhythm and music chosen or to perform a required element (if specified). There are no restrictions on dance holds, arm movements, handclaps and the like that are interpretive of the music. Brief hand-in-hand positions to express the character of the rhythm are permitted except during the required step sequence.

FREE DANCE

Senior	4 minutes – as per current ISU Rules
Junior	3 minutes 30 seconds – as per current ISU Rules
Novice	3 minutes
Primary	2 minutes

All programme lengths are +/- 10 seconds

For **Novice and Primary Free Dance**, the emphasis should be placed on steps, flow and timing rather than on lifts.

Requirements - A maximum of **three elements for Primary** and a maximum of **five elements for Novice**.

One Diagonal, Midline or Circular Step Sequence must be included, extending from barrier to barrier as far as practicable. The step sequence must incorporate footwork for both partners and the partners must maintain Closed, Tango and/or Open position throughout. Lifts, jumps, dance spins and stops are not allowed during the step sequence.

One dance spin must be included, with a minimum of two revolutions on one foot for each partner. The position is optional.

Lifts: For Primary, one straight line, curve or serpentine lift is permitted in which the lady is lifted by the man and set down without rotation. Rotational lifts are illegal elements and will incur a 2.0 penalty for each illegal element. **For Novice, a maximum of three lifts (curve, straight line, serpentine or rotational)** are permitted and, if included, must demonstrate good control of ascending, descending and rotational movements. Reverse rotational lifts are illegal elements and will incur a 2.0 penalty for each illegal element.

Pre Primary	Not required
Juvenile	Not required

230.3 **ADULT ICE DANCE**

Adult Ice Dance consists of the following separate events:

- Compulsory Dance event (all grade levels)
- Original Dance event (all grade levels)
- Free Dance event (Silver, Gold and Elite grade levels only)

However, to be awarded the Championship title for the event, couples must compete in all sections for the grade.

i) COMPULSORY DANCE EVENT REQUIREMENTS

BRONZE **2008 – 2009 Season:** Fiesta Tango, European Waltz, Fourteenstep
2009 – 2010 Season: Willow Waltz, Fourteenstep, Foxtrot
Two dances to be drawn at each competition.

SILVER **2008 – 2009 Season:** Blues, Paso Doble
2009 – 2010 Season: European Waltz, Tango

GOLD **2008 – 2009 Season:** Argentine Tango, Quickstep
2009 – 2010 Season: Paso Doble, Westminster Waltz

ELITE **2008 – 2009 Season:** Austrian Waltz, Rhumba
2009 – 2010 Season: Paso Doble, Westminster Waltz

NOTE: Dances that can be utilised at Club and Sub-Association level can also include Dutch Waltz, Canasta Tango, Rhythm Blues, Hickory Hoedown, ChaCha, Riverside Rhumba, and Golden Skaters Waltz.

ii) **ORIGINAL DANCE EVENT REQUIREMENTS (All Grades):** maximum duration of 2 minutes 40 seconds

NOTE: The Original Dance rhythm for each grade will be announced each year by the ISU in the announcement for the ISU Adult Skating Competition. The duration of the programme is a maximum of 2 minutes 40 seconds . Vocal music is permitted for the Original Dance.

Rhythm:

2008 – 2009 Season: Music from the 20s, 30s, and 40s

2009 – 2010 Season: Folk/Country Dance

Required Elements:

- Up to two (2) different types of dance lifts, with a maximum duration of 6 seconds duration each;
- One (1) Diagonal or Midline Step Sequence, in varied hold;
- One (1) dance spin, with optional position, minimum of three revolutions on one foot for each partner. A combination spin is not permitted.

iii) **FREE DANCE EVENT REQUIREMENTS:**

SILVER: maximum duration of 2 minutes and 40 seconds

Required Elements:

- A maximum of one (1) dance lift, with a maximum duration of 6 seconds
- A maximum of one (1) Circular Step Sequence, clockwise or anti-clockwise;
- A maximum of one (1) set of Synchronized Twizzles;
- A maximum of one (1) dance spin, with optional position, consisting of at least three (3) revolutions on one foot for each partner. A simple spin with no change of foot, or a combination spin with change of foot are permitted.

GOLD: maximum duration of 3 minutes and 10 seconds

Required Elements:

- A maximum of two (2) dance lifts, 1 short lift with a maximum duration of 6 seconds and 1 long lift with a maximum duration of 12 seconds;
- A maximum of one (1) dance spin, with optional position, consisting of at least three (3) revolutions on one foot for each partner. A simple spin with no change of foot, or a combination spin with change of foot are permitted;
- A maximum of one (1) Diagonal or Midline Step Sequence, in varied hold;
- A maximum of one (1) set of Synchronized Twizzles with up to three steps between.

ELITE: maximum duration of 3 minutes and 10 seconds

Required Elements:

- A maximum of two (2) dance lifts, 1 short lift with a maximum duration of 6 seconds and 1 long lift with a maximum duration of 12 seconds;
- A maximum of one (1) dance spin, with optional position, consisting of at least three (3) revolutions on one foot for each partner. A simple spin with no change of foot, or a combination spin with change of foot are permitted;
- A maximum of one (1) Diagonal or Midline Step Sequence, in varied hold;
- A maximum of one (1) set of Synchronized Twizzles with up to three steps between.

230.4 PRE-ELEMENTARY AND ELEMENTARY GRADES – GUIDELINES FOR CLUB AND SUB-ASSOCIATION CHAMPIONSHIPS/COMPETITIONS

Dances for Pre Elementary Grade

Dutch Waltz, Canasta Tango

Eligibility for Pre Elementary Grade - NZISA Ice Dance medals may not be held.

Dances for Elementary Grade

Swing Dance, Baby Blues

Eligibility for Elementary Grade - 1 skater may hold Preliminary Compulsory Ice Dance but no higher tests.

230.5 SOLO DANCE EVENTS

a) **Pre Primary**

Group 1: Dutch Waltz, Fiesta Tango, Ten Fox

Group 2: Swing Dance, Canasta Tango, Willow Waltz

Two compulsory dances are to be skated and drawn from the group for that year at each competition. For Pre Primary, the Dance Groups are as follows:

Group 1: Even Years

Group 2: Odd Years

Eligibility for Pre Primary Grade - a skater may hold Preliminary Compulsory Ice Dance but no higher tests.

b) **Primary**

Two dances are to be skated – one Compulsory Dance and one Variation Dance.

The compulsory dance on which to base the variation on is to be announced in February each year, along with an explanation of what constitutes a variation. The variation is to be repeated in each of the complete patterns of the dance.

The compulsory dance on which the variation is to be based will be drawn from the following dances:

Blues

Foxtrot

European Waltz

Tango

*Fourteenstep (skated as a compulsory dance only)

In February each year, two of the remaining four dances will be announced as the compulsory dances for that year. A draw will be held at each competition to determine which one of the two compulsory dances will be skated at that event.

Eligibility for Primary Grade - a skater may hold Bronze Compulsory Ice Dance but no higher tests.

c) **Open**

Two dances are to be skated – one Compulsory Dance and one Combination Dance.

The dance to be skated for the Combination Dance for the Open Solo Dance Competition will be announced in February each year and will be drawn from the following dances:

Quickstep

Argentine Tango

Paso Doble

Rocker Foxtrot

Westminster Waltz

*Kilian (skated as a compulsory dance only)

In February each year, two of the remaining five dances will be announced as the compulsory dances for that year. A draw will be held at each competition to determine which one of the two compulsory dances will be skated at that event.

Requirements for the Combination dance:

- A maximum on one (1) dance spin, simple spin in one position or a combination spin with no change of foot.
- A maximum of one (1) Diagonal, Midline or Circular step sequence

Composition of the Combination Dance:

The composition of the Combination dance may follow one of the following three options:

i) CD section first followed by the OD section.

Sequence 1

Sequence 2

DiSt (Diagonal Step sequence), CiSt (Circular Step Sequence) or MiSt (Midline Step Sequence)

Sp or CoSp

ii) CD sequences split with the OD section in the middle.

Sequence 1

DiSt, CiSt or MiSt

Sp or CoSp

Sequence 2

iii) OD section first followed by the CD sequences.

DiSt, CiSt or MiSt

Sp or CoSp

Sequence 1

Sequence 2

Judging of the combination dance follows the IJS system for judging Compulsory Dances and elements for Original Dances. Five Component Marks are used, rather than the 4 used for marking Compulsory Dances, to allow judges to reflect the choreography mark for the Original Dance section.

Eligibility for Open Grade - a skater must hold Inter Silver Compulsory Ice Dance but may hold higher.

230.6 ICE DANCE WARM-UP GUIDELINES

Elementary to Primary: 4 minute warm-up with rotation of up to three versions of each dance.

Novice, Junior and Senior: As per current ISU rules.

230.7 ICE DANCE MUSIC GUIDELINES

For compulsory dances (including the South Island Dancing Trophy at the South Island competition and the New Zealand Waltzing Trophy and Norman Wright Waltzing Trophy at the New Zealand National Championships), the official ISU Compulsory Dance music will be used. For non-ISU dances, the compulsory dance music distributed to Clubs and Sub-Associations by the NZISA will be used.

231 PAIR SKATING PROGRAMMES

The ISU Regulations and current Communications shall apply to all grades with the guidelines for Novice and Pre Novice (Primary) applying for those grades and below, except where these rules differ or specify otherwise.

231.1 SHORT PROGRAMME

SENIOR, JUNIOR, NOVICE AND PRIMARY Short Programmes must not exceed two minutes 50 seconds but may be less provided that all the required elements have been included; the time to be taken from the moment the competitors begin to move or skate. Any element completed after the time allowed will be considered as omitted.

SENIOR As per current ISU Rules

JUNIOR As per current ISU Rules

NOTE: ISU Communications that outline new or amended regulations for Junior and Senior will be effective immediately from the date issued by ISU.

The Short Programme shall consist of only the following elements:

NOVICE Duration: must not exceed 2 minutes 50 seconds

- a) One solo Axel Paulsen jump
- b) One solo double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One lift selected from Group 3 or 4
- d) One solo Flying spin (minimum 8 revolutions)
- e) Pair combination spin with one change of foot and at least two changes of position (sit, camel, upright or any variation thereof) (minimum of 6 revolutions)
- f) One Backward Death Spiral
- g) One Spiral Sequence
- h) One Step Sequence (straight line, circular or serpentine)

PRIMARY Duration: must not exceed 2 minutes 50 seconds

- a) One solo Axel Paulsen jump
- b) One solo double jump immediately preceded by connecting steps and/or other comparable free skating movements
- c) One lift selected from Group 2
- d) One solo Combination spin with one change of foot and at least one change of position (sit, camel, upright or any variation thereof) (minimum of 10 revolutions)
- e) One Pair combination spin with one change of foot and at least one changes of position (sit, camel, upright or any variation thereof) (minimum of 6 revolutions)
- f) One Death Spiral
- g) One Spiral Sequence
- h) One Step Sequence (straight line, circular or serpentine)

PRE PRIMARY and JUVENILE Short Programme must not exceed two minutes 15 seconds but may be less provided that all the required elements have been included; the time to be taken from the moment the competitors begin to move or skate.

PRE PRIMARY Duration: must not exceed 2 minutes 15 seconds

- a) One solo Flip or Lutz jump
- b) One solo combination jump
- c) One lift selected from Group 2
- d) One Pair camel spin (minimum of 4 revolutions)
- e) One solo combination spin with one change position (sit, camel, upright or any variation) (minimum of 10 revolutions)
- f) One Pivot Spiral
- g) One Step Sequence (straight line, circular or serpentine)

JUVENILE Duration: must not exceed 2 minutes 15 seconds

- a) One solo Flip or Loop jump
- b) One solo combination jump
- c) One lift selected from Group 1
- d) One solo spin with no change of foot but may have one or more changes of position (minimum of 4 revolutions)
- e) One Pair Spin (minimum of 3 revolutions)
- f) One Spiral Sequence or Step Sequence (straight line, circular or serpentine)

231.2 PAIR SKATING FREE PROGRAMME LENGTHS FOR NZISA CHAMPIONSHIPS

SENIOR 4 minutes 30 seconds (+/- 10 seconds)

JUNIOR 4 minutes (+/- 10 seconds)

(refer current ISU Rules for a well-balanced Junior or Senior program)

NOVICE Duration: 3 minutes (+/- 10 seconds)

A well-balanced Novice programme must contain:

- A **maximum of (one) 1 lift** which can be chosen from Group 2 or 3
- A **maximum of one (1) throw jump**
- A **maximum of one (1) solo jump**
- A **maximum of one (1) jump combination or sequence**
- A **maximum of one (1) solo spin or solo spin combination (minimum of 6 revolutions);**
- A **maximum of one (1) pair spin or pair spin combination (minimum of 6 revolutions);**
- A **maximum of one (1) death spiral or pivot spiral**
- A **maximum of one (1) step sequence**
- A **maximum of one (1) sequence of spirals**

PRIMARY Duration: 2 minutes 30 seconds (+/- 10 seconds)

A well-balanced Primary programme must contain:

- A **maximum of one (1) lift**, which can be chosen from Group 1, or 2 (Lifts are not essential and, if included, must be performed with full extension of the lifting arm).
- A **maximum of two (2) solo jumps**
- A **maximum of one (1) jump combination or sequence**
- A **maximum of one (1) solo spin or solo spin combination (minimum of 6 revolutions);**
- A **maximum of one (1) pair spin or pair spin combination (minimum of 4 revolutions);**
- A **maximum of one (1) pivot spiral**
- A **maximum of one (1) step sequence**
- A **maximum of one (1) sequence of spirals**

PRE PRIMARY Duration: 2 minutes (+/- 10 seconds)

JUVENILE Duration: 2 minutes (+/- 10 seconds)

A well-balanced **Pre Primary or Juvenile** programme must contain:

- A **maximum of one (1) solo jump**
- A **maximum of one (1) jump combination or sequence**
- A **maximum of one (1) solo spin or solo spin combination (minimum of 4 revolutions);**

- A **maximum of one (1) pair spin or pair spin combination** (minimum of 3 revolutions);
- A **maximum of one (1) pivot spiral**
- A **maximum of one (1) step sequence or sequence of spirals**

231.3 ADULT PAIR SKATING

In the Adult competitions for Pair Skating each grade will skate a free skate programme only. The emphasis of the programme is to be on Presentation rather than Technical Merit, although this will be taken into consideration. Vocal music and is permitted. No props are permitted.

BRONZE

Duration: maximum of 2 minutes 10 seconds

A well-balanced Bronze programme must contain:

- **Maximum of one (1) solo jump.** Only single jumps are permitted.
- **Maximum of one (1) jump combination** with a maximum of three jumps included **or one (1) jump sequence** (the two jumps with the highest value will count for points)
- **Maximum of one (1) pair spin** (minimum of three revolutions) **or pair combination spin** (minimum of 4 revolutions);
- **Maximum of one (1) solo spin** (minimum of three revolutions for one position or flying spin **or solo combination spin** with or without a change of foot (minimum of 4 revolutions);
- **Maximum of one (1) pivot spiral** (at least $\frac{3}{4}$ revolution in pivot position by the man is required)
- **Maximum of one (1) step sequence (straight line, circular or serpentine) or spiral sequence** covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering $\frac{1}{2}$ the width of the ice surface. In order for the Technical Panel to award above Level 1 for step or spiral sequence, they must fully utilise the ice surface.

SILVER

Duration: maximum of 2 minutes 40 seconds

A well-balanced Silver programme must contain:

- **Maximum of one (1) lift,** which can be chosen from Group 1, or 2 (Lifts are not essential and, if included, must be performed with full extension of the lifting arm).
- **Maximum of two (2) solo jumps.** Only single jumps are permitted.
- **Maximum of one (1) jump combination** with a maximum of three jumps included **or one (1) jump sequence** (the two jumps with the highest value will count for points)
- **Maximum of one (1) pair spin** (minimum of three revolutions) **or pair combination spin** (minimum of 4 revolutions);
- **Maximum of one (1) solo spin** (minimum of three revolutions for one position or flying spin **or solo combination spin** with or without a change of foot (minimum of 4 revolutions);
- **Maximum of one (1) pivot spiral** (at least $\frac{3}{4}$ revolution in pivot position by the man is required)
- **Maximum of one (1) step sequence (straight line, circular or serpentine) or spiral sequence** covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering $\frac{1}{2}$ the width of the ice surface. In order for the Technical Panel to award above Level 1 for step or spiral sequence, they must fully utilise the ice surface.

GOLD

Duration: maximum of 3 minutes 10 seconds

A well-balanced Gold programme must contain:

- **Maximum of one (1) lift** which can be chosen from Group 1 or 2
- **Maximum of one (1) throw jump** (single only)
- **Maximum of one (1) solo jump.** Only single jumps are permitted.
- **Maximum of one (1) jump combination** with a maximum of three jumps included **or one (1) jump sequence** (the two jumps with the highest value will count for points)

- Maximum of one (1) pair spin (minimum of three revolutions) or pair combination spin (minimum of 6 revolutions);
- Maximum of one (1) solo spin (minimum of three revolutions for one position or flying spin or solo combination spin with or without a change of foot (minimum of 6 revolutions);
- Maximum of one (1) death spiral or pivot spiral (at least ¾ revolution in pivot position by the man is required)
- A maximum of one (1) step sequence (straight line, circular or serpentine) or spiral sequence covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface. In order for the Technical Panel to award above Level 1 for step or spiral sequence, they must fully utilise the ice surface.

ELITE

Duration: maximum of 3 minutes 10 seconds

A well-balanced Elite programme must contain:

- Maximum of three (3) lifts, one of which may be a twist lift. Variations of the lady's position, no-handed and one-handed lifts, combination lifts or overhead lifts are not permitted.
- Maximum of one (1) throw jump (single only)
- Maximum of one (1) solo jump. Only single jumps are permitted.
- Maximum of one (1) jump combination with a maximum of three jumps included or one (1) jump sequence (the two jumps with the highest value will count for points)
- Maximum of one (1) pair spin (minimum of three revolutions) or pair combination spin (minimum of 6 revolutions);
- Maximum of one (1) solo spin (minimum of three revolutions for one position or flying spin or solo combination spin with or without a change of foot (minimum of 6 revolutions);
- Maximum of one (1) death spiral or pivot spiral (at least ¾ revolution in pivot position by the man is required)
- A maximum of one (1) step sequence (straight line, circular or serpentine) or spiral sequence covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface. In order for the Technical Panel to award above Level 1 for step or spiral sequence, they must fully utilise the ice surface.

For Synchronized Skating Programmes, please refer to NZISA Rule 605.

232 ANNOUNCEMENTS, DRAWS AND OFFICIAL PRACTICES

- 232.1 The draws for the starting order of National Championships are to be made publicly by the Referee. The Referee should ask the Organiser to check the correct spelling of the names of the competitors and officials. For North and South Island Championships, the draws are to be made by the Referee or appointed representative. For Club and other sub-association events, a referee, senior judge or member of the organizing committee may conduct the draw for the starting order of the first or only section of an event. Draws for subsequent sections of an event are to be conducted by the Referee.
- 232.2 Starting numbers shall be drawn by each competitor, if present, by official representatives of their club or by members of the organizing committee.
- 232.3 The official announcement of the entries and of the panels of Judges and Technical Panel Officials is to be publicly posted by the Organising Committee (Club and Sub-Association competitions) and by the NZISA for National Championships at least 24 hours prior to the first starting order draw of that event. Preliminary unofficial announcements of entries and Judges may be made by the organisers at any time after the closing of the entries.
- 232.4 The official announcement of the entries and of the panels of officials is made by the referee of each event at the time of the first starting order draw of that event.

Preliminary unofficial announcements of entries and officials may be made by the organizers at any time after the close of entries.

- 232.5 Once a competitor's official practices begin, they may only skate on official practice sessions.
- 232.6 For Ice Dancing, the starting order draws will be conducted as per ISU Rules
- 232.7 For Synchronized Skating, the starting order draws will be conducted as per ISU Rules.

233 WARM UP GROUPS

- 233.1 For grades Primary to Senior, a maximum of 6 Singles skaters or 4 Pair couples per warm up group will be allowed as per current ISU Rules and a maximum of 5 Dance couples as per current ISU Rules.
- 233.2 For grades up to and including Pre Primary, a maximum of 8 Singles skaters, 5 Pair couples or 6 Dance couples per warm up group will be allowed.