

## 800 SECTION - ADULT SKATING TESTS

### 801 TESTS – GENERAL REQUIREMENTS

801.1 Skaters sitting Adult Skating medal tests must have attained the age of 18 years or more at the time of the test application. Skaters sitting Pairs or Dance tests may be partnered by a skater under the age of 18. An Adult test skater may also sit NZISA medal tests if they so choose.

801.2 Skaters who hold passes in NZISA medal tests and qualify as an Adult under Rule 801.1 may cross-credit to the equivalent Adult level or if a period of ten or more years since passing the standard test, may cross credit one test level below.

<b>Adult</b>	<b>Freestyle</b>	<b>Pairs</b>	<b>Dance</b>	<b>Free Dance</b>
Preliminary	Preliminary	Preliminary	Preliminary	
Bronze	Bronze	Bronze	Bronze	Bronze
Silver	Silver	Silver	Silver	Silver
Gold	Gold	Gold	Gold	Gold
Gold Star	Gold Star	Gold Star	Gold Star	

801.3 Skaters who hold passes in Recreational medal tests and qualify as an Adult under Rule 801.1 will automatically be credited to the equivalent Adult Test grade

### 802 RESKATES

#### 802.1 FREESKATING

In Adult Freeskating and Pairs tests any two required elements failed during the programme may be reskated in isolation, up to two attempts are allowed per element. Elements in isolation need not be reskated in the same context as in the programme. Any elements in isolation must be reskated immediately upon request, without practice.

### 803 JUDGING OF TESTS

803.1 Marking must be in accordance with the rules applying to the particular level of skating and any particular rules set out in the test requirements. The closed marking system shall be used for all tests.

803.2 The Area Technical Committee shall appoint two Judges for all tests or a single panel judge, with a classification of Gold or higher for that discipline, may be used for all tests.

803.3 The candidate must satisfy each of the Judges appointed for all tests

803.4 The candidates order of skating for each grade, when there are more than one skater, shall be drawn by the Referee of the day

803.5 For Adult Compulsory Dance tests where both skaters are sitting the test at the same time, the Area Technical Committee shall appoint three Judges for tests up to and including Inter Silver and four Judges for all other tests.

### 804 REQUIREMENTS FOR FIGURE TESTS – Deleted in 2006

### 805 FIGURE TESTS – Deleted in 2006

## **806 STROKING TESTS - INDEX TO ADULT STROKING REQUIREMENTS**

<b><u>ELEMENTARY</u></b>	<b><u>TEST 0</u></b>	<u>Forward Perimeter Stroking</u> <u>Basic Consecutive Edges</u>
<b><u>PRELIMINARY</u></b>	<b><u>TEST 1</u></b>	<u>Figure 8 Crossovers (Forward and Backwards)</u> <u>Forward and Backward Russian/Perimeter Skating</u>
<b><u>BRONZE:</u></b>	<b><u>TEST 2</u></b>	<u>5 Step Mohawk</u> <u>Forward 3 Turn Pattern</u> <u>Alternating Backward Crossovers to Backward Outside Edges</u> <u>Forward Power 3 turns</u>
<b><u>*SILVER:</u></b>	<b><u>TEST 3</u></b>	<u>Alternating forward and backward Inside &amp; Outside 3's</u> <u>Cross-steps forward and backwards</u>
<b><u>*GOLD:</u></b>	<b><u>TEST 4</u></b>	<u>Forward and Backward Power-pulls</u> <u>Forward Double 3 turns</u> <u>Forward power circles with sustained edge</u> <u>Eight Step Mohawk</u>
<b><u>*GOLD STAR:</u></b>	<b><u>TEST 5</u></b>	<u>Backward Double Three Turns</u> <u>Backwards Power Circles with sustained edges</u> <u>Inside Slide Chasses</u> <u>Brackets in the Field</u>

\*Still in development until 2011

## **807 REQUIREMENTS FOR FREE SKATING TESTS**

The emphasis is to be on Artistic Impression rather than Technical Merit, although this should be taken into consideration. Vocal music and props are permitted.

## **808 FREE SKATING TESTS**

### **TEST 1 PRELIMINARY MEDAL**

A programme with a maximum duration of one minute 40 seconds including:

- a) One (1) Waltz jump
- b) One (1) forward or backward pivot
- c) One (1) two-foot spin (minimum three revolutions)
- d) One (1) forward or backward spiral

**Evaluated as Pass / Fail**

**NOTE:** For tests 2 – 5, the execution/performance of the programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate must be evaluated for execution/performance as meets or exceeds the standard expected at that level.

**TEST 2 BRONZE MEDAL**

A programme with a maximum duration of one minute 40 seconds including:

- a) One (1) Flip jump
- b) One (1) Loop jump
- c) One (1) combination jump of Salchow and Toe loop
- d) One (1) camel or sit spin (minimum 4 revolutions)
- e) One (1) upright spin (minimum 4 revolutions)
- f) One (1) step sequence (straight line, circular or serpentine), covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface.

**TEST 3 SILVER MEDAL**

A programme with a maximum duration of two minutes ten seconds including:

- a) Two (2) different jumps chosen from: Loop, Flip, Lutz
- b) One (1) Axel Paulsen
- c) One (1) combination jump consisting of Flip/Loop or Lutz/Loop or one double and one single jump
- d) Ladies: one (1) layback or sideways leaning spin (minimum 4 revolutions)  
Men: one (1) camel or sit spin (minimum 4 revolutions)
- e) One (1) combination spin with one change of foot and/or one change of position (minimum 4 revolutions, or 4 revolutions on each foot if a change of foot is executed)
- f) Ladies: One (1) spiral sequence consisting of two or more spirals covering at 50% of the usual pattern.  
Men: One (1) step sequence (straight line, circular or serpentine) covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface.

**TEST 4 GOLD MEDAL**

A programme with a maximum duration of three minutes 10 seconds including:

- a) One (1) Axel Paulsen
- b) One (1) double Salchow or double Toe Loop
- c) One (1) combination jump consisting of one double and one single jump
- d) Ladies: One (1) layback or sideways leaning spin (minimum of 4 revolutions)  
Men: One (1) camel or sit spin (minimum of 4 revolutions)
- e) Combination spin with one change of foot and one change of position (minimum of 4 revolutions on each foot)
- f) One (1) flying spin (minimum 4 revolutions)
- g) Ladies: One (1) spiral sequence consisting of two or more spirals, fully utilising the ice surface.  
Men: One (1) step sequence (straight line, circular or serpentine), fully utilising the ice surface.
- h) Ladies: One (1) step (straight line, circular or serpentine), fully utilising the ice surface.  
Men: One (1) step sequence of a different nature (straight line, circular or serpentine, fully utilising the ice surface.

### TEST 5 GOLD STAR MEDAL

A three minute and 30 second (+/- 10 seconds) programme including:

- a) Three (3) different double jumps chosen from Double Salchow, Double Toe loop, Double loop, Double Flip or Double Lutz
- b) One (1) combination jump consisting of two double jumps. One must be different from those included in a)
- c) One (1) flying spin (minimum 6 revolutions)
- d) Two (2) different combination spins with at least one change of foot and two changes of position in each (minimum of 5 revolutions on each foot)
- e) Ladies: One (1) spiral sequence consisting of two or more spirals, fully utilising the ice surface.  
Men: One (1) step sequence (straight line, circular or serpentine) fully utilising the ice surface.
- f) Ladies: One (1) spiral Step sequence (straight line, circular or serpentine) fully utilising the ice surface.  
Men: One (1) step sequence of a different nature (straight line, circular or serpentine, fully utilising the ice surface.

### 809 REQUIREMENTS FOR PAIR SKATING TESTS

The emphasis is to be on Artistic Impression rather than Technical Merit, although this should be taken into consideration. Vocal music is permitted. No props are permitted.

### 810 PAIR SKATING TESTS

#### TEST 1 PRELIMINARY MEDAL

A programme with a maximum duration of one minute 40 seconds including:

- a) One (1) solo Waltz jump
- b) One (1) forward or backward pivot spiral
- c) One (1) solo upright spin (minimum 3 revs)
- d) One (1) solo Salchow or toe loop

**Evaluated as Pass / Fail**

**NOTE:** For tests 2 – 5, the execution/performance of the programme shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a test to be considered as a pass, the candidate must be evaluated for execution/performance as meets or exceeds the standard expected at that level.

#### TEST 2 BRONZE MEDAL

A programme with a maximum duration of two minutes 10 seconds) including:

- a) One (1) pair spin (minimum 3 revolutions)
- b) One (1) solo camel or sit spin (minimum 3 revolutions)
- c) One (1) lift. **Twist lifts and overhead lifts are not permitted.**
- d) One (1) forward pivot spiral (man in crossed pivot position)
- e) One (1) solo jump chosen from: Toe Loop, Loop and Flip
- f) One (1) step sequence covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface.

### TEST 3 SILVER MEDAL

A programme with a maximum duration of two minutes 40 seconds) including:

- a) One (1) pair combination spin with one change of position and/or foot (minimum of 4 revolutions)
- b) One (1) solo combination spin with at least one change of position and one change of foot (minimum 4 revolutions on each foot)
- c) One (1) lift. **Twist lifts and overhead lifts are not permitted.**
- d) One (1) spiral step sequence covering at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface.
- e) One (1) step sequence (straight line, circular or serpentine)
- f) One (1) solo Flip or Lutz
- g) One (1) backward pivot spiral (Man in crossed pivot position)

### TEST 4 GOLD MEDAL

A programme with a maximum duration of three minutes 10 seconds including:

- a) One (1) pair combination spin with one change of position and one change of foot (minimum of 4 revolutions)
- b) One (1) solo combination spin with one change of position and one change of foot (minimum of 5 revolutions on each foot)
- c) One (1) lift, chosen from group 1 or 2. **Overhead lifts are not permitted.**
- d) One (1) spiral step sequence, fully utilising the ice surface.
- e) One (1) step sequence (straight line, circular or serpentine), fully utilising the ice surface.
- f) One (1) solo Axel Paulsen
- g) One (1) solo Double Salchow or Double Toe Loop
- h) One (1) backward death spiral

### TEST 5 GOLD STAR

A programme with a maximum duration of three minutes 40 seconds including:

- a) One (1) pair combination spin with one change of position and one change of foot (minimum of 5 revolutions)
- b) Two (2) solo double jumps (free choice)
- c) One (1) lift, may be a twist lift. **Overhead lifts are not permitted)**
- d) One (1) throw jump (single only)
- e) One (1) solo flying spin
- f) One (1) forward death spiral
- g) One (1) spiral step sequence, fully utilising the ice surface.
- h) One (1) step sequence (straight line, circular or serpentine), fully utilising the ice surface.

## 811 REQUIREMENTS FOR COMPULSORY DANCE

The emphasis is on timing and expression rather than technique, although this should be taken into consideration. Credit is to be given to passed dances on the test. Dances may be skated as either a couple or as a solo.

## 812 COMPULSORY DANCE TESTS

### TEST 1 PRELIMINARY MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application)

Dutch Waltz  
Canasta Tango  
Rhythm Blues

**Evaluated as Pass / Fail**

**NOTE:** For tests 2 – 8, the execution/performance of the dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for a dance to be considered as a pass, the candidate must be evaluated for the execution/performance as meets or exceeds the standard expected at that level.

### TEST 2 INTER BRONZE MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application)

Fiesta Tango  
Golden Skaters Waltz  
Swing Dance

### TEST 3 BRONZE MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application)

Riverside Rhumba  
Willow Waltz  
Tenfox

### TEST 4 INTER SILVER MEDAL

Any two of the following dances to be skated (to be declared at the time of the test application)

Foxtrot  
Fourteenstep  
European Waltz

### TEST 5 SILVER MEDAL

Any two of the following dances (to be declared at the time of the test application):

American Waltz  
Killian  
Blues  
Tango  
Rocker Foxtrot

### TEST 6 INTER GOLD MEDAL

Any two of the following dances (to be declared at the time of the test application):

Starlight Waltz  
Westminster Waltz  
Quickstep  
Paso Doble  
Cha Cha Congelado

**TEST 7 GOLD MEDAL**

Any two of the following dances (to be declared at the time of the test application):

Viennese Waltz  
Argentine Tango  
Rhumba  
Austrian Waltz  
Silver Samba

**TEST 8 GOLD STAR MEDAL**

Any two of the following dances (to be declared at the time of the test application):

Tango Romantica  
Ravensburger Waltz  
Yankee Polka  
Golden Waltz  
Midnight Blues  
Finnstep

**813 ORIGINAL DANCE TESTS**

**NOTE:** For tests 1 – 3, the execution of required elements / performance of the dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for the original dance to be considered as a pass, the candidate(s) must be evaluated for the execution / performance as meets or exceeds the standard expected at that level.

**Requirements for Original Dance Tests**

- Dance may not cross the long axis except at the short barrier ends and during the designated step sequence.
- Dance must display distinct lobes with an emphasis on edges.

**TEST 1 BRONZE MEDAL**

An Original Dance programme with a maximum duration of two minutes 40 seconds.

Requirements: -One (1) dance spin – a minimum of 2 revolutions on one foot for each partner. The position is optional.  
-One (1) step sequence (midline or diagonal)  
-Optional one (1) dance lift with a maximum duration of 6 seconds.

**TEST 2 SILVER MEDAL**

An Original Dance programme with a maximum duration of 2 minutes 40 seconds.

Requirements: -One (1) dance spin – a minimum of 3 revolutions on one foot for each partner. The position is optional.  
-One (1) step sequence (midline or diagonal)  
-Optional: Up to two (2) dance lifts allowed with a maximum duration of 6 seconds each.

### TEST 3 GOLD MEDAL

An Original Dance programme with a maximum duration of 2 minutes 40 seconds.

Requirements: -One (1) dance spin – a minimum of 4 revolutions on one foot for each partner. The position is optional.  
-One (1) step sequence (midline or diagonal)  
-Optional: Up to two (2) dance lifts allowed with a maximum duration of 6 seconds each.

### 814 REQUIREMENTS FOR FREE DANCE TESTS

- The emphasis is on Presentation rather than Technical Merit, although this should be taken into consideration.
- Although lifts are permitted as per ISU regulations they are not expected.
- Vocal music and props are permitted.
- Step sequences must cover at least 50% of the usual pattern. In case of a circular step sequence a full circle is required covering ½ the width of the ice surface. The step sequence must incorporate footwork for both partners and the partners must maintain Closed, Tango and/or Open position throughout. Lifts, jumps dance spins and stops are not allowed during the step sequence.

### 815 FREE DANCE TESTS

**NOTE:** For tests 1 – 3, the execution of required elements / performance of the dance shall be evaluated according to the following three-point scale:

- Exceeds standard expected at this level
- Meets standard expected at this level
- Below standard expected at this level

In order for the free dance to be considered as a pass, the candidate(s) must be evaluated for the execution / performance as meets or exceeds the standard expected at that level.

### TEST 1 BRONZE MEDAL

A Free Dance programme of a maximum duration of two minutes. The emphasis should be placed on steps, flow and timing rather than on lifts.

#### Requirements:

- One (1) Diagonal, Straight-Line or Circular Step Sequence
- One (1) dance spin: minimum of 2 revolutions on one foot for each partner. The position is optional.
- Optional: One (1) dance lift, with a maximum duration of 6 seconds.

### TEST 2 SILVER MEDAL

A Free Dance programme of a maximum duration of two minutes 40 seconds.

The emphasis should be placed on steps, flow and timing rather than on lifts.

#### Requirements:

- One (1) Diagonal, Straight-Line or Circular Step Sequence
- One (1) dance spin: minimum of 3 revolutions on one foot for each partner. The position is optional.
- Optional: Up to two (2) dance lifts are permitted, **1 short lift** with a maximum duration of 6 seconds and **1 long lift** with a maximum duration of 12 seconds.

### TEST 3      **GOLD MEDAL**

A Free Dance programme with a maximum duration of 3minutes 10 seconds.

The emphasis should be placed on steps, flow and timing rather than on lifts.

#### **Requirements:**

- One (1) Diagonal, Straight-Line or Circular Step Sequence
- One (1) dance spin: minimum of 4 revolutions on one foot for each partner. The position is optional.
- Optional: Up to two (2) dance lifts are permitted, **1 short lift** with a maximum duration of 6 seconds and **1 long lift** with a maximum duration of 12 seconds.